

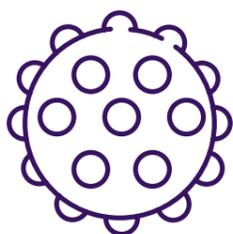
Low sensory retreat

This is a calm and safe space for students to be able to take a moment for themselves.

Please do



Meditate



Use sensory toys



**Adjust light
and furniture**



Unwind and relax



Wear headphones

Please don't



Study



Take the sensory toys



Eat or drink



Socialise in a group



Make loud noise