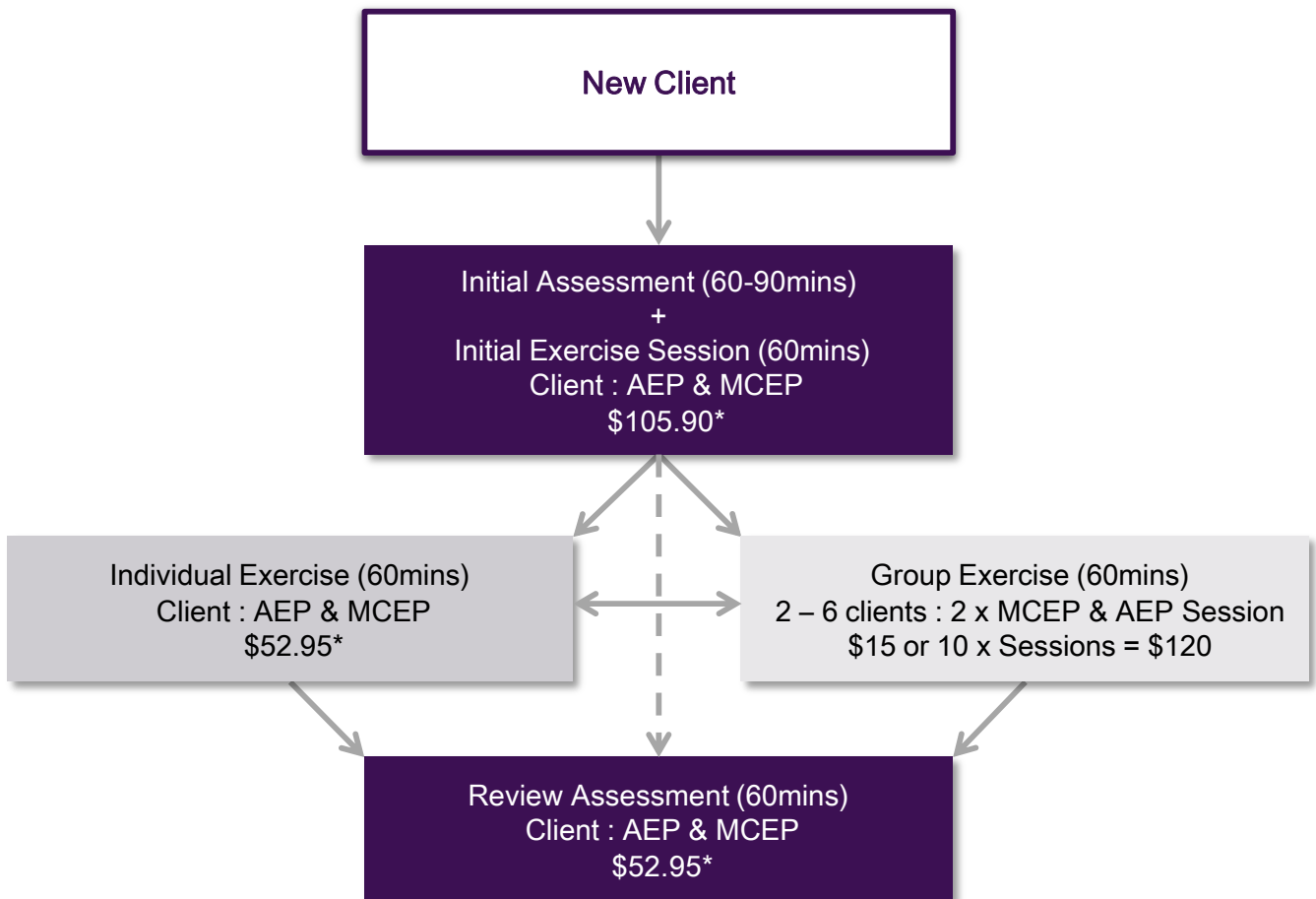


Accredited Exercise Physiologists (AEPs) are university trained allied health professionals specialising in the prescription and delivery of individualised exercise and lifestyle modification programs for people with a range of health conditions including:

METABOLIC	MUSCULOSKELETAL	CARDIOPULMONARY	OTHER
Diabetes	Sports Injury	High Blood Pressure	Mental Health
High Cholesterol	Arthritis	Stroke	Cancer
Weight Management	Lower Back Pain	COPD	Pregnancy
PCOS	Osteoporosis	Asthma	Neurological Conditions

All services are fully supervised by an experienced Accredited Exercise Physiologist (AEP) & Master of Clinical Exercise Physiology (MCEP) student practitioners



**Rebates available through Medicare & DVA with GP referral or private health insurance (see next page for details)*

Who can be referred?

