



EXECUTIVE EDUCATION

MASTER OF FAMILY AND SYSTEMIC THERAPY

LOCATION

Melbourne

2020 DATES

Commence February / March 2020

DURATION

3 Years Part Time

STUDY MODE

Attendance - Intensive

2020 FEES

\$2,950 per unit

ALUMNI ADVANTAGE

10 per cent rebate for domestic ACU graduates*

MORE INFORMATION

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RESERVE YOUR PLACE TODAY

acu.edu.au/family

CRICOS registered provider: 00004G

Disclaimer (September 2019): Information correct at time of printing. The University reserves the right to amend, cancel or otherwise modify the content without notice. *Conditions apply.

FAMILY IS OUR CORE RESOURCE IN LIFE

In Australia today, government funding policy is increasingly focused on family and responding to research findings indicating that for a broad range of health, mental health and social problems, the most effective and enduring interventions and treatments are informed by family and systemic therapy.

Many funded programs now require that family engagement, support and family focused treatments are a part of the practice of social workers, psychiatrists, nurses, clinical psychologists, school counsellors, counsellors, family doctors, youth workers, pastors, paediatricians and others.

Systemic theory proposes that all systems (and subsystems) are deeply interconnected and interdependent, and profoundly influencing each other simultaneously.

EVIDENCE BASED APPROACHES TO STRENGTHEN COMPLEX HUMAN SYSTEMS

Systemic and family therapy aims to assist families and complex human systems to mobilise their own strengths and relationships to make disturbing symptoms less problematic for suffering individuals.

The key difference between systemic and family therapy and all the many variations of individual psychological interventions, is that while individual therapy gives one person the space to discuss and reflect during 'time out' of their human system, systemic therapy brings parts or all of the system into the therapy.

Family therapy is shown to be one of the key psychological interventions which consistently works.

BUILD YOUR CAPABILITY TO HELP FAMILY FIND THEIR CONNECT ABILITY

The Master of Systemic and Family Therapy is a three-year part-time program that provides you with advanced family therapy skills training, theoretical knowledge in families and relational systems, and builds on your existing experience and training.

During the course, you will reflect on and target your own learning as a therapist or family worker.

When you complete the program you will have satisfied the training requirements of membership to the Australian Association of Family Therapy, and are well on your way to being a Clinical Family Therapist.

"I have been inspired by the exceptional quality of the teaching and the environment"

Angela R.



EXECUTIVE EDUCATION

MASTER OF FAMILY AND SYSTEMIC THERAPY

COURSE OVERVIEW

GRADUATE CERTIFICATE IN FAMILY AND SYSTEMIC THERAPY

YEAR 1 SEMESTER 1

Concepts and Models of Family & Systemic Therapy 1
Core Unit - 10 cp

Practices and Processes of Family & Systemic Therapy 1
Core Unit - 10 cp

YEAR 1 SEMESTER 2

Concepts and Models of Family & Systemic Therapy 2
Core Unit - 10 cp

Practices and Processes of Family & Systemic Therapy 2
Core Unit - 10 cp

GRADUATE DIPLOMA IN FAMILY AND SYSTEMIC THERAPY

YEAR 2 SEMESTER 1

Research Informed Frameworks of Family & Systemic Therapy 1
Core Unit - 10 cp

Live Supervision & Reflecting Team Practice 1
Supervision Unit - 10 cp

YEAR 2 SEMESTER 2

Research Informed Frameworks of Family & Systemic Therapy 2
Core Unit - 10 cp

Live Supervision & Reflecting Team Practice 2
Supervision Unit - 10 cp

MASTER OF FAMILY AND SYSTEMIC THERAPY

YEAR 3 SEMESTER 1

Systemic Attachment Processes & Neuroscience Core
Unit - 10 cp

Advanced Live Supervision and Clinical Teamwork 1
Supervision Unit - 10 cp

YEAR 3 SEMESTER 2

Transgenerational Loss, Trauma & Mental Health in Relational
Systems
Core Unit - 10 cp

Advanced Live Supervision and Clinical Teamwork 2
Supervision Unit - 10 cp

COURSE PREREQUISITE

The prerequisite course - Core Ideas of Family Therapy - is a four-day intensive course which takes place prior to the semester commencing.

STUDY MODE

Students study two units per semester. Each unit includes three separate study periods. These study periods are generally delivered in a three-day intensive mode.

COURSE LOCATION

Melbourne.

Tuition takes place at either ACU Melbourne Campus, the Williamsroad Family Therapy Centre in Caulfield or at a specialist client site.

PROGRAM FEES

2020: \$2,950 per unit

A Student Services Fee of \$45 per semester is also payable.

Textbooks may need to be purchased.

PARTNERSHIP

ACU is pleased to partner with Williamsroad Family Therapy Centre (WRFTC) to provide the Master of Family and Systemic Therapy. WRFTC is a privately-owned, leading training centre in Australia for Family and Systemic Therapy. For over 35 years WRFTC has delivered leading edge pedagogical adult learning processes that are focused on the practice of systemic interventions and therapy.

WHY ACU

We're a modern university with a rich history and strong traditions. We believe we can always move forward by giving back. We're committed to standing for something clear. We want people who look beneath the surface, and are stronger than external expectations and superficial measures of success.

We're all for people who march to the beat of a different drum - a beat that comes from within themselves. It pushes them to pursue a lifelong journey of personal growth, to engage with curiosity and generosity of spirit, and ask what makes a life worth living.