

Course Map

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Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 22 September 2026)



Course Map

Brisbane, Melbourne, and Strathfield

For Students who are commencing in February 2025

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Adviser.

Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus.

Students will not be required to travel between campuses on the same day.

YEAR 1				
SEM 1 2025	BUSN114 (10cp) Marketing Essentials Previously BUSN112 (10cp) Managing Markets (Inc: MKTG100, BUSD112)	EXSC187 (10cp) Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187)	EXSC199 (10cp) Psychology of Sport (Inc: EXSD199)	ANAT100 (10cp) Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100)
SEM 2 2025	BUSN113 (10cp) Managing People and Organisations (Inc:MGMT100, BUSD113)	BUSN105 (10cp) Financial Literacy Previously BUSN104 Money Matters (Inc: ACCT100, BUSD104)	BIOL125 (10cp) Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204)	ITEC100 (10cp) Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111)
YEAR 2				
SEM 1 2026	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECNON105, ECON104 ECOD200) Multi-mode	ITEC200 (10cp) Data and Information Management (Inc: DATA200, ITED200)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multi-mode
SEM 2 2026	MKTG210 (10cp) Product Marketing and Innovation Previously MKTG207 (10cp) Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	NUTR101 (10cp) Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101)	Core Curriculum (10cp) Unit 1 See here for unit details	Exercise Science Elective (10cp) See Unit Offerings 2027 Tab
YEAR 3				
SEM 1 2027	BAFN200 (10cp) Principles of Finance Multi-mode	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204) Multi-mode	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	Core Curriculum (10cp) Unit 2 See here for unit details
SEM 2 2027	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201)	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201) Multi-mode	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	EXSC216 (10cp) Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) and EXSC222) Multi-mode
	EXSC205* (0cp) Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multi-mode			

*EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

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(Information last updated on 22 September 2026)

YEAR 4

SEM 1 2028	ENTR301 (10cp) Managing Entrepreneurship and Innovation (Inc: MGMT311)	Exercise Science Elective (10cp) <i>See Unit Offerings 2027 Tab</i>	EXSC399 (20 cp) Industry Experience (Pre: ANAT100, EXSC205, EXSC225) Multi-mode	
SEM 2 2028	MGMT304 (10cp) Strategic Management (Pre:MGMT213 or HRMG204)	BIPX301 (10cp) Professional Experience (Pre: BIPX202) Online Scheduled	EXSC230 (10cp) Motor Control and Learning (Pre: EXSC187) Multi-mode	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242) Multi-mode

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Course Map Brisbane, Melbourne, and Strathfield

For Students who are commencing in February 2024

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Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
SEM 1 2024	BUSN114 (10cp) Marketing Essentials Previously BUSN112 (10cp) Managing Markets (Inc: MKTG100, BUSD112)	EXSC187 (10cp) Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187)	EXSC199 (10cp) Psychology of Sport (Inc: EXSD199)	ANAT100 (10cp) Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100)
SEM 2 2024	BUSN113 (10cp) Managing People and Organisations (Inc: MGMT100, BUSD113)	BUSN105 (10cp) Financial Literacy Previously BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104)	BIOL125 (10cp) Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204)	ITEC100 (10cp) Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111)
YEAR 2				
SEM 1 2025	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECON105, ECON104 ECOD200)	ITEC200 (10cp) Data and Information Management (Inc: DATA200, ITED200)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multi-mode
SEM 2 2025	MKTG210 (10cp) Product Marketing and Innovation Previously MKTG207 (10cp) Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	NUTR101 (10cp) Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101)	Core Curriculum (10cp) Unit 1 See here for unit details	Exercise Science Elective (10cp) See Unit Offerings 2027 Tab
YEAR 3				
SEM 1 2026	BAFN200 (10cp) Principles of Finance Multi-mode	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204) Multi-mode	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	Core Curriculum (10cp) Unit 2 See here for unit details
SEM 2 2026	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201)	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201) Multi-mode	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	EXSC216 (10cp) Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) and EXSC222) Multi-mode
	EXSC205* (0cp) Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multi-mode			

*EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

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YEAR 4

SEM 1 2027	ENTR301 (10cp) Managing Entrepreneurship and Innovation (Inc: MGMT311) Multi-mode	Exercise Science Elective (10cp) <i>See Unit Offerings 2027 Tab</i>	EXSC399 (20 cp) Industry Experience (Pre: ANAT100, EXSC205, EXSC225)	
SEM 2 2027	MGMT304 (10cp) Strategic Management (Pre: MGMT213 or HRMG204) Multi-mode	BUSN304 Working with Diversity and Conflict OR BIPX301 (10cp) Professional Experience (Pre: BIPX202) Multi-mode	EXSC230 (10cp) Motor Control and Learning (Pre: EXSC187) Multi-mode	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242) Multi-mode

