

Course Maps

Master of High Performance Sport - February Entry 2020 or 2021	2
Master of High Performance Sport - Mid-Year Entry 2020 or 2021.....	3
Graduate Diploma in High Performance Sport - February Entry 2020 or 2021.....	4
Graduate Diploma in High Performance Sport - Mid-Year Entry 2020 or 2021	4

Course Map

Master of High Performance Sport - February Entry 2020 or 2021

Students who are out of sequence due to part-time enrolment or progression issues and students to commenced prior to 2021 should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 1	EXSC652 (10cp)* Contemporary Issues in Sports Science <i>Multimode</i> OR EXSC513 (10cp) Data Analysis and Interpretation for High Performance Sport <i>Online</i>	EXSC510 (10cp) Strength and Conditioning for Performance and Rehabilitation <i>Online</i>	EXSC650 (10cp) Fatigue, Recovery, Adaptation and Performance <i>Online</i>	EXSC651 (10cp) Sports Injury Prevention <i>Online</i>
SEM 2	EXSC652 (10cp)* Contemporary Issues in Sports Science <i>Multimode</i> OR EXSC513 (10cp) Data Analysis and Interpretation for High Performance Sport <i>Online</i>	EXSC512 (10cp) Leadership and Culture in High Performance Settings <i>Online</i>	EXSC668 (10cp) Performance Nutrition <i>Online / Multimode</i>	Elective Unit (10cp) <i>(See elective list)</i>
YEAR 2				
SEM 1	<p style="text-align: center;"><u>Option 1: Major Research Project+</u></p> <p>EXSC654 Major Research Project Part A⁺ (20 CP) <i>Online (Pre: EXSC513 and EXSC653. Inc: EXSC656 Minor Project and EXSC657 Industry Internship)</i> and EXSC655 Major Research Project Part B⁺ (20 CP) <i>Online (Pre: EXSC513 and EXSC653 and EXSC654 Inc: EXSC656 and EXSC657)</i></p> <p style="text-align: center;">OR</p> <p style="text-align: center;"><u>Option 2: Minor Project and 2 Electives</u></p> <p>EXSC656 Minor Project (20 CP) <i>Online (Pre: Successful completion of at least six units in the MHighPerfSport degree. Inc: EXSC654 and EXSC655)</i> and 2 x 10 CP Elective Units <i>Online</i></p> <p style="text-align: center;">OR</p> <p style="text-align: center;"><u>Option 3: Industry Internship and 2 Electives</u></p> <p>EXSC657 Industry Internship (20 CP) <i>(Pre: EXSC51. Inc: EXSC654)</i> and 2 x 10 CP Elective Units <i>Online</i></p> <p style="text-align: center;">OR</p> <p style="text-align: center;"><u>Option 4: Minor Project and Industry Internship</u></p> <p>EXSC656 Minor Project (20 CP) <i>Online (Pre: Successful completion of at least six units in the MHighPerfSport degree. Inc: EXSC654 and EXSC655)</i> and EXSC657 Industry Internship (20 CP) <i>(Pre: EXSC510 Inc: EXSC654)</i></p> <p><small>*EXSC652 Contemporary Issues in Sports Science is delivered as multi-mode and includes an on-campus intensive component at ACU in Melbourne TBC or USA (Notre Dame TBC). † The Major Research Project units (EXSC654 Part A <u>and</u> EXSC655 Part B) is a 12-month commitment. Students must have a GPA ≥5.5 in the first 8 units of the MHighPerfSport degree to be considered for EXSC654 and EXSC655.</small></p>			

