

Nutrition Science

2027 Elective Units and Specified and Elective units for Majors and Minors

Last updated 1 September 2026

Bachelor of Nutrition Science – No Majors or Minors.....	2
Bachelor of Nutrition Science – Major Culinary Nutrition.....	4
Bachelor of Nutrition Science – Major Food Science.....	6
Bachelor of Nutrition Science – Major Public Health	8
Bachelor of Nutrition Science – Communication in Health	9
Bachelor of Nutrition Science – Minor Health Science.....	12
Bachelor of Nutrition Science – Minor International Development.....	15
Bachelor of Nutrition Science – Minor Psychology.....	16
Bachelor of Nutrition Science – Minor Sports Nutrition students commencing prior to 2027.....	17
Bachelor of Nutrition Science – Minor Sports Nutrition students commencing from 2027	18

Please refer to the [2027 ACU Handbook](#) for descriptions of Elective units.

Bachelor of Nutrition Science – No Nominated Major or Minor –

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Summer Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225) or BIOL234)

Professional Term 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR308*	Food and Culture Study Tour INT							Pre: Completion of 80cp

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR404	Advanced Culinary Nutrition Science		Nth Syd M		M		M	Pre: (CHEM112 or CHED112) and (NUTR102 or NUTD102) and NUTR202

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BIOL206	Human Genetics			A	A		A	Pre: BIOL123 or BIOL125
BUSN105	Financial Literacy				A		A	Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105
BUSN113	Managing People and Organisations				A		A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials				A		A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
COMM102	Introduction to Communication	OS						Pre: NIL
ENTR301	Managing Entrepreneurship and Innovation				A		A	Pre: NIL
HLSC120	Indigenous Health and Culture		A	A	A	A	A	Pre: NIL
HLSC220*	Healthcare Ethics		M	M	M	M	M	Pre: NIL
MKTG209	Digital Marketing: The Connected Space				A		A	Pre: NIL
NUTR309*	Work Placement 1		Nth Syd M		M		M	Pre: NUTR202
PSYC100	Foundations of Psychology				A	A		Pre: NIL
PSYC108	Psychological Practice: Theory and Techniques				A	A		Pre: NIL

Continued

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225) or BIOL234)
NUTR308*	Food and Culture Study Tour INT							Pre: Completion of 80cp
NUTR405	Foods for Special Diets		Nth Syd M		M		M	Pre: NUTR404

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BIOL205	Introduction to Pharmacology			A	A		A	Pre: BMSC209
BMSC110	Communicating Ideas in Science			A	A		A	Pre: NIL
BMSC207	Microbiology and Immunology			A	A		A	Pre: BIOL123 or BIOL125
BUSN105	Financial Literacy				A		A	Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105
BUSN113	Managing People and Organisations				A		A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials				A		A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
*COMM105 OR *DESN244	Social Media Design for Social Media	OS OS						Pre: NIL Pre: NIL
ENTR201	Entrepreneurial Mindset	OS						Pre: NIL
HLSC120	Indigenous Health and Culture		A					Pre: NIL
HLSC220*	Healthcare Ethics		M	M	M	M	M	Pre: NIL
NUTR310	Work Placement 2		Nth Syd M		M		M	Pre: NUTR309
NUTR311	Food, Society and the Environment		Nth Syd M		M		M	Pre: NUTR202 and (PUBH202 or PSYC226))
PSYC101	Applications of Psychology				A	A		Pre: NIL
PSYC212*	Abnormal Psychology				A	A		Pre: PSYC100 and PSYC101
SOCS243	Global Health	OS						Pre: NIL

*HLSC220 may also be offered in Rome in 2027. Please see [‘Study health sciences overseas – ACU’](#) for more information.

*NUTR308 Will be offered in Rome in PT1 2027-2028 (or equivalent International Term) in and Bali in Winter 2026-2028. Please see [‘Study health sciences overseas – ACU’](#) for more information.

*NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit.

!NUTR311 **Restricted Elective**: Students commencing prior to 2025 may enrol in NUTR311, as an Elective

*PSYC212 may also be offered in Rome in 2027. Please see [‘Study health sciences overseas – ACU’](#) for more information.

* Select **either** COMM105 Social Media **or** DESN244 Design for Social Media.