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Course Map Brisbane, Melbourne, and Strathfield

For Students who are commencing in February 2023

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SEM 1 2023	BUSN114 (10cp) Marketing Essentials Previously BUSN112 (10cp) Managing Markets (Inc: MKTG100, BUSD112)	EXSC187 (10cp) Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187)	EXSC199 (10cp) Psychology of Sport (Inc: EXSD199)	ANAT100 (10cp) Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100)
SEM 2 2023	BUSN113 (10cp) Managing People and Organisations (Inc: MGMT100, BUSD113)	BUSN105 (10cp) Financial Literacy Previously BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104)	BIOL125 (10cp) Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204)	ITEC100 (10cp) Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111)
YEAR 2				
SEM 1 2024	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECON105, ECON104 ECOD200) Multi-mode	ITEC200 (10cp) Data and Information Management (Inc: DATA200, ITED200)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multi-mode
SEM 2 2024	MKTG210 (10cp) Product Marketing and Innovation Previously MKTG207 (10cp) Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	NUTR101 (10cp) Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101)	Core Curriculum (10cp) Unit 1 See here for unit details	Exercise Science Elective (10cp) See Unit Offerings 2027 Tab
YEAR 3				
SEM 1 2025	BAFN200 (10cp) Principles of Finance Multi-mode	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204) Multi-mode	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	Core Curriculum (10cp) Unit 2 See here for unit details
SEM 2 2025	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201)	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201) Multi-mode	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	EXSC216 (10cp) Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) and EXSC222) Multi-mode
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SEM 1 2026	ENTR301 (10cp) Managing Entrepreneurship and Innovation (Inc: MGMT311)	Exercise Science Elective (10cp) <i>See Unit Offerings 2027 Tab</i>	EXSC399 (20 cp) Industry Experience (Pre: ANAT100, EXSC205, EXSC225) Multi-mode	
SEM 2 2026	MGMT304 (10cp) Strategic Management (Pre:MGMT213 or HRMG204) Attendance	BIPX301 (10cp) Professional Experience (Pre: BIPX202) Online Scheduled	EXSC230 (10cp) Motor Control and Learning (Pre: EXSC187) Multi-mode	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242) Multi-mode

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SEM 2 2022	BUSN113 (10cp) Managing People and Organisations (Inc: MGMT100, BUSD113)	BUSN105 (10cp) Financial Literacy Previously BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104)	BIOL125 (10cp) Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204)	ITEC100 (10cp) Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111)
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YEAR 3				
SEM 1 2024	BAFN200 (10cp) Principles of Finance Multi-mode	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204 Multi-mode)	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	Core Curriculum (10cp) Unit 2 See here for unit details
SEM 2 2024	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201)	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201) Multi-mode	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201)
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SEM 2 2025	MGMT304 (10cp) Strategic Management (Pre: MGMT213 or HRMG204) Multi-mode	BUSN304 Working with Diversity and Conflict OR BIPX301 (10cp) Professional Experience (Pre: BIPX202) Multi-mode	EXSC230 (10cp) Motor Control and Learning (Pre: EXSC187) Multi-mode	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242) Multi-mode

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PLEASE NOTE FOR THE MAP ABOVE

Prerequisites ('Pre:') and Incompatibles ('Inc:') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that are extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Adviser prior to enrolling.

UNIT STUDY MODES

The study mode describes the way that a unit is taught.

All units are delivered in Attendance mode, unless otherwise indicated in the map.

A - Attendance

Most learning activities or classes are delivered at a scheduled time, on campus, or approved ACU delivery site, to enable in-person interactions. Activities will appear in a student's timetable.

M - Multi-mode

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

OS - Online Scheduled

Fully online with learning activities held at scheduled times.

OU - Online unscheduled

Learning activities are accessible at anytime, anywhere. These units are normally delivered fully online and will not appear in a student's timetable.

Course Advice

Course Advisers are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Adviser. Any student studying outside the above sequence should consult with their Course Adviser prior to enrolling. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Exercise Science Administration Email: ExerciseScience.Admin@acu.edu.au
School of Business	Undergraduate Business Administration Email: Business.Admin@acu.edu.au