

2026 Unit Selection Information Melbourne and Strathfield

1. Selection of a Minor

1.1. Selection of a Study Area or Discipline (Commencing students only)

As part of your course, you need to complete a Minor. A Minor is a total of 4 units (40cp) from prescribed units in one discipline or an approved interdisciplinary minor. To complete a minor, you need at least 10cp at a 100-level (i.e. XXXX1xx), at least 20cp at a 200- or 300-level (i.e. XXXX2xx or XXXX3xx). The remaining 10cp can be completed at any level.

The Minor can be selected from a wide range of study areas - other than Psychology - available at ACU. The Minors you can choose from are listed in Table 1 below.

Table 1: Minors

Discipline	Melbourne	Strathfield	Details
2026 Arts Minors			
Archaeology (ARCH)	minor	minor	2026 Arts Minors See 'Arts Unit Offerings 2026' list under the 'Unit Offerings' tab in your Course Enrolment Guide for further details.
Business Studies (BUSD)	minor	minor	
Communication (COMM)	minor	minor	
Digital Technologies (Computing) (DTCO)		minor	
Drama (DRAM)	minor	minor	
Economics (ECON)	minor	minor	
English (ENGL)	minor	minor	
Geography, Environment and Society (GEES)	minor	minor	
Graphic Design (GRDE)	minor	minor	
Healthy Development (HLDV)	minor		
History (HIST)	minor	minor	
International Development Studies (INDV)	minor		
Mathematics ¹ (MATH)	minor	minor	
Music (MUSC)	minor		
Philosophy (PHIL)	minor	minor	
Politics and International Relations (PINR)	minor	minor	
Sociology (SOCI)	minor	minor	
Theological Studies (THSD)	minor	minor	
Visual Arts (VISU)	minor	minor	
Youth Work (YWRK)	minor		
2026 Health Sciences Minors			
Counselling (COUN)	minor	minor	2026 Health Sciences Minors See Table 2 below for further details.
Criminology (CRMN)	minor	minor	
Exercise Science (Exercise and Nutrition) (EXEN)	minor	minor	
Exercise Science (Physiology and Psychology) (EXPP)	minor	minor	
Human Biology (HBIO)	minor	minor ²	

¹ Please note regarding 'Assumed Knowledge': Students in Victoria need to have completed Mathematical Methods Units 3 and 4 at Year 12 level and students in New South Wales need to have completed Mathematics (other than Mathematics General 2) at Year 12 level, if they want to study any mathematics major, minor or elective units.

² Most units forming part of this minor are offered on the North Sydney campus only.

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1.2. Selection of Units

Once you have chosen a study area, you must select your Minor units.

Your four Minor units must include at least one 10cp unit on the 100-level and at least two units at an advanced level (200- or 300-level units). Please note that you can only choose units whose pre-requisite requirements you fulfil. Pre-requisites are other units that you must have passed *before* enrolling in the unit and are listed under the unit name in the course map.

Commencing full-time students should select one Minor unit for Semester 1 2026 and one Minor unit for Semester 2 2026 in the study area they have chosen.

Continuing students should continue to complete Minor units consistent with the study area they chose in the previous year. This means full-time students should select the third unit of the Minor for Semester 1 2026 and the fourth unit for Semester 2 2026.

Please note that if you are interested in any of the **Arts Minors** listed above, you need to go to the detailed 'Arts Unit Offerings 2026' list under the 'Unit Offerings' tab in your Course Enrolment Guide. This list has specific information on unit availability for 2026.

If you are interested in any of the **Health Sciences Minors** listed above, please refer to the table below for more information on unit availability for 2026.

Table 2: Health Sciences Minors – 2026 Unit Offerings

Discipline	Unit Code	Unit Title	Year Level	Melbourne	Strathfield	Pre-requisites
Counselling - COUN	HLSC120	Indigenous Health and Culture	1 st year	Sem 1	Sem 1	Nil
	COUN111	Contemporary Approaches to Counselling	1 st year	Sem 2	Sem 2	Nil
	COUN230	Applied Counselling Skills and Case Management	2 nd year	Sem 1	Sem 1	COUN111 & PSYC108
	COUN231	Ethical and Professional Practice in Counselling	2 nd year	Sem 2	Sem 2	COUN111 or PSYC108
Criminology - CRMN	LCRM101*	Introduction to Criminology	1 st year	Sem 1	Sem 1*	Nil
	LCRM104*	Juvenile Justice	1 st year	Sem 2	Sem 2*	Nil
	LCRM201*	Introduction to Forensic Psychology and the Law	2 nd year	Sem 1	Sem 1*	LCRM101 or LCRM103
	LCRM207*	Corrections and Rehabilitation of Offenders	2 nd year	Sem 2	Sem 2*	LCRM101
Exercise Science (Exercise and Nutrition) - EXEN	BIOL125	Human Biology 1	1 st year	Sem 1	Sem 1	Nil
	NUTR101	Introduction to Nutrition	1 st year	Sem 2	Sem 2	Nil
	EXSC225	Physiological Bases of Exercise	2 nd year	Sem 1	Sem 1	BIOL125
	EXSC204 OR EXSC216	Exercise Prescription and Delivery OR Resistance Training: Science and Application	2 nd year	Sem 2	Sem 2	For EXSC204: EXSC225 or EXSC198 For EXSC216: EXSC225 or EXSC198
Exercise Science (Physiology and Psychology) - EXPP	EXSC199	Psychology of Sport	1 st year	Sem 1	Sem 1	Nil
	BIOL125	Human Biology 1	1 st year	Sem 2	Sem 2	Nil
	EXSC225	Physiological Bases of Exercise	2 nd year	Sem 1	Sem 1	BIOL125
	EXSC296	Health and Exercise Psychology	2 nd year	Sem 2	Sem 2	EXSC199 or (PSYC100 & PSYC101)

