

ASDQI[®]

INSTRUMENT

All information supplied will be kept strictly confidential							
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NAME:	AGE:	(years)	(mths)	DATE:	/	/
MALE / FEMALE (circle one) PROGRAM:				GROUP:		

PLEASE READ THESE INSTRUCTIONS FIRST
This is not a test - there are no right or wrong answers.

This is a chance for you to consider how you think and feel about yourself. **This is not a test** – there are no right or wrong answers, and everyone will have different answers. Be sure that your answers show how you feel about yourself. We will keep your answers private and not show them to anyone. The purpose of this study is to determine how people describe themselves and what characteristics are most important to how people feel about themselves.

On the following pages are a series of statements that are more or less true (or more or less false) descriptions of you. Please use the following eight-point response scale to indicate how true (or false) each item is as a description of you. Respond to the items as you now feel even if you felt differently at some other time in your life. In a few instances, an item may no longer be appropriate to you, though it was at an earlier period of your life (e.g., an item about your present relationship with your parents if they are no longer alive). In such cases, respond to the item as you would have when it was appropriate. Try to avoid leaving any items blank.

After completing all the items, you will be asked to select those that best describe important aspects – either positive or negative – of how you feel about yourself. Consider this as you are completing the survey.

1	2	3	4	5	6	7	8
Definitely False	False	Mostly False	More False Than True	More True Than False	Mostly True	True	Definitely True

Statement	False								True
01. Compared to others my age I am good at COMPUTER STUDIES classes	1	2	3	4	5	6	7	8	
02. I get good marks in SPELLING classes	1	2	3	4	5	6	7	8	
03. I am hopeless when it comes to MATHEMATICS	1	2	3	4	5	6	7	8	
04. I learn things quickly in P. E. (PHYSICAL EDUCATION) classes	1	2	3	4	5	6	7	8	
05. I have always done well in READING classes	1	2	3	4	5	6	7	8	
06. Compared to others my age I am good at ART classes	1	2	3	4	5	6	7	8	
07. I get good marks in SCIENCE classes	1	2	3	4	5	6	7	8	
08. I am hopeless when it comes to MUSIC	1	2	3	4	5	6	7	8	
09. Overall I have a lot to be proud of	1	2	3	4	5	6	7	8	

