

Nutrition Science

2024 Elective Units

Last updated 27 October 2023

Bachelor of Nutrition Science – No Majors or Minors	2
Bachelor of Nutrition Science Major Culinary Nutrition	4
Bachelor of Nutrition Science Major Food Science.....	6
Bachelor of Nutrition Science Public Health Major	8
Bachelor of Nutrition Science Minor Exercise Science	9
Bachelor of Nutrition Science Minor Sports Nutrition.....	10

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Bachelor of Nutrition Science – No Major or Minor

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2024:

Summer Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						(EXSC118 or NUTR101) and (EXSC225 or EXSC198 or BIOL234) (Pre)

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR404	Advanced Culinary Nutrition Science		M		M		M	CHEM112 and NUTR101 and NUTR102 (Pre)

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BIOL206	Human Genetics			C	C		C	BIOL123 or BIOL125 (Pre)
BMSC207	Microbiology and Immunology			C			C	BIOL123 or BIOL125 (Pre)
BUSN104	Money Matters		C	C	C	C	C	NIL (Pre) ACCT100, BUSD104 (Inc)
BUSN112	Managing Markets		C	C	C	C	C	NIL (Pre) MKTG100, BUSD112 (Inc)
BUSN113	Managing People and Organisations		A	C	C	C	C	NIL (Pre) MGMT100, BUSD113 (Inc)
ENTR301	Managing Entrepreneurship and Innovation			C	C	C	C	NIL (Pre) MGMT311 (Inc)
HLSC120	Indigenous Health and Culture		M	M	M	M	M	NIL (Pre)
HLSC220*	Healthcare Ethics	OU		M	M		M	NIL (Pre)
MKTG209	Digital Marketing: The Connected Space		C	C	C	C	C	NIL (Pre) MKTG311 (Inc)
NUTR309	Work Placement 1 NATIONAL		C		C		C	NUTR202 (Pre)
EXSC119	From Health to High Performance		M	M	M	M		EXSC121, EXSC394 (Inc)
PSYC100	Foundations of Psychology			C	C	C		NIL (Pre) ALHT106 (Inc)

* HLSC220 may also be offered in Rome in 2024. Please see [‘Study health sciences overseas – ACU’](#) for more information.

NUTR308 will be offered in Bali-Indonesia in Winter 2024 from 21 June – 6 July 2025. Please see [‘Study health sciences overseas – ACU’](#) for more information.

NUTR308 will be offered in Rome in Summer 2025 from 24 November – 7 December 2024. Please see [‘Study health sciences overseas – ACU’](#) for more information

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						(EXSC118 or NUTR101) and (EXSC225 or EXSC198 or BIOL234) (Pre)
NUTR308*	Food and Culture Study Tour INT							Completion of 80cp
NUTR405	Foods for Special Diets		M		M	M		NUTR404

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BIOL205	Introduction to Pharmacology			C	C		C	BIOL124 or BMSC209 (Pre)
BMSC110	Communicating Ideas in Science			C	C		C	NIL (Pre)
BMSC207	Microbiology and Immunology			C	C		C	BIOL123 or BIOL125 (Pre)
BUSN104	Money Matters			C	C			NIL (Pre) ACCT100, BUSD104 (Inc)
BUSN112	Managing Markets							NIL (Pre) MKTG100, BUSD112 (Inc)
BUSN113	Managing People and Organisations		C	C	C	C	C	NIL (Pre) MGMT100, BUSD113 (Inc)
ENTR201	Entrepreneurial Mindset		C	C	C		C	NIL (Pre) MGMT210 (Inc)
HLSC120	Indigenous Health and Culture			M			M	NIL (Pre)
HLSC220*	Healthcare Ethics		M	M	M	M	M	NIL (Pre)
NUTR310	Work Placement 2 NATIONAL		C		C		C	NUTR309 (Pre)
PSYC101	Applications of Psychology			C	C	C		NIL (Pre) ALHT106 (Inc)

Summer Term 2025

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR308*	Food and Culture Study Tour INT							Completion of 80cp

* HLSC220 may also be offered in Rome in 2024. Please see [Study health sciences overseas – ACU](#) for more information.

NUTR308 will be offered in Bali-Indonesia in Winter 2024 from 21 June – 6 July 2025. Please see [Study health sciences overseas – ACU](#) for more information.

NUTR308 will be offered in Rome in Summer 2025 from 24 November – 7 December 2024. Please see [Study health sciences overseas – ACU](#) for more information

Key:

C = On Campus **M** = Multimode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

* = International Experience

Bachelor of Nutrition Science Major Culinary Nutrition

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2024:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN104	Money Matters		C	C	C	C	C	NIL (Pre) ACCT100, BUSD104 (Inc)
BUSN112	Managing Markets		C	C	C	C	C	NIL (Pre) MKTG100, BUSD112 (Inc)
BUSN113	Managing People and Organisations			C	C			NIL (Pre) MGMT100, BUSD113 (Inc)
ENTR301	Managing Entrepreneurship and Innovation			C	C	C	C	NIL (Pre) MGMT311 (Inc)
MKTG209	Digital Marketing: The Connected Space		C	C	C	C	C	NIL (Pre) MKTG311 (Inc)
NUTR309	Work Placement 1				C		C	NUTR202 (Pre)

