

**PERSONAL DETAILS**

**NAME:** Sophie Danielle SCHAPIRO

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**EDUCATIONAL QUALIFICATIONS**

- 2021** Successfully completed the Train the Trainer for Standard Mental Health First Aid
- 2021** Successfully completed the 5 day Train the Trainer ASIST (Applied Suicide Intervention Skills Training)
- 2010** Successfully completed Master of Suicidology
- 2009** Awarded Griffith Award for Academic Excellence 2009
- 2004** Successfully completed Train the trainer – Train small groups workshop (BSZ404A)
- 2003** Successfully completed “Performance Management” and “Succeeding as Manager” courses at The Alfred Hospital
- 1996** Successfully completed a Graduate Diploma in Corrections Health and Forensic Nursing
- Received a Graduate Certificate of Academic Achievement in Corrections Health and Forensic Nursing
- 1995** Completed a Graduate Certificate in Corrections Health and Forensic Nursing
- 1994** Completed a Graduate Year at the Royal Brisbane Hospital, Division of Psychiatry
- Graduated with a Bachelor of Nursing, La Trobe University, Bendigo. Registered as a Psychiatric Nurse in Victoria.
- 1993** Completed my Bachelor of Nursing (Psychiatric Nursing)
- Successfully completed my Diploma of Health Science (Psychiatric Nursing), and converted to the Bachelor of Nursing in Psychiatric Nursing at La Trobe University College of Northern Victoria

**CURRENT POSITION**

**12-month contract - Lecturer, Mental Health Nursing, School of Nursing, Midwifery and Paramedicine, Australian Catholic University (Ballarat Campus)**

Key achievements in this position include:

- Commitment to providing quality education in mental health to students
- Utilise well-developed problem-solving skills to work through complex situations
- Collaborating with colleagues to update student activities in mental health sessions
- Ongoing commitment to personal professional development
- Developing and maintaining collaborative working relationships with staff and students
- Providing support to students and assisting them to seek further support (academic and personal) as required
- Lecturer in Charge for Principles of Nursing: Mental Health
- Collaboratively worked with NLIC and other LIC's for Principles of Nursing: Mental Health
- Assisted with writing examination questions for Principles of Nursing: Mental Health
- Maintaining and developing sound computer skills

**CAREER ACHIEVEMENTS**

Key achievements in previous positions include:

- Completing the ASIST Train the Trainer course
- Completing the Mental Health First Aid train the trainer course
- Providing Mental Health First Aid training to external organisations
- Developed and presented mental health training for General practitioners and other agencies
- Involvement in local community development and health promotion activities
- Mental Health Nursing Lecturer for third year nursing students at La Trobe University
- Developing an outreach service that provides a high standard of assessment and treatment whilst ensuring staff remain integral members of the multidisciplinary community team
- Maintaining and developing sound assessment skills through completion of both urgent and non-urgent assessments.
- Provide secondary consultations to General Practitioners and other agencies as required
- Co-presented at the 2009 American Association of Suicidology Conference in San Francisco
- Provided education about suicide prevention to both mental health staff and other agencies
- Networking, developing collaborative relationships, and community development activities for Dual Diagnosis, NASSPS, Forensic Mental Health program and generalist mental health
- Co-ordination and preceptorship of students (both undergraduate and post graduate) within a community forensic mental health service
- Actively involved in training staff at Forensicare in the Consolidating and Strengthening Clinical Practice Program in "Offending Issues: Theories of Crime"
- Regularly presented information sessions on a range of topics relating to Forensic Issues and Forensicare to external staff including other health professionals, Police officers, Ambulance Officers, Community Health staff, and staff of non-government organisations.
- Presented to Victorian state-wide Early Intervention Workers, EPPIC mini seminar in 2003
- Development of an operational plan for an acute forensic mental health unit
- Change management within both inpatient and community forensic mental health service
- Implementing quality improvement activities
- Involved in the interviewing of Nursing (graduate, post-graduate and Registered Nurse positions) and Allied Health Staff within both Forensicare and Alfred Psychiatry
- Chief researcher looking at client's perspective of oral atypical medication vs typical depot medication. Presented research findings at ANZCMHN conference in Sydney in 2002