Master of High Performance Sport - Mid-Year Entry 2020 or 2021

Students who are out of sequence due to part-time enrolment or progression issues and students to commenced prior to 2021 should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 2	EXSC652 (10cp)* Contemporary Issues in Sports Science <i>Multimode</i> OR EXSC513 (10cp) Data Analysis and Interpretation for High Performance Sport <i>Online</i>	EXSC512 (10cp) Leadership and Culture in High Performance Settings <i>Online</i>	EXSC510 (10cp) Strength and Conditioning for Performance and Rehabilitation <i>Online</i>	EXSC668 (10cp) Performance Nutrition <i>Online / Multimode</i> Elective Unit (10cp) <i>(See elective list)</i>
SEM 1	EXSC652 (10cp)* Contemporary Issues in Sports Science <i>Multimode</i> OR EXSC513 (10cp) Data Analysis and Interpretation for High Performance Sport <i>Online</i>	EXSC650 (10cp) Fatigue, Recovery, Adaptation and Performance <i>Online</i>	EXSC651 (10cp) Sports Injury Prevention <i>Online</i>	Elective Unit (10cp) <i>(See elective list)</i>
YEAR 2				
SEM 1	<p style="text-align: center;">Option 1: Major Research Project+</p> <p>EXSC654 Major Research Project Part A⁺ (20 CP) <i>Online (Pre: EXSC513 and EXSC653. Inc: EXSC656 Minor Project and EXSC657 Industry Internship)</i> and EXSC655 Major Research Project Part B⁺ (20 CP) <i>Online (Pre: EXSC513 and EXSC653 and EXSC654 Inc: EXSC656 and EXSC657)</i></p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Option 2: Minor Project and 2 Electives</p> <p>EXSC656 Minor Project (20 CP) <i>Online (Pre: Successful completion of at least six units in the MHighPerfSport degree. Inc: EXSC654 and EXSC655) and</i> 2 x 10 CP Elective Units <i>Online</i></p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Option 3: Industry Internship and 2 Electives</p> <p>EXSC657 Industry Internship (20 CP) <i>(Pre: EXSC51 .Inc: EXSC654) and</i> 2 x 10 CP Elective Units <i>Online</i></p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Option 4: Minor Project and Industry Internship</p> <p>EXSC656 Minor Project (20 CP) <i>Online (Pre: Successful completion of at least six units in the MHighPerfSport degree. Inc: EXSC654 and EXSC655) and</i> EXSC657 Industry Internship (20 CP) <i>(Pre: EXSC510 Inc: EXSC654)</i></p> <p><small>*EXSC652 Contemporary Issues in Sports Science is delivered as multi-mode and includes an on-campus intensive component at ACU in Melbourne TBC or USA (Notre Dame TBC). + The Major Research Project units (EXSC654 Part A and EXSC655 Part B) is a 12-month commitment. Students must have a GPA ≥5.5 in the first 8 units of the MHighPerfSport degree to be considered for EXSC654 and EXSC655.</small></p>			

2021 Specified Unit Availability

Specified units are offered in the semester/s shown in the maps above. Please note that EXSC651 Sports Injury Prevention and EXSC668 Performance Nutrition are also offered in Summer Term 2021 (Nov 2020 – Feb 2021)

Master of High Performance Sport
Graduate Diploma in High Performance Sport

(Information last updated on 1 October 2020)



Graduate Diploma in High Performance Sport - February Entry 2020 or 2021

Students who are out of sequence due to part-time enrolment or progression issues and students to commenced prior to 2021 should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 1	EXSC652 (10cp)* Contemporary Issues in Sports Science <i>Multimode</i> OR EXSC513 (10cp) Data Analysis and Interpretation for High Performance Sport <i>Online</i>	EXSC510 (10cp) Strength and Conditioning for Performance and Rehabilitation <i>Online</i>	EXSC650 (10cp) Fatigue, Recovery, Adaptation and Performance <i>Online</i>	EXSC651 (10cp) Sports Injury Prevention <i>Online</i>
SEM 2	EXSC652 (10cp)* Contemporary Issues in Sports Science <i>Multimode</i> OR EXSC513 (10cp) Data Analysis and Interpretation for High Performance Sport <i>Online</i>	EXSC512 (10cp) Leadership and Culture in High Performance Settings <i>Online</i>	EXSC668 (10cp) Performance Nutrition <i>Online / Multimode</i>	Elective Unit (10cp) (See elective list)