10.	I have always done well in SOCIAL STUDIES classes	1	2	3	4	5	6	7	8
11.	Compared to others my age I am good at HANDWRITING classes	1	2	3	4	5	6	7	8
12.	I get good marks in RELIGIOUS STUDIES	1	2	3	4	5	6	7	8
13.	Work in HEALTH classes is easy for me	1	2	3	4	5	6	7	8
14.	I am hopeless when it comes to most SCHOOL SUBJECTS	1	2	3	4	5	6	7	8
15.	I get good marks in COMPUTER STUDIES classes	1	2	3	4	5	6	7	8
16.	Work in SPELLING classes is easy for me	1	2	3	4	5	6	7	8
17.	I learn things quickly in MATHEMATICS classes	1	2	3	4	5	6	7	8
18.	I have always done well in P. E. classes	1	2	3	4	5	6	7	8
19.	Compared to others my age I am good at READING classes	1	2	3	4	5	6	7	8
20.	I can do things as well as most people	1	2	3	4	5	6	7	8
21.	I get good marks in ART classes	1	2	3	4	5	6	7	8
22.	Work in SCIENCE classes is easy for me	1	2	3	4	5	6	7	8
23.	I learn things quickly in MUSIC	1	2	3	4	5	6	7	8
24.	Compared to others my age I am good at SOCIAL STUDIES classes	1	2	3	4	5	6	7	8
25.	I get good marks in HANDWRITING classes	1	2	3	4	5	6	7	8
26.	Work in RELIGIOUS STUDIES classes is easy for me	1	2	3	4	5	6	7	8
27.	I am hopeless when it comes to HEALTH classes	1	2	3	4	5	6	7	8
28.	I learn things quickly in most SCHOOL SUBJECTS	1	2	3	4	5	6	7	8
29.	Work in COMPUTER STUDIES classes is easy for me	1	2	3	4	5	6	7	8
30.	Most things I do, I do well	1	2	3	4	5	6	7	8
31.	I am hopeless when it comes to SPELLING classes	1	2	3	4	5	6	7	8
32.	I have always done well in MATHEMATICS classes	1	2	3	4	5	6	7	8
33.	Compared to others my age I am good at P. E classes	1	2	3	4	5	6	7	8
34.	I get good marks in READING classes	1	2	3	4	5	6	7	8
35.	Work in ART classes is easy for me	1	2	3	4	5	6	7	8
36.	I am hopeless when it comes to SCIENCE	1	2	3	4	5	6	7	8
37.	I have always done well in MUSIC classes	1	2	3	4	5	6	7	8
38.	I get good marks in SOCIAL STUDIES classes	1	2	3	4	5	6	7	8
39.	Nothing I do ever seems to turn out right	1	2	3	4	5	6	7	8
40.	Work in HANDWRITING classes is easy for me	1	2	3	4	5	6	7	8
41.	I am hopeless when it comes to RELIGIOUS STUDIES classes	1	2	3	4	5	6	7	8
42.	I learn things quickly in HEALTH classes	1	2	3	4	5	6	7	8
43.	I have always done well in most SCHOOL SUBJECTS	1	2	3	4	5	6	7	8
44.	I am hopeless when it comes to COMPUTER STUDIES classes	1	2	3	4	5	6	7	8
45.	I learn things quickly in SPELLING classes	1	2	3	4	5	6	7	8
46.	Compared to others my age I am good at MATHEMATICS classes	1	2	3	4	5	6	7	8
47.	I get good marks in P. E. classes	1	2	3	4	5	6	7	8
48.	Work in READING classes is easy for me	1	2	3	4	5	6	7	8
49.	I am hopeless when it comes to ART	1	2	3	4	5	6	7	8
50.	Overall, most things I do turn out well	1	2	3	4	5	6	7	8
51.	I learn things quickly in SCIENCE	1	2	3	4	5	6	7	8
52.	Compared to others my age I am good at MUSIC classes	1	2	3	4	5	6	7	8
53.	Work in SOCIAL STUDIES classes is easy for me	1	2	3	4	5	6	7	8
54.	I am hopeless when it comes to HANDWRITING classes	1	2	3	4	5	6	7	8
55.	I learn things quickly in RELIGIOUS STUDIES classes	1	2	3	4	5	6	7	8
56.	I have always done well in HEALTH classes	1	2	3	4	5	6	7	8
57.	Compared to others my age I am good at most SCHOOL SUBJECTS	1	2	3	4	5	6	7	8
58.	I have always done well COMPUTER STUDIES classes	1	2	3	4	5	6	7	8
59.	Compared to others my age I am good at SPELLING classes	1	2	3	4	5	6	7	8
60.	I don't have much to be proud of	1	2	3	4	5	6	7	8
61.	Work in MATHEMATICS classes is easy for me	1	2	3	4	5	6	7	8
62.	I am hopeless when it comes to P. E. classes	1	2	3	4	5	6	7	8
63.	I learn things quickly in READING	1	2	3	4	5	6	7	8
64.	I have always done well in ART classes	1	2	3	4	5	6	7	8
65.	Compared to others my age I am good at SCIENCE classes	1	2	3	4	5	6	7	8

66.	Work in MUSIC classes is easy for me	1	2	3	4	5	6	7	8
67.	I learn things quickly in SOCIAL STUDIES classes	1	2	3	4	5	6	7	8
68.	I have always done well in HANDWRITING classes	1	2	3	4	5	6	7	8
69.	I feel that my life is not very useful	1	2	3	4	5	6	7	8
70.	Compared to others my age I am good at RELIGIOUS STUDIES classes	1	2	3	4	5	6	7	8
71.	I get good marks in HEALTH classes	1	2	3	4	5	6	7	8
72.	Work in most SCHOOL SUBJECTS is easy for me	1	2	3	4	5	6	7	8
73.	I get good marks in MATHEMATICS classes	1	2	3	4	5	6	7	8
74.	Work in P. E. classes is easy for me	1	2	3	4	5	6	7	8
75.	I am hopeless when it comes to READING classes	1	2	3	4	5	6	7	8
76.	I learn things quickly in ART classes	1	2	3	4	5	6	7	8
77.	I have always done well in SCIENCE classes	1	2	3	4	5	6	7	8
78.	I get good marks in MUSIC classes	1	2	3	4	5	6	7	8
79.	Overall, I am a failure	1	2	3	4	5	6	7	8
80.	I am hopeless when it comes to SOCIAL STUDIES	1	2	3	4	5	6	7	8
81.	I learn things quickly in HANDWRITING classes	1	2	3	4	5	6	7	8
82.	I have always done well in RELIGIOUS STUDIES classes	1	2	3	4	5	6	7	8
83.	Compared to others my age I am good at HEALTH classes	1	2	3	4	5	6	7	8
84.	I get good marks most SCHOOL SUBJECTS	1	2	3	4	5	6	7	8
85.	I learn things quickly in COMPUTER STUDIES classes	1	2	3	4	5	6	7	8
86.	I have always done well in SPELLING classes	1	2	3	4	5	6	7	8