



EXECUTIVE EDUCATION

# MASTER OF FAMILY AND SYSTEMIC THERAPY

**LOCATION**

Melbourne

**2019 DATES**

Commence February / March 2019

**DURATION**

3 Years Part Time

**STUDY MODE**

Attendance - Intensive

**2019 FEES**

\$2,950 per unit

**ALUMNI ADVANTAGE**

10% rebate for domestic ACU graduates\*

**MORE INFORMATION**

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03 9532 9990  
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**RESERVE YOUR PLACE TODAY**

acu.edu.au/family

CRICOS registered provider: 00004G

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**williamsroad**  
Family Therapy Centre  
SINCE 1979

## FAMILY IS OUR CORE RESOURCE IN LIFE

In Australia today, government funding policy is increasingly focused on family and responding to research findings indicating that for a broad range of health, mental health and social problems, the most effective and enduring interventions and treatments are informed by family and systemic therapy.

Many funded programs now require that family engagement, support and family focused treatments are a part of the practice of social workers, psychiatrists, nurses, clinical psychologists, school counsellors, counsellors, family doctors, youth workers, pastors, paediatricians and others.

Systemic theory proposes that all systems (and subsystems) are deeply interconnected and interdependent, and profoundly influencing each other simultaneously.

### EVIDENCE BASED APPROACHES TO STRENGTHEN COMPLEX HUMAN SYSTEMS

Systemic and family therapy aims to assist families and complex human systems to mobilise their own strengths and relationships to make disturbing symptoms less problematic for suffering individuals.

The key difference between systemic and family therapy and all the many variations of individual psychological interventions, is that while individual therapy gives one person the space to discuss and reflect during 'time out' of their human system, systemic therapy brings parts or all of the system into the therapy.

Family therapy is shown to be one of the key psychological interventions which consistently works.

### BUILD YOUR CAPABILITY TO HELP FAMILY FIND THEIR CONNECT ABILITY

The Master of Systemic and Family Therapy is a three-year part-time program that provides you with advanced family therapy skills training, theoretical knowledge in families and relational systems, and builds on your existing experience and training.

During the course, you will reflect on and target your own learning as a therapist or family worker.

When you complete the program you will have satisfied the training requirements of membership to the Australian Association of Family Therapy, and are well on your way to being a Clinical Family Therapist.

*"I have been inspired by the exceptional quality of the teaching and the environment"*

**Angela R.**

## EXECUTIVE EDUCATION

# MASTER OF FAMILY AND SYSTEMIC THERAPY

## COURSE OVERVIEW

**GRADUATE CERTIFICATE IN FAMILY AND SYSTEMIC THERAPY**
**YEAR 1 SEMESTER 1**

 Concepts and Models of Family and Systemic Therapy 1  
 Core Unit - 10 cp

 Practices and Processes of Family and Systemic Therapy 1  
 Core Unit - 10 cp

**YEAR 1 SEMESTER 2**

 Concepts and Models of Family and Systemic Therapy 2  
 Core Unit - 10 cp

 Practices and Processes of Family and Systemic Therapy 2  
 Core Unit - 10 cp

**GRADUATE DIPLOMA IN FAMILY AND SYSTEMIC THERAPY**
**YEAR 2 SEMESTER 1**

 Research Informed Frameworks of Family and Systemic Therapy 1  
 Core Unit - 10 cp

 Live Supervision and Reflecting Team Practice 1  
 Supervision Unit - 10 cp

**YEAR 2 SEMESTER 2**

 Research Informed Frameworks of Family and Systemic Therapy 2  
 Core Unit - 10 cp

 Live Supervision and Reflecting Team Practice 2  
 Supervision Unit - 10 cp

**MASTER OF FAMILY AND SYSTEMIC THERAPY**
**YEAR 3 SEMESTER 1**

 Systemic Attachment Processes and Neuroscience  
 Core Unit - 10 cp

 Advanced Live Supervision and Clinical Teamwork 1  
 Supervision Unit - 10 cp

**YEAR 3 SEMESTER 2**

 Transgenerational Loss, Trauma and Mental Health in Relational  
 Systems  
 Core Unit - 10 cp

 Advanced Live Supervision and Clinical Teamwork 2  
 Supervision Unit - 10 cp

**COURSE PREREQUISITE**

The prerequisite course - Core Ideas of Family Therapy - is a four-day intensive course which takes place prior to the semester commencing.

**STUDY MODE**

Students study two units per semester. Each unit includes three separate study periods. These study periods are delivered in a three-day intensive mode.

**COURSE LOCATION**

Melbourne.

Tuition takes place at either the Williamsroad Family Therapy Centre in Caulfield or at a specialist client site.

**PROGRAM FEES**

2019: \$2,950 per unit

A Student Services Fee of \$45 per semester is also payable.

Textbooks may need to be purchased.

**PARTNERSHIP**

ACU is pleased to partner with Williamsroad Family Therapy Centre (WRFTC) to provide the Master of Family and Systemic Therapy. WRFTC is a privately-owned, leading training centre in Australia for Family and Systemic Therapy. For over 35 years WRFTC has delivered leadingedge pedagogical adult learning processes that are focused on the practice of systemic interventions and therapy.

**WHY ACU**

We're a modern university with a rich history and strong traditions. We believe we can always move forward by giving back. We're committed to standing for something clear. We want people who look beneath the surface, and are stronger than external expectations and superficial measures of success.

We're all for people who march to the beat of a different drum - a beat that comes from within themselves. It pushes them to pursue a lifelong journey of personal growth, to engage with curiosity and generosity of spirit, and ask what makes a life worth living.