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Discipline	Unit Code	Unit Title	Year Level	Melbourne	Strathfield	Pre-requisites
Human Biology - HBIO **Semester 1 Entry Students ONLY**	BIOL125	Human Biology 1	1 st year	Sem 1	Sem 1	Nil
	BIOL126*	Human Biology 2	1 st year	Sem 2	Sem 2*	BIOL125
	BMSC209*	Pathophysiology	2 nd year	Sem 1	Sem 1*	BIOL126 or BIOL204
	BIOL205* OR BMSC206*	Pharmacology 1 OR Introduction to Neuroscience	2 nd year	Sem 2	Sem 2*	For BIOL205: BMSC209 For BMSC206: BIOL125
Human Biology **Semester 2 Entry Students ONLY**	BIOL125	Human Biology 1	1 st year	Sem 2	Sem 2	Nil
	BIOL123* (prior to 2026) OR BIOL130 (from 2026)	Cells and Tissues – The Fabric of Life Cell Biology and Laboratory Skills	1 st year	Sem 1	Sem 1*	Nil
	BMSC206*	Introduction to Neuroscience	2 nd year	Sem 2	Sem 2*	BIOL125
	BIOL206* OR BMSC309 (Online)	Human Genetics Advanced Cardiovascular Physiology	2 nd year	Sem 1	Sem 1*	For BIOL206: BIOL123 or BIOL125 For BMSC309: BIOL125

*** Note for Strathfield students:** These units are only offered on the North Sydney campus, not on the Strathfield campus. You could only undertake this Minor if you were willing to travel between campuses.

2. Selection of Elective Units

In the Bachelor of Psychology (Honours), in addition to selecting a Minor, you will need to choose 30 credit points in elective units. Of these 30cp, you need to select at least 10cp from the list of Psychology electives. The other 20cp can be a combination of Psychology electives or general electives.

First year students should enrol in a general elective rather than a psychology elective.

2.1. Selection of a General Elective

A general elective can be any undergraduate unit offered at the university that you are eligible to enrol in - that is you must meet any prerequisite requirements for it. The general elective *cannot* be a unit that is required as part of your degree or a unit that forms part of your chosen minor.

The easiest way to select a general elective is to look at the units offered as part of other minors. For first year students we recommend that you pick a general elective at the 100-level (i.e. XXXX1XX).

For your second general elective, you can also pick a unit from the psychology electives listed in Table 3 above.

2.2. Selection of a Psychology Elective

Psychology electives are normally taken in years 2 or 3 of the course (not in first year). Please refer to the table below to find a suitable Psychology Elective Unit on your campus.

Please refer to the [2026 ACU Handbook](#) to review the unit description of units that interest you, so you can find out more about their content and aim. Please follow the link to the Handbook, select 'Unit' above the search bar and then enter the unit code of a unit you would like to learn more about. Please note that unit availability and study modes are subject to change.

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Table 3: 2026 Psychology Electives

Unit Code	Unit Title	Location/s	Study Period	Mode	Pre-requisites
PSYC207	Culture and Psychology	Melbourne	Semester 2	Attendance	PSYC100 & PSYC101
PSYC224	Emotion and Social Cognition	Melbourne, Strathfield	Semester 2	Attendance	PSYC100 & PSYC101 & PSYC110 or PSYC104
PSYC317	Introduction to Neuropsychology	Strathfield	Semester 2	Attendance	PSYC315
PSYC322	Critical Thinking and Research Skills for Psychology	Melbourne, Strathfield	Semester 2	Online	PSYC206 or PSYC226 & PSYC213 or PSYC214
PSYC225 * (prev. PSYC109)	Applied Positive Psychology	Rome	TBC	Rome (SRM)	Nil

* **PSYC225** might be offered in Rome as part of ACU's Semester in Rome (ACUSiR) program. Click [here](#) for more information.