

PERSONAL INFORMATION

Dr Louise Alexander

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AHPRA RN1 number: NMW0001066246

QUALIFICATIONS

Emerging Leaders and Managers Program (eLAMP)

Melbourne University Centre for the Study of Higher Education (2022)

PhD, School of Psychology

Deakin University (2018)

Thesis title: What are the impacts of simulation-based education on undergraduate nursing students' attitudes towards mental illness?

Supervisors: A/Prof Jade Sheen, Prof Nicole Rinehart, Prof Marg Hay, Prof Leanne Boyd.

Master of Professional Education & Training

Deakin University (2008)

Graduate Certificate in Professional Education & Training

Deakin University (2005)

Graduate Certificate in Psychiatric Nursing Practice

RMIT (2000)

Bachelor of Nursing (pre-registration)

Deakin University (1999)

PROFESSIONAL EXPERIENCE

Position: Senior Lecturer (Teaching-Research Focused) Mental Health Nursing

Organisation: Australian Catholic University, Melbourne

Period: January 2015 – Present

Responsibilities:

National lecturer in charge, mental health nursing

Lead & supervise content development, coordination and delivery of mental health units nationally

3,000 cohort of students nationally

Clinical partnerships with major Melbourne hospitals

National mental health curriculum development lead

Vertical and horizontal integration and scaffolding of all mental health-content

National Course Coordinator Master of Mental Health (Nursing)

Oversee implementation and delivery of course including leading team of staff responsible for course delivery

Increasing student enrolment numbers

Admissions approval and processing

Developing and maintain key stake holder relationships with clinical partners

Post-graduate course committee

Marketing for PG courses

Partnership development with hospitals nationally

Accreditation and course review responsibilities

ACU & NorthWestern Mental Health Nursing Academic Research Unit (The Royal Melbourne Hospital)

Analysing data
Manuscript writing/submission/response to reviews
Ethics applications
Research assistant activities

Position: Lecturer, Bachelor of Nursing
Organisation: Holmesglen Institute, Moorabbin Campus
Period: November 2010 – January 2015

Responsibilities:
Development, delivery and evaluation of mental health curriculum
Subject coordination (all mental health units and electives)
Second-year level course-coordinator
Management of 'At-Risk' students
Course counselling (inc. progression & intermitting discussions)
Special considerations
Allocation and management of clinical placement
Development & delivery of mental health curriculum
Content development & delivery
Development & delivery of complex simulations
VTAC selection officer
Clinical site visits & facilitation
Supervision and mentoring of sessional staff

Position: Registered Psychiatric Nurse, Div.1, Year 8
Organisation: Victorian Institute of Forensic Mental Health (Thomas Embling Hospital)
Period: January 2000 – January 2011

Responsibilities:
Case management
Primary nursing
In charge for roster periods
Risk management in secure facility
Student preceptorship
De-escalation
Group facilitation
Psychoeducation
Excellent understanding of Mental Health Act, Sentencing Act, and Crimes (Mental Impairment & Unfitness to be Tried) Act

CONFERENCE PAPERS PRESENTED

Alexander, L., Foster, K., Coyte, B., Evans, A. Dickson, J. & Guinea, S. (2022). Educating for future practice: Findings of mental health simulation for undergraduate nurses. Presented at: ACMHN 46th International Mental Health Nursing Conference, Gold Coast, 9th September.

Alexander, L., Foster, K., Coyte, B., Evans, A., Dickson, J. & Guinea. (2022). Time for change: Educating undergraduate nursing students using mental health

simulation. Presented at: The Victorian Collaborative Mental Health Nursing Conference, Melbourne, August 11.

Alexander, L., Rinehart, N., Hay, M., Boyd, L. & Foster, K. (2021). Undergraduate nurses' self-reported rates of mental illness: renewing our support for the workforce. Presented at 22nd Victorian Collaborative Mental Health Nursing Conference, Melbourne. August 13th, 2021.

Alexander, L., Sheen, J., Rinehart, N., Hay, M. & Boyd, L. (2018). *Mental health simulation with student nurses: a qualitative study*. Presented at 3rd International Nursing Conference, University Kebangsaan Malaysia, Kuala Lumpur, Malaysia, October 3, 2018.

Alexander, L. (2018). *Simulation in mental health education: critical considerations for getting started*. Presented at Alliance, Innovation, Inquiry: Supporting the Simulation Community, Northern Centre for Health Education and Research, Epping, Melbourne, August 17, 2018.

Alexander, L. (2017) *Simulation in mental health nursing: a qualitative report*. Presented at Victorian Simulation Alliance (VSA) Annual General Meeting, at Epworth Richmond, December 8, 2017.

Alexander, L. & Jennings, J. (2014). *Scenario development & the use of simulated patients in mental health curriculum & workplace*. Presented at Victorian Simulation Alliance Metropolitan Symposium, Moorabbin July 18, 2014.

Alexander, L. (2013). *The use of simulated patients and development of simulation in mental health curriculum*, presented at Monash Doctors, Monash Medical Centre, Clayton, September 2, 2013.

Alexander, L. (2013). *The use of simulated patients in mental health curriculum*. Presented at The Victorian Simulation Alliance Regional Symposium, Bendigo June 28, 2013.

Avdi, E., **Alexander, L.** & Ribbons, R. (2012). Communication skills in undergraduate nursing students. Presented at the Communication Medicine & Ethics Conference in Trondheim, Norway, June 29, 2012.

Alexander, L. & Dearsley, A. (2011). Integrated simulation-based education in undergraduate nursing students. Poster presented at SimHealth, Sydney Australia, September 12-15, 2011.

PUBLICATIONS

Books

Hercelinskyj, G. & **Alexander, L.** (2022). *Mental health nursing – applying theory to practice* (revised edition). ISBN: 9780170387521. Cengage: Singapore.

Hercelinskyj, G. & **Alexander, L.** (2019). *Mental health nursing – applying theory to practice*. ISBN: 9780170387521. Cengage: Singapore.

Book Chapters

Alexander, L. Psychiatric and Mental Health Nursing, in Kutzin, J.M., Waxman, K.T., Lopez, C.M. & Kiegaldie, D. (in press) in *Comprehensive Healthcare Simulation: Nursing*. Springer.

Alexander, L. Mental Health and Illness, in Koutoukidis, G., Stainton, K. & Hughson, J. (2020) in *Tabbner's Nursing Care – Theory & Practice, 8th ed.*, Elsevier Churchill Livingstone.

Alexander, L. Mental Health and Illness, in Koutoukidis, G., Stainton, K. & Hughson, J. (2016) in *Tabbner's Nursing Care – Theory & Practice, 7th ed.*, Elsevier Churchill Livingston.

Alexander, L. Admission, Transfer and Discharge Process, in Koutoukidis, G., Stainton, K. & Hughson, J. (2013) in *Tabbner's Nursing Care – Theory & Practice, 6th ed.*, Elsevier Churchill Livingston.

Journal Articles

Alexander, L., Rinehart, N.J., Hay, M., Boyd, L. & Foster, K. (2022). Nursing students' attitudes and experiences with mental illness: A cross-sectional study. *Teaching and Learning in Nursing*, in press. <https://doi.org/10.1016/j.teln.2022.09.011>

Foster, K., Giandinoto, J.A., Furness, T., Blanco, A., Withers, E. & **Alexander, L.** (2021). 'Anyone can have a mental illness': A qualitative inquiry of pre-registration nursing students' experiences of traditional mental health clinical placements. *International Journal of Mental Health Nursing*, 30(1): 83-92.

Alexander, L., Sheen, J., Rinehart, N., Hay, M. & Boyd, L. (2018). The role of television in perceptions of dangerousness. *Journal of Mental Health Training, Education and Practice*, 13(3): 187-196. doi.org/10.1108/JMHTEP-02-2017-0006.

Alexander, L., Sheen, J., Rinehart, N., Hay, M. & Boyd, L. (2018). Mental health simulation with student nurses: a qualitative review. *Clinical Simulation in Nursing*, 14: 8- 14. doi.org/10.1016/j.ecns.2017.09.003.

Alexander, L. & Dearsley, A. (2013). Using standardized patients in an undergraduate mental health simulation: a pilot study, *The International Journal of Mental Health* 42:2-3, 149-164.

Alexander, L. & Dearsley, A. (2012). Integrated simulation-based education in undergraduate nursing students. *Simulation in Healthcare: The Journal of the Society for Simulation in Healthcare*, 7(1):62.

Articles Under Review

Alexander, L., Coyte, B., Evans, A., Dickson, J., Guinea, S. & Foster, K. (under review). Mental health simulation in undergraduate Bachelor of Nursing education: An integrative review. *Nurse Education Today*.

Foster, K., Steele, M., Metcalfe, J., Toomey, N. & **Alexander, L.** (under review). Well-being, turnover intention, and stigma attitudes of mental health transition-to-practice nurses: A cross sectional study. *International Journal of Mental Health Nursing*.

FUNDING

Evaluating the effectiveness of a pilot project embedding blended and simulation-based learning in the mental health curriculum of the Bachelor of Nursing course in the School of Nursing, Midwifery and Paramedicine. 2017-18. Teaching & Learning Grant, ACU. **\$5,000.**

Risk aware: enhancing students' clinical competence in risky environments through blended simulation-based learning. 2016-18. OLT Grant, Canberra. **\$209,000.**

Facilitating excellent teaching practices in role-play for the Health Sciences: A toolkit for staff and students informed by drama. Innovation Grant: ACU. **\$20,000.**

AWARDS

Australian Awards for University Teaching (AAUT). Award for Programs that Enhance Learning (Educational Partnerships & Collaborations with Other Organisations), 25/02/2020.

2012 Outstanding Staff Member, Teaching & Educational Excellence, Holmesglen Institute – Finalist.

Best Poster (as voted by conference delegates) for **Alexander, L.** & Dearsley, A. (2011) Integrated Simulation Based Education in Undergraduate Nursing Students, poster presented at SimHealth Sydney Australia, September 12-15, 2011.

PHD SUPERVISION

Student: Jose, J.

Project: Does providing online dementia care training improve the dementia care knowledge of graduate registered nurses working the hospital setting?

Supervisors: Prof. Elisabeth Jacob & **Dr Louise Alexander**

Student: Tait-Robertson, J.

Project: Can the Clubhouse International model be effectively adapted and implemented to provide essential support for people living with mental health issues in LMICs; specifically in Papua New Guinea?

Supervisors: Prof Sara Bayes & **Dr Louise Alexander**

Student: Waters, A.

Project: TBA

Supervisors: Prof Sara Bayes & **Dr Louise Alexander**

Student: Field, T.

Project: Does the length of employment within a single workplace impact the resistance of mental health staff to change?

Supervisors: A/Prof Louisa Lam & **Dr Louise Alexander**

Student: Cynthia Delgado

Project:

Supervisors: Prof Kim Foster, Prof Michael Roche & **Dr Louise Alexander**

HONOURS SUPERVISION

Student: Parker, J.

Project: Applying hearing voices movement concepts to a child and adolescent inpatient unit.

Supervisors: **Dr Louise Alexander**

PROFESSIONAL REFEREES

A/Prof Alicia Evans
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