Master of Sports and Exercise Physiotherapy/Master of High Performance Sport (Information last updated on 31 January 2024)



Course Maps

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Master of Sports and Exercise Physiotherapy/Master of High Performance Sport

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Course Map

Master of Sports and Exercise Physiotherapy-Master of High Performance Sport February Entry – Full-Time 2022 or 2023

Students who are out of sequence due to Mid-Year enrolment or progression issues and students to commenced prior to 2022 should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
ACU Term 1	PHTY614 (10cp) Advanced Principles of Human Movement for Exercise and Sports Performance Online Scheduled	EXSC510 (10cp) Strength and Conditioning for Performance and Rehabilitation Online Unscheduled Also available ACU Term 3		
ACU Term 2	EXSC651 (10cp) Sports Injury Prevention Online Unscheduled Also available ACU Term 4	HLSC640 (10cp) Interpreting Health Research Online Unscheduled OR HLSC641 (10cp) Introduction to Health Sciences Research Online Unscheduled		
ACU Term 3	PHTY616 (10cp) Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists Online Scheduled	PHTY617 (10cp) Physiotherapists Working in Sport Online Scheduled		
ACU Term 4	PHTY615 (10cp) Clinical Exercise for Health and Performance Across the Lifespan Online Scheduled	HLSC642 (10cp) Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled		
		YEAR 2		
ACU Term 1	PHTY618 (10cp) Leadership, Management and Advocacy for Sports and Exercise Physiotherapists Online Scheduled	PHTY606 (10cp) Physiotherapy Research Project A (Pre: Either HLSC640 or HLSC641 and either HLSC642, HLSC646 or HLSC647) Online Scheduled Also available ACU Term 2 and ACU Term 4		
ACU Term 2	EXSC669 (10cp) Rehabilitation for Return to Sports Performance Online Scheduled	Elective Unit (10cp) See Unit Offerings 2024 Tab		
ACU Term 3	EXSC674 (10cp) Contemporary Practice in Strength and Conditioning (Pre: EXSC510) Online Scheduled	Elective Unit (10cp) See Unit Offerings 2024 Tab		
ACU Term 4	PHTY607 (10cp) Physiotherapy research project B (Pre: PHTY606)	EXSC650 (10cp) Fatigue, Recovery, Adaptation and		

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Online Scheduled Also available ACU Term 2 Performance Online Scheduled

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Course Map

Master of Sports and Exercise Physiotherapy-Master of High Performance Sport February Entry – Part-Time 2022 or 2023

Students who are out of sequence due to Mid-Year enrolment or progression issues and students to commenced prior to 2022 should seek a course advice meeting with the relevant Course Coordinator.