Community-based clients may be eligible for a referral to an Accredited Exercise Physiologist (AEP) if they have a chronic (or terminal) medical condition and their GP has indicated for the following Chronic Disease Management (CDM) services as listed in the table below. A chronic medical condition is one that has been (or is likely to be) present for six months or longer, for example, asthma, cancer, cardiovascular disease, diabetes, musculoskeletal conditions and stroke. There is no list of eligible conditions.

What Medicare item numbers can I use?

Clients on a GP Management Plan (GPMP) and Team Care Arrangements (TCAs) are eligible for 5 individual allied health sessions per year on the Medicare Benefits Schedule. Clients with Type 2 Diabetes can also access Medicare rebates for up to 8 allied health services per calendar year.

ITEM NUMBER	SERVICE PROVIDED	ELIGIBLE CLIENTS	PREREQUISITE FOR CLAIMING
10953	Exercise physiology service	Clients who have a chronic condition & need complex care	GP claimed GPMP and TCA in past 2 years
81110	Exercise physiology service – assessment	Clients with Type 2 diabetes	GP claimed GPMP
81115	Exercise physiology service – group service		Assessed as suitable by Assessment for Group Services (item 81100, 81110 or 81120)
81315	Exercise physiology service	Indigenous Australians who have had a health check	GP must have completed a health check

STEP 1: GP REFERRAL

GP refers eligible client to an Accredited Exercise Physiologist under the appropriate Medicare item.



STEP 2: AEP SERVICES

An Accredited Exercise Physiologist provides individual service(s) to the client. A written report is then sent to your referring GP after the first and last service, or more if clinically necessary.



STEP 3: GP REVIEW

GP conducts a review of patient's GPMP and or TCA.
Patient reviews should be conducted every 6 months.

Referring to an Accredited Exercise Physiologist?

AREA	ITEM NUMBER	DESCRIPTION
ABORIGINAL HEALTH SERVICES	81315	Exercise physiology health service
CDM	10953	Exercise physiology
TYPE 2 DIABETES	81110	Exercise physiology assessment for group services
TYPE 2 DIABETES	81115	Exercise physiology assessment for group services
DVA (AT CLINIC)	EP10	Initial consultation
DVA (AT CLINIC)	EP11	Subsequent consultation
WORKERS COMPENSATION		State legislation is applicable
PRIVATE HEALTH INSURERS	102	Initial Consultation
PRIVATE HEALTH INSURERS	202	Standard consultation
PRIVATE HEALTH INSURERS	502	Group session

MEDICARE AVAILABLE



PRIVATE HEALTH AVAILABLE



Fast claims... on the spot

PARTICIPATING HEALTH FUNDS





Referral Form for Individual Allied Health Services under Medicare for patients with a chronic medical condition and complex care needs

Note: GPs can use this form issued by the Department of Health or one that contains all of the components of this form.

To be completed by referring GP:

Please tick:

- Patient has GP Management Plan (item 721) AND Team Care Arrangements (item 723) OR
 GP has contributed to or reviewed a multidisciplinary care plan prepared by the patient's residential aged care facility (item 731)

Note: GPs are encouraged to attach a copy of the relevant part of the patient's care plan to this form.

GP details

Provider Number

Name

Address Postcode

Patient details

Medicare Number Patient's ref no.

First Name Surname

Address Postcode

Allied Health Provider (AHP) patient referred to: (Please specify name or type of AHP)

Name

Address Postcode

Referral details – Please use a separate copy of the referral form for each type of service

Eligible patients may access Medicare rebates for a maximum of 5 allied health services (total) in a calendar year. Please indicate the number of services required by writing the number in the 'No. of services' column next to the relevant AHP.

No of services	AHP Type	Item Number	No of services	AHP Type	Item Number	No of services	AHP Type	Item Number
	Aboriginal Health Worker/Aboriginal and Torres Strait Islander Health Practitioner	10950		Exercise Physiologist	10953		Podiatrist	10962
	Audiologist	10952		Mental Health Worker	10956		Psychologist	10968
	Chiropractor	10964		Occupational Therapist	10958		Speech Pathologist	10970
	Diabetes Educator	10951		Osteopath	10966			
	Dietitian	10954		Physiotherapist	10960			

Referring General Practitioner's signature

Date signed

The AHP must provide a written report to the patient's GP after the first and last service, and more often if clinically necessary.

Allied health providers should retain this referral form for record keeping and Department of Human Services (Medicare) audit purposes.

This form may be downloaded from the Department of Health website at www.health.gov.au/mbsprimarycareitems

THE FORM DOES NOT HAVE TO ACCOMPANY MEDICARE CLAIMS