

# ASDQII<sup>®</sup>

## INSTRUMENT

|                                                             |  |  |  |  |  |  |  |
|-------------------------------------------------------------|--|--|--|--|--|--|--|
| All information supplied will be kept strictly confidential |  |  |  |  |  |  |  |
|-------------------------------------------------------------|--|--|--|--|--|--|--|

|                                            |             |                |               |               |          |          |
|--------------------------------------------|-------------|----------------|---------------|---------------|----------|----------|
| <b>NAME:</b>                               | <b>AGE:</b> | <b>(years)</b> | <b>(mths)</b> | <b>DATE:</b>  | <b>/</b> | <b>/</b> |
| <b>MALE / FEMALE (circle one) PROGRAM:</b> |             |                |               | <b>GROUP:</b> |          |          |

PLEASE READ THESE INSTRUCTIONS FIRST  
**This is not a test** - there are no right or wrong answers.

Your answers are confidential and will only be used for research or program development. Your answers will not be used in any way to refer to you as an individual.

This is a chance for you to look at how you think and feel about yourself. It is important that you are honest and that you give your own views about yourself, without talking to others.

On the following pages are a series of statements that are more or less true (or more or less false) descriptions of you. Please use the following eight-point response scale to indicate how true (or false) each item is as a description of you. Respond to the items as you now feel even if you felt differently at some other time in your life. In a few instances, an item may no longer be appropriate to you, though it was at an earlier period of your life (e.g., an item about your present relationship with your parents if they are no longer alive). In such cases, respond to the item as you would have when it was appropriate.

After completing all the items, you will be asked to select those that best describe important aspects – either positive or negative – of how you feel about yourself. Consider this as you are completing the survey.

Use the following eight-point scale to indicate how true (like you) or how false (unlike you), each statement over the page is as a description of you. Please do not leave any statements blank.

| 1                | 2            | 3     | 4                    | 5                    | 6           | 7    | 8               |
|------------------|--------------|-------|----------------------|----------------------|-------------|------|-----------------|
| Definitely False | Mostly False | False | More false than true | More true than false | Mostly true | True | Definitely True |

| Statement                                                                  | False |   |   |   |   |   |   |   | True |
|----------------------------------------------------------------------------|-------|---|---|---|---|---|---|---|------|
| 01. Compared to others my age I am good at <b>COMPUTER STUDIES</b> classes | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 02. I get good marks in <b>ENGLISH LANGUAGE</b> classes                    | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 03. Work in <b>HISTORY</b> classes is easy for me                          | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 04. I am hopeless when it comes to <b>MATHEMATICS</b> classes              | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 05. I learn things quickly in <b>P. E. (PHYSICAL EDUCATION)</b> classes    | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 06. I have always done well in <b>ENGLISH LITERATURE</b> classes           | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 07. Compared to others my age I am good at <b>ART</b> classes              | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 08. I get good marks in <b>SCIENCE</b> classes                             | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 09. Work in <b>COMMERCE</b> classes is easy for me                         | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 10. I am hopeless when it comes to <b>MUSIC</b> classes                    | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 11. I learn things quickly in <b>GEOGRAPHY</b> classes                     | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 12. Overall I have a lot to be proud of                                    | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 13. I have always done well in <b>INDUSTRIAL ARTS</b> classes              | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 14. Compared to others my age I am good at <b>FOREIGN LANGUAGE</b> classes | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 15. I get good marks in <b>RELIGIOUS STUDIES</b>                           | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 16. Work in <b>HEALTH</b> classes is easy for me                           | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 17. I am hopeless when it comes to most <b>SCHOOL SUBJECTS</b>             | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 18. I get good marks in <b>COMPUTER STUDIES</b> classes                    | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |
| 19. Work in <b>ENGLISH LANGUAGE</b> classes is easy for me                 | 1     | 2 | 3 | 4 | 5 | 6 | 7 | 8 |      |