**NURSING AND PROFESSIONAL EXPERIENCE****February 2022 – current**

Lecturer, School of Nursing, Midwifery and Paramedicine, Australian Catholic University, Ballarat Campus. Fixed term 12 month contract

**October 2020 – February 2022**

Senior Mental Health Nurse, Rural Outreach Service/Bushfire Response Team, Early Intervention and Capacity Building Service, AWH. Fixed term secondment position

**October 2019 – October 2020**

Clinical Nurse Consultant, Kerferd Unit, Wangaratta, AWH

**August 2019 – October 2019**

A/Discharge Co-ordinator, Kerferd Unit, Wangaratta. Fixed term secondment position

**June 2019 – August 2019**

A/Clinical Nurse Educator, Kerferd Unit, Wangaratta. Fixed term secondment position

**Feb 2019 – April 2019**

La Trobe University Conjoint Appointment: Nursing Lecturer Practitioner (Mental Health). Fixed term secondment position.

**March 2018 – June 2019**

Senior Mental Health Nurse, North East Child and Adolescent Mental health Service, AWH

**August 2015 – February 2018**

Credentialed Mental Health Nurse / Mental Health Nurse Incentive Program, Hume Mental Health Specialist Home Visiting Service, AWH

**April 2012 – Aug 2015**

Community Mental Health Clinician, Wangaratta Community Mental Health Service, AWH

**April 2008 – April 2012**

Senior Clinician, RPN5, Northern Alliance of Suicide and Self Harm Prevention Program, Plenty Valley Community Health.

Dual Diagnosis Clinician/Coordinator, Plenty Valley Community Health

**March 2005 - April 2008**

Senior Mental Health Nurse, RPN4, Community Program, Forensicare

Acting Program Manager, Mental Health Program, Community Programs, Forensicare.

**March 2004 – March 2005**

Unit Manager, Argyle, Thomas Embling Hospital, Forensicare.

**2002 – February 2004**

Nurse Manager, Primary Mental Health and Early Intervention Team, The Alfred.

**NURSING AND PROFESSIONAL EXPERIENCE continued****January 2001 – 2002**

Registered Psychiatric Nurse, Waiora Community Mental Health Service, Continuing Care Team.

**December 1999 – December 2000**

Clinical Nurse (Community), Gold Coast Integrated Mental Health Service. General Practice and Psychiatry Partnerships Co-ordinator.

**February 1997 – December 1999**

Clinical Nurse (Community), Gold Coast Integrated Mental Health Service – Mobile Intensive Treatment Team (MITT)

**November 1996 – February 1997**

Registered Psychiatric Nurse (Inpatient), West Moreton Integrated Mental Health Service

**July 1996 – November 1996**

Clinical Nurse, Moreton Correctional Centre - Crisis Support Unit (Suicide Prevention)

**July 1995 – June 1996**

Registered Psychiatric Nurse – John Oxley Memorial Hospital - also included A/Nurse Manager of Secure Care Services; A/Clinical Nurse Consultant, and A/Clinical Nurse.

**February 1994 – June 1995**

Registered Psychiatric Nurse, Division of Psychiatry (Inpatient), Royal Brisbane Hospital. Completed Graduate year and ongoing employment.

**1994** Registered Psychiatric Nurse, Mother and Infant Care Unit, Belmont Private Hospital

**WORKSHOPS, SEMINARS & RESEARCH****2022**

- Aboriginal and Torres strait islander Cultural Awareness training
- ACU Induction workshop
- Copyright at ACU training

**2021**

- Phoenix Australia Trauma Informed Care
- ASIST Train the Trainer Five day course
- Standard MHFA Five day Train the trainer
- Two day advanced ASD and Adults training
- One day Introduction into ASD and Adults Training
- Off Road Mental Health Conference (1 day)
- Trauma Informed Care 1 day training (CMHL)
- Trauma Informed Care and Response to Bushfires Training (Rob Gordon)
- One day 4 Wheel Drive driver training
- One day Single Session Family Consultation Training

**2019 - 2020**

- Attended the virtual Workplace Wellness Festival (2020)
- The Positive Way: Building a positive state of mind (2020)
- Paliperidone In-service Education (2020)
- Trauma Informed Care In-service education (2020)
- Leadership Fundamentals 1 day training (2020)
- Trust, Perspective, Connection's education (2020)
- Emotional Intelligence at work (2020)
- Self-Care for Leaders (2020)
- Resilience and Productivity (2020)
- SafeWards one day training (2019)
- Supported Decision Making (2019)
- Paradox of Uncertainty: Exploring Risk, Rights, and recovery 1 day education (2019)
- Attended Beyond Burnout: The Hidden Costs of caring – Secondary Stress, Vicarious Trauma, compassion fatigue 1 day workshop
- Attended Professional Resilience 1 day training
- Attended Nutrition, Wellness, Stress Reduction and Self-Care five day seminars (Gold Coast)

**2015 – 2018**

- Attended Tracking Better at Behaviour two day training workshop (2018)
- Attended Triage Training 1 day workshop (2018)
- Attended several medication update in-services (2016 – 2017)
- Attended Motivational Interviewing two day workshop (2018)
- Attended 1 day service development workshop (2016 & 2017)
- Key Stakeholder in a mental health peer support program in a regional area
- Attended a screening of Suicide: The Ripple Effect (2018)
- Completed several webinars relating to various mental health topics

**2012 – 2015**

- Attended the ACMHN three day conference in Melbourne (2014)
- Attended Cannabis & Mental Illness Treatment two day workshop (2014)
- Attended Introduction to Cultural MH Responsiveness in MH Settings Workshop (2014)
- Attended a two day Trauma Focussed Therapy Workshop (2013)

**2005 - 2012**

- Attended two day Treating PTSD (Clinical skills) workshop (2011)
- Attended two day Suicide Prevention: The Solution-Focused Approach (August 2010)
- Presented at the American Association Suicidology Conference in San Francisco (2009)
- Attended the ACMHN conference, Alice Springs
- Attended Life – Research and Quality Assurance in Suicide Prevention workshop
- Attended Working with Complex Clients workshop

**2004:**

- Attended the Collaborative Conference, Melbourne
- Attended the ANZCMHN conference, Canberra
- Completed the Train the Trainer – train small groups workshop (BSZ404A)
- Completed the CSCP trainer and are now a trainer for Offending Issues
- Attended a professional development session on writing court reports
- Co – presented an information session on Forensicare to a group of NGO employees at
- Completed the DHS Train the trainer – Outcome measures.

**2003:**

- Completed the “Performance Management” and “Succeeding as Manager” courses at the Alfred
- Attended various training and workshops at EPPIC
- Presented to Early Intervention Workers from around Victoria at an EPPIC mini seminar
- Assisted with the GP Education seminar series presented by Inner South East PMHEI team
- Participated in Community Development and Education Activities for PDRS and AMHS.
- Attended a two-day training workshop on Interpersonal Therapy
- Facilitated a Forensic Risk Assessment workshop for Alfred Psychiatry and ISCHS staff.

**1996 - 2002:**

- Completed a ‘Staff Selection’ workshop at the Alfred
- Presented a paper titled “Research in clinical practice” to graduate nurses at the Alfred
- Presented a paper at the ANZCMHN conference in Sydney 2002
- Chief Researcher - clients perspective of oral atypical medication vs typical depot medication.
- Attended the ANZCMHN conference, Melbourne, Australia.
- Attended Applied Suicide Intervention Skills Training workshop, Melbourne.
- HIV/AIDS and mental illness workshop, Victorian HIV Psychiatry Consortium.
- Attended the ANZCMHN conference, Gold Coast, Queensland.
- Organised and co-presented numerous education sessions for GP’s on the Gold Coast
- Attended Health Promotion, Indigenous Health, Mental Health, Stress for Health Professionals.
- Attended two-day workshop in Consultation Liaison in Psychiatry Program in Melbourne.
- Developed and presented a Suicide Prevention Training Workshop, aimed at reducing deaths in custody to Correctional Staff (both Health and Correctional Staff) within Queensland corrections.

**REFEREES****Erica Johnstone**

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Academic Integrity Officer  
STISE Lead (Santiago, Chile)  
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**Louise Alexander**

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