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN104	Money Matters		C	C	C	C	C	NIL (Pre) ACCT100, BUSD104 (Inc)
NUTR308*	Food and Culture Study Tour INT							Completion of 80cp (Pre)

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BMSC207	Microbiology and Immunology			C	C		C	BIOL123 or BIOL125 (Pre)
BUSN104	Money Matters			C	C			NIL (Pre) ACCT100, BUSD104 (Inc)
BUSN112	Managing Markets							NIL (Pre) MKTG100, BUSD112 (Inc)
BUSN113	Managing People and Organisations		C	C	C	C	C	NIL (Pre) MGMT100, BUSD113 (Inc)
ENTR201	Entrepreneurial Mindset		C	C	C		C	NIL (Pre) MGMT210 (Inc)
NUTR310	Work Placement 2		C		C		C	NUTR309 (Pre)

Summer 2025

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour		C		C		C	Completion of 80cp (Pre)

* NUTR308 Will be offered in Rome in Winter 2024 and Bali-Indonesia in Summer 2025 Please see [Study health sciences overseas – ACU](#) for more information.

Key:

C = On Campus M = Multimode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

* = International Experience

Bachelor of Nutrition Science Major Food Science

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2024:

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR404	Advanced Culinary Nutrition Science				M		M	(CHEM112 or CHED112 or NUTR101 or NUTD101) and (EXSC225 or EXSC198 or BIOL234) (Pre)

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN104	Money Matters		C	C	C	C	C	NIL (Pre) ACCT100, BUSD104 (Inc)
BUSN112	Managing Markets		C	C	C	C	C	NIL (Pre) MKTG100, BUSD112 (Inc)
ENTR301	Managing Entrepreneurship and Innovation			C	C	C	C	NIL (Pre) MGMT311 (Inc)
MKTG209	Digital Marketing: The Connected Space		C	C	C	C	C	NIL (Pre) MKTG311 (Inc)

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour		C		C		C	Completion of 80cp (Pre)
NUTR405	Foods for Special Diets				M	M		NUTR404

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN104	Money Matters			C	C			NIL (Pre) ACCT100, BUSD104 (Inc)
BUSN112	Managing Markets							NIL (Pre) MKTG100, BUSD112 (Inc)
BUSN113	Managing People and Organisations		C	C	C	C	C	NIL (Pre) MGMT100, BUSD113 (Inc)
ENTR201	Entrepreneurial Mindset		C	C	C		C	NIL (Pre) MGMT210 (Inc)

Summer 2025

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour		C		C		C	Completion of 80cp (Pre)

* NUTR308 Will be offered in Rome in Winter 2024 and Bali-Indonesia in Summer 2025 Please see [‘Study health sciences overseas – ACU](#) for more information.

Key:

C = On Campus M = Multimode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

* = International Experience

Bachelor of Nutrition Science Public Health Major

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2024:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH304	Public Health Advocacy				C			PUBH100 or PUBH102 or PUBD102 (Pre)
PUBH305	Applied Public Health 2				M			PUBH302 (Pre)

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH200	Globalisation, Environment and Health				C			PUBH100 or PUBH102 (Pre)
PUBH303	Applied Public Health Communication				M			PUBH100 or PUBH102 (Pre)
PUBH305	Applied Public Health 2				M			PUBH302 (Pre)
PUBH312	Applied Public Health Promotion				M			PUBH102 (Pre)

Key:

C = On Campus M = Multimode OS = Online Scheduled OU = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

Bachelor of Nutrition Science Minor Exercise Science

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column
- [Business electives](#) can be taken from any undergraduate business elective unit available, as listed by the Faculty of Law and Business

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2024::

Summer Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						NUTR101 and (EXSC225 or BIOL234) (Pre)

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						NUTR101 and (EXSC225 or BIOL234) (Pre)

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC204	Exercise, Prescription and Delivery		M	M	M	M		EXSC225 (Pre)
EXSC216	Resistance Training: Science and Application		M	M	M	M		EXSC225 or EXSC222 (Pre)
EXSC322	Exercise Physiology Adaptation to Exercise and the Environment		M	M	M	M		EXSC225 (Pre) EXSC242 (Inc)

Key:

C = On Campus **M** = Multimode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

Bachelor of Nutrition Science Minor Sports Nutrition

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column
- [Business electives](#) can be taken from any undergraduate business elective unit available, as listed by the Faculty of Law and Business

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2024::

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC322	Exercise Physiology Adaptation to Exercise and the Environment		M	M	M	M		EXSC225 (Pre) EXSC242 (Inc)
NUTR310	Work Placement 2		C		C		C	NUTR309 (Pre)

Key:

C = On Campus **M** = Multimode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

PLEASE NOTE FOR THE MAPS ABOVE

Prerequisites (*'Pre:'*) and Incompatibles (*'Inc:'*) are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

C - On Campus:

Most learning activities or classes are delivered at a scheduled time, on campus, to enable in-person interactions. Activities will appear in a student's timetable

M - Multi-mode:

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

Online:

OU - Online unscheduled

Learning activities are accessible anytime, anywhere. These units are normally delivered fully online and **will not** appear in a student's timetable.

OS – Online scheduled

All learning activities are held online, at scheduled times, and will require some attendance to enable online interaction. Activities will appear in a student's timetable

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Nutrition Science Administration Email: Nutrition.Admin@acu.edu.au
---	---

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).