ACU Term 1 ACU Term 2 ACU Term 2 ACU Term 3 ACU Term 4 ACU Term 3 ACU Term 3 ACU Term 4 ACU Term 3 ACU Term 5 ACU Term 1 ACU Term 1 ACU Term 3 ACU Term 3 ACU Term 3 ACU Term 4 ACU Term 5 ACU Term 1 ACU Term 3 ACU Term 3 ACU Term 4 ACU Term 5 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 1 ACU Term 1 ACU Term 1 ACU Term 2 BYSAC61 (10cp) Contemporary Practice in Sort in July Prevention Online Unscheduled ACU Term 2 ACU Term 2 ACU Term 3 ACU Term 3 ACU Term 4 ACU Term 5 ACU Term 5 ACU Term 5 ACU Term 1 ACU Term 2 ACU Term 3 BUSAC64 (10cp) Contemporary Prevention Online Unscheduled ACU Term 4 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 8 ACU Term 8 ACU Term 8 ACU Term 9 ACU Term 1 ACU Term 2 ACU Term 3 ACU Term 4 ACU Term 4 ACU Term 5 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 1 ACU Term 2 ACU Term 3 ACU Term 4 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 8 ACU Term 8 ACU Term 9 ACU Term 9 ACU Term 1 ACU Term 2 ACU Term 3 ACU Term 4 ACU Term 4 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 8 ACU Term 8 ACU Term 8 ACU Term 9 ACU Term 9 ACU Term 9 ACU Term 9 ACU Term 1 ACU Term 1 ACU Term 1 ACU Term 1 ACU Term 2 ACU Term 3 ACU Term 4 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 7 ACU Term 8 ACU Term 8 ACU Term 8 ACU Term 9 ACU T	ig with the relevant Godine Good	YEAR 1	
Term 2 Interpreting Health Research Online Unscheduled OR HLSC641 (10cp) Introduction to Health Sciences Research Online Unscheduled ACU Term 3 PHTY615 (10cp) Clinical Exercise for Health and Performance and Online Unscheduled Alato available ACU Term 3 ACU Term 4 Contine Unscheduled Alato available ACU Term 3 ACU Term 1 EXSC674 (10cp) Contemporary Practice in Strength and Conditioning (Pre-EXSC510) Online Scheduled ACU Term 2 EXSC654 (10cp) Contemporary Practice in Strength and Conditioning (Pre-EXSC510) Online Scheduled ACU Term 3 ACU Term 4 ACU Term 4 ACU Term 5 ACU Term 7 ACU Term 8 ACU Term 9 ACU Term 9 ACU Term 1 ACU Term 9 Borts Injury Frevention Online Unscheduled Alato available ACU Term 4 ACU Term 9 Blostatistics for Health Sciences Online Unscheduled Practice for Physiotherapists Online Scheduled ACU Term 4 ACU Term 4 ACU Term 4 ACU Term 8 ACU Term 9 Blostatistics for Health Sciences Online Unscheduled ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre-ILSC646 or HLSC641) Online Unscheduled	Advanced Principles of Human Movement for Exercise and Sports Performance		
Term 3 Strength and Conditioning for Performance and Rehabilitation Online Unscheduled Also available ACU Term 3 ACU Term 4 PHTY615 (10cp) Clinical Exercise for Health and Performance Across the Lifespan Online Scheduled YEAR 2 EXSC674 (10cp) Contemporary Practice in Strength and Conditioning (Pre: EXSC510) Online Scheduled ACU Term 1 ACU Term 2 Sports Injury Prevention Online Unscheduled ACU Term 3 ACU Term 4 ACU Term 4 ACU Term 4 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 7 ACU Term 8 ACU Term 8 ACU Term 9 Contine Unscheduled Also available ACU Term 6 ACU Term 1 ACU Term 1 ACU Term 1 ACU Term 4 ACU Term 4 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 1 ACU Term 1 ACU Term 1 ACU Term 1 ACU Term 2 ACU Term 4 ACU Term 4 ACU Term 4 ACU Term 5 ACU Term 6 ACU Term 7 ACU Term 1 ACU Term 1 ACU Term 1 ACU Term 2 Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled	Interpreting Health Research Online Unscheduled OR HLSC641 (10cp) Introduction to Health Sciences Research		
Term 4 Clinical Exercise for Health and Performance Across the Lifespan Online Scheduled YEAR 2 ACU Term 1 Contemporary Practice in Strength and Conditioning (Pre: EXSC510) Online Scheduled ACU Term 2 Sports Injury Prevention Online Unscheduled Also available ACU Term 4 ACU Term 3 HTS616 (10cp) Sports Injury Prevention Online Unscheduled Also available ACU Term 4 ACU Term 4 HLSC642 (10cp) Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists Online Scheduled ACU Term 4 HLSC642 (10cp) Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled AISO available ACU Term 2 OR HLSC640 or HLSC641) Online Unscheduled	Strength and Conditioning for Performance and Rehabilitation Online Unscheduled		
ACU Term 1 Contemporary Practice in Strength and Conditioning (Pre: EXSC510) Online Scheduled ACU Term 2 EXSC651 (10cp) Sports Injury Prevention Online Unscheduled Also available ACU Term 4 ACU Term 3 PHTY616 (10cp) Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists Online Scheduled ACU Term 4 HLSC642 (10cp) Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled	Clinical Exercise for Health and Performance Across the Lifespan		
Term 1 Contemporary Practice in Strength and Conditioning (Pre: EXSC510) Online Scheduled ACU Term 2 Sports Injury Prevention Online Unscheduled Also available ACU Term 4 ACU Term 3 PHTY616 (10cp) Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists Online Scheduled ACU Term 4 HLSC642 (10cp) Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled		YEAR 2	
Term 2 Sports Injury Prevention Online Unscheduled Also available ACU Term 4 ACU Term 3 PHTY616 (10cp) Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists Online Scheduled ACU Term 4 HLSC642 (10cp) Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled	Contemporary Practice in Strength and Conditioning (Pre: EXSC510)		
Term 3 Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists Online Scheduled HLSC642 (10cp) Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled	Sports Injury Prevention Online Unscheduled		
Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled	Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists		
	Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641)	YEAR 3	

