

2027 Major Selection Information Online

Selection of a Specialisation Study Area or Discipline (Commencing students only)

As part of your course, you may choose to complete a Specialisation in an area aligned with your interests and career goals. A Specialisation provides an opportunity to develop deeper knowledge and skills in a particular discipline or field of study through a planned sequence of units.

Each Specialisation consists of 6 prescribed units (60 credit points). The units are designed to build progressively, with later units providing opportunities to develop more advanced knowledge and understanding in the selected area.

If you are interested in completing a Specialisation, please discuss your options with your Course Adviser. Your Course Adviser can provide advice about the Specialisation requirements and how the units may fit within your course progression.

A range of Specialisations aligned with High Performance Sport career interests is available at ACU. The available Specialisations are described below and are listed in Table 1.

Master of High Performance Sport Specialisations

Coaching (HPSC)

The Coaching specialisation enables students to add to their knowledge in athlete monitoring, strength and conditioning, and understanding the relationships between fatigue, adaptation, performance and injury developed through the Master of High Performance Sport degree. A series of units directly relating to the field of Coaching will ensure students are able to outline, design, deliver, and evaluate relevant concepts relating to coaching theory, coaching practice, athlete management and performance analysis in high performance sport settings.

Sports Analytics (HPSA)

The Sports Analytics specialisation enables students to add to their knowledge in athlete monitoring, strength and conditioning, and understanding the relationships between fatigue, adaptation, performance and injury developed through the Master of High Performance Sport degree. A series of units directly relating to the field of Sports Analytics will expose students to programming languages (i.e., Python and R) and ensure students are able to describe, understand, design and evaluate relevant concepts relating to sports analytics, data science and technologies to suit the sports industry.

Table 1: Specialisation

Discipline	ACU T1	ACU T2	ACU T3	ACU T4	Details
2027 Nutrition Sciences Majors					
Coaching (HPSC)	Specialisation	See Course Adviser	Specialisation	See Course Adviser	2027 High Performance Sport Specialisations See Course Enrolment Guide Course maps and Unit Tab for further details.
Sports Analytics (HPSA)	Specialisation	See Course Adviser	Specialisation	See Course Adviser	