

Graduate Certificate in Exercise Rehabilitation for Sport Injuries

(Information last updated on 22 September 2023)



Course Map

Students who commenced in February 2022 or 2023

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator

YEAR 1				
ACU Term 1	Specified Unit EXSC510 (10cp) Strength and Conditioning for Performance and Rehabilitation (Pre: Nil) Online unscheduled This unit is also available in ACU Term 3	Specified Unit EXSC515 (10cp) Exercise Prescription for Sports Injury Management across the Lifespan (Pre: Nil) Online unscheduled This unit is also available in ACU Term 3		
ACU Term 2	Specified Unit EXSC651 (10cp) Sports Injury Prevention (Pre: Nil) Online unscheduled This unit is also available in ACU Term 4	Specified Unit EXSC669 (10cp) Exercise Rehabilitation for Return to Sports Performance (Pre: Nil) Online unscheduled This unit is also available in ACU Term 4		

Scheduled Unit Availability over four Study Periods:

Select the units outlined above from the following Study Periods:

ACU Term 1 Mon 29 Jan 2024 to Sun 7 Apr 2024 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC510	Strength and Conditioning for Performance and Rehabilitation (10cp)	OU	NIL
EXSC515	Exercise Prescription for Sports Injury Management across the Lifespan (10cp)	OU	NIL

select Study Period "ACU Term 1" in Student Connect

ACU Term 2 Mon 22 Apr 2024 to Sun 30 Jun 2024 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Mode	Prereq
EXSC651	Sports Injury Prevention (10cp)	OU	Nil
EXSC669	Exercise Rehabilitation for Return to Sports Performance (10cp)	OU	Nil

select Study Period "ACU Term 2" in Student Connect

ACU Term 3 Mon 15 Jul 2024 to Sun 22 Sep 2024 (NOTE: 8 weeks of study / 10 weeks for delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC510	Strength and Conditioning for Performance and Rehabilitation (10cp)	OU	NIL
EXSC515	Exercise Prescription for Sports Injury Management across the Lifespan (10cp)	OU	NIL

select Study Period "ACU Term 3" in Student Connect

ACU Term 4 Mon 7 Oct 2024 to Sun 15 Dec 2024 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Mode	Prereq
EXSC651	Sports Injury Prevention (10cp)	OU	Nil
EXSC669	Exercise Rehabilitation for Return to Sports Performance (10cp)	OU	Nil

select Study Period "ACU Term 4" in Student Connect

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PLEASE NOTE FOR THE MAP ABOVE

Pre-requisites ('Pre:') are added in italics. Pre-requisites are other units that you must have passed *before* enrolling in the unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

STUDY MODES

Online: Unit delivered fully online (including assessments).

OU - Online unscheduled

Learning activities are accessible anytime, anywhere. These units are normally delivered fully online and **will not** appear in a student's timetable.

OS – Online scheduled

All learning activities are held online, at scheduled times, and will require some attendance to enable online interaction. Activities will appear in a student's timetable

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Please email your enquiry or request to make an appointment.

School Behavioural and Health Science - Administration	Email: ExerciseScience.Admin@acu.edu.au
National Course Coordinator	Dr Paul Tofari Email: Paul.Tofari@acu.edu.au

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).