

Nutrition Science

2026 Elective Units

Last updated 16 September 2025

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Please refer to the [2026 ACU Handbook](#) for descriptions of Elective units.

Bachelor of Nutrition Science – No Major or Minor

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2026:

Summer Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC225 or BIOL234)

Professional Term 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR308*	Food and Culture Study Tour INT							Pre: Completion of 80cp

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR404	Advanced Culinary Nutrition Science				M		M	Pre: (CHEM112 or CHED112) and (NUTR102 or NUTD102) and NUTR202

Semester 1 (Students commencing prior to 2025 may enrol in NUTR311, Food Society and Environment as an elective)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BIOL206	Human Genetics			A	A		A	Pre: BIOL123 or BIOL125
BUSN105	Financial Literacy		A	A	A	A	A	Pre: NIL Inc: ACCT100, BUSD104, BUSZ104, BUSD105, BUSZ105
BUSN113	Managing People and Organisations		A	A	A	A	A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials		A	A	A	A	A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
COMM102	Introduction to Communication	OS						Pre: NIL
DESN227	Web Design			M	M	M		Pre: NIL
ENTR301	Managing Entrepreneurship and Innovation			A	A	A	A	Pre: NIL Inc: MGMT311
HLSC120	Indigenous Health and Culture		A	A	A	A	A	Pre: NIL
HLSC220*	Healthcare Ethics		M	M	M	M	M	Pre: NIL
MKTG209	Digital Marketing: The Connected Space			M	M	M	M	Pre: NIL
NUTR309*	Work Placement 1		Nth Syd M		M		M	Pre: NUTR202
PSYC100	Foundations of Psychology				A	A		Pre: NIL
PSYC108	Psychological Practice: Theory and Techniques				A		A	Pre: NIL

Continued

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						Pre: NUTR101 and (EXSC225 or BIOL234)
NUTR308*	Food and Culture Study Tour INT							Pre: Completion of 80cp
NUTR405	Foods for Special Diets		Nth Syd M		M		M	Pre: NUTR404

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BIOL205	Introduction to Pharmacology			A	A		A	Pre: BIOL124 or BMSC209
BMSC110	Communicating Ideas in Science			A	A		A	Pre: NIL
BMSC207	Microbiology and Immunology			A	A		A	Pre: BIOL123 or BIOL125
BUSN105	Financial Literacy		A	A	A	A	A	Pre: NIL Inc: ACCT100, BUSD104, BUSZ104, BUSD105, BUSZ105
BUSN113	Managing People and Organisations		A	A	A	A	A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials		A	A	A	A	A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
COMM105	Social Media	OS						Pre: NIL
HLSC120	Indigenous Health and Culture		A					Pre: NIL
HLSC220*	Healthcare Ethics		M	M	M	M	M	Pre: NIL
MKTG202	Marketing Communications: Engaging Stakeholders			A	A	A	A	Pre: NIL
NUTR310	Work Placement 2		Nth Syd M		M		M	Pre: NUTR309
PSYC101	Applications of Psychology				A	A		Pre: NIL
PSYC212*	Abnormal Psychology				A	A		Pre: PSYC100 and PSYC101
SOCS243	Global Health	OS						Pre: NIL

* HLSC220 may also be offered in Rome in 2027. Please see '[Study health sciences overseas – ACU](#)' for more information.

* NUTR308 Will be offered in Rome in PT1 2027-2028 (or equivalent International Term) in and Bali in Winter 2026-2028. Please see '[Study health sciences overseas – ACU](#)' for more information.

* NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit.

* PSYC212 may also be offered in Rome in 2027. Please see '[Study health sciences overseas – ACU](#)' for more information.

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT = International Experience **w**

Bachelor of Nutrition Science – Major Culinary Nutrition

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2026:

Professional Term 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour INT							Pre: Completion of 80cp

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy		A	A	A	A	A	Pre: NIL Inc: ACCT100, BUSD104, BUSZ104, BUSD105, BUSZ105
BUSN113	Managing People and Organisations		A	A	A	A	A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials		A	A	A	A	A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
COMM102	Introduction to Communication	OS						Pre: NIL
DESN227	Web Design			M	M	M		Pre: NIL
ENTR301	Managing Entrepreneurship and Innovation			A	A	A	A	Pre: NIL Inc: MGMT311
MKTG209	Digital Marketing: The Connected Space			A	A	A	A	Pre: NIL
NUTR309*	Work Placement 1		Nth Syd M		M		M	Pre: NUTR202

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR308*	Food and Culture Study Tour INT							Pre: Completion of 80cp

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BMSC207	Microbiology and Immunology			A	A		A	Pre: BIOL123 or BIOL125
BUSN105	Financial Literacy		A	A	A	A	A	Pre: NIL Inc: ACCT100, BUSD104, BUSZ104, BUSD105, BUSZ105
BUSN113	Managing People and Organisations		A	A	A	A	A	Pre: NIL Inc: MGMT100, BUSD113
Continued								
BUSN114	Marketing Essentials		A	A	A	A	A	Pre: NIL Inc: BUSN112,

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
								<i>BUSD112, BUSD114</i>
COMM105	Social Media	OS						<i>Pre: NIL</i>
MKTG202	Marketing Communications: Engaging Stakeholders			A	A	A	A	<i>Pre: NIL</i>
NUTR310	Work Placement 2		Nth Syd M		M		M	<i>Pre: NUTR309</i>

* NUTR308 Will be offered in Rome in PT4 2026 and Bali in Summer 2026. Please see '[Study health sciences overseas – ACU](#) for more information.

*NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
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INT = International Experience

Bachelor of Nutrition Science – Major Food Science

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2026:

Professional Term 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour INT							<i>Pre: Completion of 80cp</i>

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR404	Advanced Culinary Nutrition Science				M		M	Pre: (CHEM112 or CHED112) and (NUTR102 or NUTD102) and NUTR202

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy		A	A	A	A	A	Pre: NIL Inc: ACCT100, BUSD104, BUSZ104, BUSD105, BUSZ105
BUSN113	Managing People and Organisations		A	A	A	A	A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials		A	A	A	A	A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
COMM102	Introduction to Communication	OS						Pre: NIL
DESN227	Web Design			M	M	M		Pre: NIL
ENTR301	Managing Entrepreneurship and Innovation			A	A	A	A	Pre: NIL Inc: MGMT311
MKTG209	Digital Marketing: The Connected Space			M	M	M	M	Pre: NIL

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour INT							<i>Pre: Completion of 80cp</i>
NUTR405	Foods for Special Diets		Nth Syd M		M		M	<i>Pre: NUTR404</i>

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Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy		A	A	A	A	A	Pre: NIL Inc: ACCT100, BUSD104, BUSZ104, BUSD105, BUSZ105
BUSN113	Managing People and Organisations		A	A	A	A	A	Pre: NIL Inc: MGMT100, BUSD113
BUSN114	Marketing Essentials		A	A	A	A	A	Pre: NIL Inc: BUSN112, BUSD112, BUSD114
COMM105	Social Media	OS						Pre: NIL
NUTR310	Work Placement 2		Nth Syd M		M		M	Pre: NUTR309
MKTG202	Marketing Communications: Engaging Stakeholders			A	A	A	A	Pre: NIL

* NUTR308 Will be offered in Rome in PT1 2026-2028 (or equivalent International Term) in and Bali in Winter 2026-2028. Please see [Study health sciences overseas – ACU](#) for more information.

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INT = International Experience

Bachelor of Nutrition Science – Major Public Health MELBOURNE ONLY

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2026:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH304	Public Health Advocacy				A			<i>Pre: PUBH100 or PUBH102 or PUBD102</i>

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH303	Applied Public Health Communication				M			<i>Pre: PUBH100 or PUBH102 or PUBD102</i>
PUBH305	Applied Public Health 2				M			<i>Pre: PUBH302</i>
PUBH312	Applied Public Health Promotion				M			<i>Pre: PUBH102 or PUBD102</i>

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INT = International Experience

Bachelor of Nutrition Science – Minor Health Science

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2026

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HLSC120	Indigenous Health and Culture		A	A	A	A	A	Pre: NIL
POLS104	Introduction to International Relations			M	M		M	Pre: NIL

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC296	Health and Exercise Psychology				M			Pre: EXSC199 or (PSYC100 and PSYC101)
BMSC306	Advanced Physiology	OS			M			Pre: BIOL204 of BIOL126

Key:

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 INT= International Experience

Bachelor of Nutrition Science – Minor International Development

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2026

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST115	Global History: Six Degrees of separation			M	M	M	M	Pre: NIL
EXSC225	Physiological bases of Exercise		M	M	M	M		Pre: EXSC225 Inc: EXSC242

Key:

A = Campus Attendance M = Multi-mode OS = Online Scheduled OU = Online Unscheduled
 INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
 INT= International Experience

Bachelor of Nutrition Science – Minor Psychology

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2026

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PSYC212*	Abnormal Psychology				A	A		Pre: PSYC100 and PSYC101
PSYC221	Psychology of Eating Behaviour				A	A		Pre: PSYC100 and PSYC101

* PSYC212 may also be offered in Rome in 2027. Please see [‘Study health sciences overseas – ACU’](#) for more information.

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INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

INT = International Experience

Bachelor of Nutrition Science – Minor Sports Nutrition

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Coordinator prior to enrolling into these units. The following electives have been approved by the Course Co-ordinator for 2026:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC225	Physiological bases of Exercise		M	M	M	M		Pre: EXSC225 Inc: EXSC242
NUTR309*	Work Placement 1		Nth Syd M		M		M	Pre: NUTR202

*NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

INT = International Experience

PLEASE NOTE FOR THE MAPs ABOVE

Prerequisites ('*Pre:*') and Incompatibles ('*Inc:*') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that are extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

UNIT STUDY MODES

The study mode describes the way that a unit is taught.

All units are delivered in Attendance mode, unless otherwise indicated in the map.

A - Attendance

Most learning activities or classes are delivered at a scheduled time, on campus, or approved ACU delivery site, to enable in-person interactions. Activities will appear in a student's timetable.

M - Multi-mode

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

OS - Online Scheduled

Fully online with learning activities held at scheduled times.

OU - Online unscheduled

Learning activities are accessible at anytime, anywhere. These units are normally delivered fully online and will not appear in a student's timetable.

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Nutrition Science Administration Email: nutrition.admin@acu.edu.au
National Course Coordinator	Dr Ryan Tam (Lecturer Nutrition Science) Email: Ryan.Tam@acu.edu.au