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ACU Term 1	PHTY618 (10cp) Leadership, Management and Advocacy for Sports and Exercise Physiotherapists Online Scheduled		
ACU Term 2	EXSC669 (10cp) Rehabilitation for Return to Sports Performance Online Scheduled		
ACU Term 3	PHTY617 (10cp) Physiotherapists Working in Sport Online Scheduled		
ACU Term 4	PHTY606 (10cp) Physiotherapy Research Project A (Pre: Either HLSC640 or HLSC641 and either HLSC642, HLSC646 or HLSC647) Online Scheduled Also available ACU Term 1 and ACU Term 2		
		YEAR 4	
ACU Term 1	Elective Unit (10cp) See Unit Offerings 2024 Tab		
ACU Term 2	PHTY607 (10cp) Physiotherapy research project B (Pre: PHTY606) Online Scheduled Also available ACU Term 4		
ACU Term 3	Elective Unit (10cp) See Unit Offerings 2024 Tab		
ACU Term 4	EXSC650 (10cp) Fatigue, Recovery, Adaptation and Performance Online Scheduled		

Master of Sports and Exercise Physiotherapy/Master of High Performance Sport

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Course Map

Master of Sports and Exercise Physiotherapy-Master of High Performance Sport Mid-Year Entry – Full-Time 2022 or 2023

Students who are out of sequence due to Mid-Year enrolment or progression issues and students to commenced prior to 2022 should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
ACU Term 3	EXSC510 (10cp) Strength and Conditioning for Performance and Rehabilitation Online Unscheduled Also available ACU Term 1	HLSC640 (10cp) Interpreting Health Research Online Unscheduled OR HLSC641 (10cp) Introduction to Health Sciences Research Online Unscheduled		
ACU Term 4	EXSC651 (10cp) Sports Injury Prevention Online Unscheduled Also available ACU Term 4	HLSC642 (10cp) Biostatistics for Health Sciences Online Unscheduled Also available ACU Term 2 OR HLSC646 (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) Online Unscheduled		
		YEAR 2		
ACU Term 1	PHTY614 (10cp) Advanced Principles of Human Movement for Exercise and Sports Performance Online Scheduled	EXSC674 (10cp) Contemporary Practice in Strength and Conditioning (Pre: EXSC510) Online Scheduled		
ACU Term 2	PHTY606 (10cp) Physiotherapy Research Project A (Pre: Either HLSC640 or HLSC641 and either HLSC642, HLSC646 or HLSC647) Online Scheduled Also available ACU Term 1 and ACU Term 4	EXSC650 (10cp) Fatigue, Recovery, Adaptation and Performance Online Scheduled		
ACU Term 3	PHTY616 (10cp) Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists Online Scheduled	PHTY617 (10cp) Physiotherapists Working in Sport Online Scheduled		
ACU Term 4	PHTY615 (10cp) Clinical Exercise for Health and Performance Across the Lifespan Online Scheduled	EXSC669 (10cp) Rehabilitation for Return to Sports Performance Online Scheduled		

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	YEAR 2			
ACU Term 1	PHTY618 (10cp) Leadership, Management and Advocacy for Sports and Exercise Physiotherapists Online Scheduled	Elective Unit (10cp) See Unit Offerings 2024 Tab		
ACU Term 2	PHTY607 (10cp) Physiotherapy research project B (Pre: PHTY606) Online Scheduled Also available ACU Term 4	Elective Unit (10cp) See Unit Offerings 2024 Tab		

Master of Sports and Exercise

Physiotherapy/Master of High Performance Sport

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PLEASE NOTE FOR THE MAP ABOVE

Prerequisites ('Pre.') are added in italics. Prerequisites are other units that you must have passed before enrolling in the unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

Online: Unit delivered fully online (including assessments).

OU - Online unscheduled

Learning activities are accessible anytime, anywhere. These units are normally delivered fully online and **will not** appear in a student's timetable.

OS - Online scheduled

All learning activities are held online, at scheduled times, and will require some attendance to enable online interaction. Activities will appear in a student's timetable

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School Allied Health - Administration	Email: admin.soahSYD@acu.edu.au
(Brisbane, Melbourne and North Sydney and Online)	
National Course Coordinator	Shreya McLeod
(Brisbane, Melbourne and North Sydney and Online)	Email: Shreya.Mcleod@acu.edu.au

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the Student Portal.