Graduate Diploma in High Performance Sport - Mid-Year Entry 2020 or 2021

Students who are out of sequence due to part-time enrolment or progression issues and students to commenced prior to 2021 should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 2	EXSC652 (10cp)* Contemporary Issues in Sports Science <i>Multimode</i> OR EXSC513 (10cp) Data Analysis and Interpretation for High Performance Sport <i>Online</i>	EXSC512 (10cp) Leadership and Culture in High Performance Settings <i>Online</i>	EXSC510 (10cp) Strength and Conditioning for Performance and Rehabilitation <i>Online</i>	EXSC668 (10cp) Performance Nutrition <i>Online / Multimode</i> Elective Unit (10cp) (See elective list)
SEM 1	EXSC652 (10cp)* Contemporary Issues in Sports Science <i>Multimode</i> OR EXSC513 (10cp) Data Analysis and Interpretation for High Performance Sport <i>Online</i>	EXSC650 (10cp) Fatigue, Recovery, Adaptation and Performance <i>Online</i>	EXSC651 (10cp) Sports Injury Prevention <i>Online</i>	Elective Unit (10cp) (See elective list)

*EXSC652 *Contemporary Issues in Sports Science* is delivered as multi-mode and includes an on-campus intensive component at ACU in Melbourne (TBC) or USA (Notre Dame TBC)

2021 Specified Unit Availability

Specified units are offered in the semester/s shown in the maps above. Please note that *EXSC651 Sports Injury Prevention* and *EXSC668 Performance Nutrition* are also offered in Summer Term 2021 (Nov 2020 – Feb 2021)

PLEASE NOTE FOR THE MAP ABOVE

Pre-requisites ('Pre:') are added in italics. Pre-requisites are other units that you must have passed *before* enrolling in the unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

Attendance: Unit delivered primarily via face-to-face or video conference attendance, at an ACU campus or another location.

Multi-mode: Unit delivered via a combination of online content and a compulsory attendance component (including examinations, practicums, residentials, etc.)

Online: Unit delivered fully online (including assessments).

Prerequisites

From 2021, you will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This will help stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Master of High Performance Sport Graduate Diploma in High Performance Sport

(Information last updated on 1 October 2020)



Electives 2021

- Students must refer to their course map first and then check the list below for availability of Elective Units prior to enrolling

Summer 2021

CODE	TITLE	Mode	Prereq
EXSC514	Sports Analytics and Visualisation	Online	Nil

Semester 1

CODE	TITLE	Mode	Prereq
EXSC653	Project Design for High Performance Sport	Online	Nil
EXSC659	Athlete Development: Strategies, Capabilities and Wellbeing	Online	Nil
EXSC669*	Exercise Rehabilitation for Return to Sports Performance	M	Nil
EXSC671	The Business of High Performance Sport	Online	Nil
EXSC672	Theoretical Foundations of Performance Analysis	Online	Nil

* includes a 2-day intensive, on-campus (attendance) component (May/June) in Melbourne or off-shore by invitation

Winter 2021

CODE	TITLE	Mode	Prereq
EXSC514	Sports Analytics and Visualisation	Online	Nil
EXSC675+	International Experience in High Performance Sport	Online	Nil

+ Enrolment in this unit requires Course Coordinator approval because this unit comprises only specific international activities organised by the School of Behavioural and Health Sciences at ACU (TBC)

Semester 2

CODE	TITLE	Mode	Prereq
EXSC515	Healthcare ethics: principles in practice	Online	Nil
EXSC653	Project Design for High Performance Sport	Online	Nil
EXSC658	Performing Under Pressure	Online	Nil
EXSC671	The Business of High Performance Sport	Online	Nil
EXSC673	Application Measurement and Evaluation in Performance Analysis	Online	Nil
EXSC674	Contemporary Practice in Strength and Conditioning	Online	EXSC510
EXSC675+	International Experience in High Performance Sport	Online	Nil

+ Enrolment in this unit requires Course Coordinator approval because this unit comprises only specific international activities organised by the School of Behavioural and Health Sciences at ACU (TBC)

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Please email your enquiry or request to make an appointment.

National Course Coordinator	Dr Rich Johnston Email: Richard.Johnston@acu.edu.au
Additional Course Advice	Associate Professor Stuart Cormack Email: Stuart.Cormack@acu.edu.au

Prerequisites

From 2021, you will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This will help stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).