|     |                                                                          |   |   |   |   |   |   |   |   |
|-----|--------------------------------------------------------------------------|---|---|---|---|---|---|---|---|
| 20. | I am hopeless when it comes to <b>HISTORY</b> classes                    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 21. | I learn things quickly in <b>MATHEMATICS</b> classes                     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 22. | I have always done well in <b>P. E.</b> classes                          | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 23. | Compared to others my age I am good at <b>ENGLISH LITERATURE</b> classes | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 24. | I can do things as well as most people                                   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 25. | I get good marks in <b>ART</b> classes                                   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 26. | Work in <b>SCIENCE</b> classes is easy for me                            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 27. | I am hopeless when it comes to <b>COMMERCE</b> classes                   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 28. | I learn things quickly in <b>MUSIC</b> classes                           | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 29. | I have always done well in <b>GEOGRAPHY</b> classes                      | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 30. | Compared to others my age I am good at <b>INDUSTRIAL ARTS</b> classes    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 31. | I get good marks in <b>FOREIGN LANGUAGE</b> classes                      | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 32. | Work in <b>RELIGIOUS STUDIES</b> classes is easy for me                  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 33. | I am hopeless when it comes to <b>HEALTH</b> classes                     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 34. | I learn things quickly in most <b>SCHOOL SUBJECTS</b>                    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 35. | Work in <b>COMPUTER STUDIES</b> classes is easy for me                   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 36. | Most things I do, I do well                                              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 37. | I am hopeless when it comes to <b>ENGLISH LANGUAGE</b> classes           | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 38. | I learn things quickly in <b>HISTORY</b> classes                         | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 39. | I have always done well in <b>MATHEMATICS</b> classes                    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 40. | Compared to others my age I am good at <b>P. E</b> classes               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 41. | I get good marks in <b>ENGLISH LITERATURE</b> classes                    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 42. | Work in <b>ART</b> classes is easy for me                                | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 43. | I am hopeless when it comes to <b>SCIENCE</b> classes                    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 44. | I learn things quickly in <b>COMMERCE</b> classes                        | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 45. | I have always done well in <b>MUSIC</b> classes                          | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 46. | Compared to others my age I am good at <b>GEOGRAPHY</b> classes          | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 47. | I get good marks in <b>INDUSTRIAL ARTS</b> classes                       | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 48. | Nothing I do ever seems to turn out right                                | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 49. | Work in <b>FOREIGN LANGUAGE</b> classes is easy for me                   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 50. | I am hopeless when it comes to <b>RELIGIOUS STUDIES</b> classes          | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 51. | I learn things quickly in <b>HEALTH</b> classes                          | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 52. | I have always done well in most <b>SCHOOL SUBJECTS</b>                   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 53. | I am hopeless when it comes to <b>COMPUTER STUDIES</b> classes           | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 54. | I learn things quickly in <b>ENGLISH LANGUAGE</b> classes                | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 55. | I have always done well in <b>HISTORY</b> classes                        | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 56. | Compared to others my age I am good at <b>MATHEMATICS</b> classes        | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 57. | I get good marks in <b>P. E.</b> classes                                 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 58. | Work in <b>ENGLISH LITERATURE</b> classes is easy for me                 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 59. | I am hopeless when it comes to <b>ART</b> classes                        | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 60. | Overall, most things I do turn out well                                  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 61. | I learn things quickly in <b>SCIENCE</b> classes                         | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 62. | I have always done well in <b>COMMERCE</b> classes                       | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 63. | Compared to others my age I am good at <b>MUSIC</b> classes              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 64. | I get good marks in <b>GEOGRAPHY</b> classes                             | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 65. | Work in <b>INDUSTRIAL ARTS</b> classes is easy for me                    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 66. | I am hopeless when it comes to <b>FOREIGN LANGUAGE</b> classes           | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 67. | I learn things quickly in <b>RELIGIOUS STUDIES</b> classes               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 68. | I have always done well in <b>HEALTH</b> classes                         | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 69. | Compared to others my age I am good at most <b>SCHOOL SUBJECTS</b>       | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 70. | I have always done well <b>COMPUTER STUDIES</b> classes                  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 71. | Compared to others my age I am good at <b>ENGLISH LANGUAGE</b> classes   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 72. | I don't have much to be proud of                                         | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 73. | I get good marks in <b>HISTORY</b> classes                               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 74. | Work in <b>MATHEMATICS</b> classes is easy for me                        | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 75. | I am hopeless when it comes to <b>P. E.</b> classes                      | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 76. | I learn things quickly in <b>ENGLISH LITERATURE</b> classes              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 77. | I have always done well in <b>ART</b> classes                            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 78. | Compared to others my age I am good at <b>SCIENCE</b> classes            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 79. | I get good marks in <b>COMMERCE</b> classes                              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |

|      |                                                                         |   |   |   |   |   |   |   |   |
|------|-------------------------------------------------------------------------|---|---|---|---|---|---|---|---|
| 80.  | Work in <b>MUSIC</b> classes is easy for me                             | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 81.  | I am hopeless when it comes to <b>GEOGRAPHY</b> classes                 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 82.  | I learn things quickly in <b>INDUSTRIAL ARTS</b> classes                | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 83.  | I have always done well in <b>FOREIGN LANGUAGE</b> classes              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 84.  | I feel that my life is not very useful                                  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 85.  | Compared to others my age I am good at <b>RELIGIOUS STUDIES</b> classes | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 86.  | I get good marks in <b>HEALTH</b> classes                               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 87.  | Work in most <b>SCHOOL SUBJECTS</b> is easy for me                      | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 88.  | Compared to others my age I am good at <b>HISTORY</b> classes           | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 89.  | I get good marks in <b>MATHEMATICS</b> classes                          | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 90.  | Work in <b>P. E.</b> classes is easy for me                             | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 91.  | I am hopeless when it comes to <b>ENGLISH LITERATURE</b> classes        | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 92.  | I learn things quickly in <b>ART</b> classes                            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 93.  | I have always done well in <b>SCIENCE</b> classes                       | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 94.  | Compared to others my age I am good at <b>COMMERCE</b> classes          | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 95.  | I get good marks in <b>MUSIC</b> classes                                | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 96.  | Overall, I am a failure                                                 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 97.  | Work in <b>GEOGRAPHY</b> classes is easy for me                         | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 98.  | I am hopeless when it comes to <b>INDUSTRIAL ARTS</b> classes           | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 99.  | I learn things quickly in <b>FOREIGN LANGUAGE</b> classes               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 100. | I have always done well in <b>RELIGIOUS STUDIES</b> classes             | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 101. | Compared to others my age I am good at <b>HEALTH</b> classes            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 102. | I get good marks most <b>SCHOOL SUBJECTS</b>                            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 103. | I learn things quickly in <b>COMPUTER STUDIES</b> classes               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 104. | I have always done well in <b>ENGLISH LANGUAGE</b> classes              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 105. | It is important to me to do well in <b>COMPUTER STUDIES</b> classes     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 106. | It is important to me to do well in <b>ENGLISH LANGUAGE</b> classes     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 107. | It is important to me to do well in <b>HISTORY</b> classes              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 108. | It is important to me to do well in <b>MATHEMATICS</b> classes          | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 109. | It is important to me to do well in <b>P. E.</b> classes                | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 110. | It is important to me to do well in <b>ENGLISH LITERATURE</b> classes   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 111. | It is important to me to do well in <b>ART</b> classes                  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 112. | It is important to me to do well in <b>SCIENCE</b> classes              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 113. | It is important to me to do well in <b>COMMERCE</b> classes             | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 114. | It is important to me to do well in <b>MUSIC</b> classes                | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 115. | It is important to me to do well in <b>GEOGRAPHY</b> classes            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 116. | It is important to me to do well in <b>INDUSTRIAL ARTS</b> classes      | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 117. | It is important to me to do well in <b>FOREIGN LANGUAGE</b> classes     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 118. | It is important to me to do well in <b>RELIGIOUS STUDIES</b> classes    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 119. | It is important to me to do well in <b>HEALTH</b> classes               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 120. | It is important to me to do well in most <b>SCHOOL SUBJECTS</b>         | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 121. | I am satisfied with how well I do in <b>COMPUTER STUDIES</b> classes    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 122. | I am satisfied with how well I do in <b>ENGLISH LANGUAGE</b> classes    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 123. | I am satisfied with how well I do in <b>HISTORY</b> classes             | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 124. | I am satisfied with how well I do in <b>MATHEMATICS</b> classes         | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 125. | I am satisfied with how well I do in <b>P. E.</b> classes               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 126. | I am satisfied with how well I do in <b>ENGLISH LITERATURE</b> classes  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 127. | I am satisfied with how well I do in <b>ART</b> classes                 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 128. | I am satisfied with how well I do in <b>SCIENCE</b> classes             | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 129. | I am satisfied with how well I do in <b>COMMERCE</b> classes            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 130. | I am satisfied with how well I do in <b>MUSIC</b> classes               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 131. | I am satisfied with how well I do in <b>GEOGRAPHY</b> classes           | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 132. | I am satisfied with how well I do in <b>INDUSTRIAL ARTS</b> classes     | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 133. | I am satisfied with how well I do in <b>FOREIGN LANGUAGE</b> classes    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 134. | I am satisfied with how well I do in <b>RELIGIOUS STUDIES</b> classes   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 135. | I am satisfied with how well I do in <b>HEALTH</b> classes              | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 136. | I am satisfied with how well I do in most <b>SCHOOL SUBJECTS</b>        | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |