

IPPE 2015 Conference: *Converting Science into Practice*
Conference Program of Events
Saturday, 6 June 2015

8.00am:	Registration and Coffee
8.30am:	Welcome to Country Welcome by Professor Rhonda Craven , Director of IPPE
8.45am:	Welcome by Professor Joseph Ciarrochi and Dr Suzy Green , Conference Directors
9.00am:	Keynote 1: Professor Barbara Fredrickson — <i>Positivity Resonates</i>
9.45am:	Keynote 2: Professor Felicia Huppert — <i>What Role Does Mindfulness Play in Well-Being?</i>
10.15am:	Morning Tea
10.45am:	Concurrent Morning Workshops <ul style="list-style-type: none"> ➤ Stream 1: Positive Life — Professor Barbara Fredrickson — <i>How to Self-Generate Positivity</i> ➤ Stream 2: Positive Education — Dr Christian van Nieuwerburgh — <i>An Introduction to Integrating Coaching and Positive Psychology in Education: First Steps</i> ➤ Stream 3: Positive Work — Michelle McQuaid — <i>Putting Your Strengths to Work</i>
12.15pm–2pm:	Lunch and Poster Presentations
2.00pm:	Concurrent Afternoon Workshops <ul style="list-style-type: none"> ➤ Stream 1: Positive Life — Professor Joseph Ciarrochi and Dr Baljinder Sahdra — <i>Values, Self-Compassion, and Effective Action: Evidence-Based Strategies for a Flourishing Life</i> ➤ Stream 2: Positive School — Dr Suzy Green with Miriam Berlage and Romalina Rocca (Loreto Kirribilli) — <i>Positive Education: Science into Practice</i> ➤ Stream 3: Positive Work — Dr Christian van Nieuwerburgh — <i>Widening Your Leadership Repertoire: Lessons from Coaching Psychology</i>
3.30pm:	Afternoon Tea
4.00pm:	Keynote 3: Professor Joseph Ciarrochi — <i>How to Create a Nurturing Community</i>
4.00–4.30pm:	Panel: <i>Positive Psychology in Life, School, and Work</i> — Dr Christian van Nieuwerburgh , Michelle McQuaid , Dr Suzy Green — Moderator: Professor Joseph Ciarrochi
4.30pm:	Closing — Professor Rhonda Craven and Dr Suzy Green
5.00pm:	Day Close — Conference Drinks