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience **w**

Bachelor of Nutrition Science – Major Culinary Nutrition Electives

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Professional Term 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour INT							<i>Pre: Completion of 80cp</i>

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy				A		A	Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105
BUSN113	Managing People and Organisations				A		A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials				A		A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
COMM102	Introduction to Communication	OS						Pre: NIL
ENTR301	Managing Entrepreneurship and Innovation				A		A	Pre: NIL
DESN227	Web Design				M	M		Pre: NIL
MKTG209	Digital Marketing: The Connected Space				A		A	Pre: NIL
NUTR309*	Work Placement 1		Nth Syd M		M		M	Pre: NUTR202

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR308*	Food and Culture Study Tour INT							<i>Pre: Completion of 80cp</i>

Semester 2

[illegible]

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*COMM105 OR *DESN244	Social Media Design for Social Media	OS OS						Pre: NIL Pre: NIL
NUTR310	Work Placement 2		Nth Syd M		M		M	Pre: NUTR309

* NUTR308 Will be offered in Rome in PT4 2026 and Bali in Summer 2026. Please see '[Study health sciences overseas – ACU](#)' for more information.

*NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit

* Select **either** COMM105 Social Media **or** DESN244 Design for Social Media.

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

INT = International Experience

Bachelor of Nutrition Science – Major Food Science Electives

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Professional Term 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*NUTR308	Food and Culture Study Tour INT							Pre: Completion of 80cp

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR404	Advanced Culinary Nutrition Science		Nth Syd M		M		M	Pre: (CHEM112 or CHED112) and (NUTR102 or NUTD102) and NUTR202

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy				A		A	Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105
BUSN113	Managing People and Organisations				A		A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials				A		A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
COMM102	Introduction to Communication	OS						Pre: NIL
DESN227	Web Design				M	M		Pre: NIL
ENTR301	Managing Entrepreneurship and Innovation				A		A	Pre: NIL
MKTG209	Digital Marketing: The Connected Space				A		A	Pre: NIL

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*NUTR308	Food and Culture Study Tour INT							Pre: Completion of 80cp
NUTR405	Foods for Special Diets		Nth Syd M		M		M	Pre: NUTR404

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy				A		A	Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105
BUSN113	Managing People and Organisations				A		A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials				A		A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
*COMM105 OR *DESN244	Social Media	OS						Pre: NIL
	Design for Social Media	OS						Pre: NIL
NUTR310	Work Placement 2		Nth Syd M		M		M	Pre: NUTR309
MKTG202	Marketing Communications: Engaging Stakeholders				A		A	Pre: NIL

*NUTR308 Will be offered in Rome in PT1 2026-2028 (or equivalent International Term) in and Bali in Winter 2026-2028. Please see [Study health sciences overseas – ACU](#) for more information.

*Select **either** COMM105 Social Media **or** DESN244 Design for Social Media.

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – **Major Public Health Electives, MELBOURNE ONLY**

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH304	Public Health Advocacy				A			<i>Pre: PUBH100 or PUBH102 or PUBD102</i>

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH303	Applied Public Health Communication				M			<i>Pre: PUBH100 or PUBH102 or PUBD102</i>
PUBH305	Applied Public Health 2				M			<i>Pre: PUBH302</i>
PUBH312	Applied Public Health Promotion				M			<i>Pre: PUBH102 or PUBD102</i>

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Communication in Health – Specified units

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
COMM102	Introduction to Communication	OS						Pre: NIL
DESN227	Web Design				M	M		Pre: NIL

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*COMM105 OR *DESN244	Social Media Design for Social Media	OS						Pre: NIL
		OS						Pre: NIL
MKTG202	Marketing Communications: Engaging Stakeholders				A		A	Pre: NIL

* Select **either** COMM105 Social Media **or** DESN244 Design for Social Media.

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Minor Exercise Science commencing prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Summer Term 2027 (commencing November)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC225*	Physiological bases of Exercise		M	M	M	M		Pre: BIOL125
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)

*EXSC225 Physiological Bases of Exercise to be replaced in 2028 with retitled and recoded unit EXSC226 Exercise Physiology

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
ANAT100	Anatomical Foundations of Exercise Science		A	A	A	A		Pre: NIL

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC296	Health and Exercise Psychology							Pre: EXSC199 or (PSYC100 and PSYC101)

*EXSC226 Exercise Physiology will be offered for the first time in 2028. (Pre: BIOL125)

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Minor Exercise Science commencing from 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC123	Introduction to Exercise Science		A	A	A	A		Pre: NIL
EXSC187	Growth, Motor Development and Ageing		A	A	A	A		Pre: NIL

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC230	Motor Control and Learning		M	M	M	M		Pre: EXSC199 or (PSYC100 and PSYC101)

*EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Bachelor of Nutrition Science – Minor Health Science commencing prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Summer Term 2027 (commencing November)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC225*	Physiological Bases of Exercise		M	M	M	M		Pre: BIOL125

*EXSC225 Physiological Bases of Exercise to be replaced in 2028 with retitled and recoded unit EXSC226 Exercise Physiology

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HLSC120	Indigenous Health and Culture		A	A	A	A	A	Pre: NIL
PSYC100	Foundations of Psychology				A	A		Pre: NIL

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BMSC110	Communicating Ideas in Science				A	A		Pre: NIL
BMSC306	Advanced Physiology	OS						Pre: BIOL204 or BIOL126
**EXSC296	Health and Exercise Psychology							Pre: EXSC199 or (PSYC100 and PSYC101)
SOCS243	Global Health	OS						Pre: NIL

*EXSC226 Exercise Physiology will be offered for the first time in 2028. (Pre: BIOL125)

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Minor Health Science commencing from 2027 (Title of Minor changed to Health Science Foundations from 2027)

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HLSC120	Indigenous Health and Culture		A	A	A	A	A	<i>Pre: NIL</i>
PSYC100	Foundations of Psychology				A	A		<i>Pre: NIL</i>

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BMSC110	Communicating Ideas in Science				A	A		<i>Pre: NIL</i>
BMSC306	Advanced Physiology	OS						<i>Pre: BIOL204 or BIOL126</i>
**EXSC296	Health and Exercise Psychology							<i>Pre: EXSC199 or (PSYC100 and PSYC101)</i>
SOCS243	Global Health	OS						<i>Pre: NIL</i>

*EXSC226 Exercise Physiology will be offered for the first time in 2028. (*Pre: BIOL125*)

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Minor Indigenous Australia

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST251	Human Rights in History			M	M	M		<i>Pre: NIL</i>
HLSC120	Indigenous Health and Culture		A	A	A	A	A	<i>Pre: NIL</i>

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST106	Australian Indigenous Peoples Past and Present			M	M	M		<i>Pre: NIL</i>
SOCS243	Global Health	OS						<i>Pre: NIL</i>

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Minor International Development

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST115	Global History: Six Degrees of Separation			M	M	M	M	Pre: NIL
OR POLS104	Introduction to International Relations				M		M	Pre: NIL
GEOG111	Exploring Human Environments			M	M	M		Pre: NIL

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
SOCS243	Global Health	OS						Pre: NIL

ACU Term 4

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST214	Immigrants and Refugees in Australian History	OS						10 cp from 100-level units in History or Sociology including HIST115

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Minor Psychology

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PSYC100	Foundations of Psychology				A	A		Pre: NIL
PSYC200	Life Span Development				A		A	Pre: PSYC100 and PSYC101

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PSYC101	Applications of Psychology				A	A		Pre: NIL
PSYC212*	Abnormal Psychology				A	A		Pre: PSYC100 and PSYC101
PSYC221**	Psychology of Eating Behaviour TBC							Pre: PSYC100 and PSYC101

* PSYC212 may also be offered in Rome in 2027. Please see '[Study health sciences overseas – ACU](#)' for more information.

** PSYC221 may not be offered in 2027

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Minor Sports Nutrition students commencing prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Summer Term 2027 (commencing November)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC225*	Physiological Bases of Exercise		M	M	M	M		Pre: BIOL125
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)

*EXSC225 Physiological Bases of Exercise to be replaced in 2028 with retitled and recoded unit EXSC226 Exercise Physiology

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC121 replaced by	Exercise and Sports Science: Starting the Journey							
EXSC123	Introduction to Exercise Science		M	M	M	M		Pre: Nil
NUTR309+	Work Placement 1		Nth Syd M		M		M	Pre: NUTR202

+NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC296	Health and Exercise Psychology							Pre: EXSC199 or (PSYC100 and PSYC101)

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

Bachelor of Nutrition Science – Minor Sports Nutrition students commencing from 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2027:

Summer Term 2027 (commencing November)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC123	Introduction to Exercise Science		M	M	M	M		Pre: Nil

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)

*EXSC226 Exercise Physiology offered for the first time in 2028

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience

PLEASE NOTE FOR THE MAPs ABOVE

Prerequisites ('*Pre:*') and Incompatibles ('*Inc:*') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Adviser prior to enrolling.

UNIT STUDY MODES

The study mode describes the way that a unit is taught.

All units are delivered in Attendance mode, unless otherwise indicated in the map.

A - Attendance

Most learning activities or classes are delivered at a scheduled time, on campus, or approved ACU delivery site, to enable in-person interactions. Activities will appear in a student's timetable.

M - Multi-mode

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

OS - Online Scheduled

Fully online with learning activities held at scheduled times.

OU - Online unscheduled

Learning activities are accessible at anytime, anywhere. These units are normally delivered fully online and will not appear in a student's timetable.

Course Advice

Course Advisers are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Adviser. Any student studying outside the above sequence should consult with their Course Adviser prior to enrolling. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Nutrition Science Administration Email: nutrition.admin@acu.edu.au
National Course Adviser	In 2026 contact: Dr Emma Beckett (Senior Lecturer Nutrition and Food Science) Email: Emma.Beckett@acu.edu.au From February 2027 contact: Dr Ryan Tam (Senior Lecturer Nutrition Science) Email. Ryan.Tam@acu.edu.au