

## Course Map

Bachelor of Exercise Science/Bachelor of Business Administration - February Entry 2025 .....	2
Bachelor of Exercise Science/Bachelor of Business Administration - February Entry 2024 .....	4
Bachelor of Exercise Science/Bachelor of Business Administration - February Entry 2023 .....	6
Bachelor of Exercise Science/Bachelor of Business Administration - February Entry 2022 .....	8

Electives – See Unit Offerings 2026 Tab

# Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)



## Course Map

### Brisbane, Melbourne, and Strathfield

#### For Students who are commencing in February 2025

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

**Students in Sydney will normally be located at the Strathfield Campus**, however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
<b>SEM 1 2025</b>	<b>BUSN114 (10cp)</b> <b>Marketing Essentials</b> <b>Previously BUSN112 (10cp)</b> Managing Markets (Inc: MKTG100, BUSD112)	<b>EXSC187 (10cp)</b> Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187)	<b>EXSC199 (10cp)</b> Psychology of Sport (Inc: EXSD199)	<b>ANAT100 (10cp)</b> Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100)
<b>SEM 2 2025</b>	<b>BUSN113 (10cp)</b> Managing People and Organisations (Inc:MGMT100, BUSD113)	<b>BUSIN105 (10cp)</b> <b>Financial Literacy</b> <b>Previously BUSN104</b> Money Matters (Inc: ACCT100, BUSD104)	<b>BIOL125 (10cp)</b> Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204)	<b>ITEC100 (10cp)</b> Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111)
YEAR 2				
<b>SEM 1 2026</b>	<b>ECON200 (10cp)</b> Economics: Policy Frameworks and Markets (Inc: ECNON105, ECON104, ECOD200) Multi-mode	<b>ITEC200 (10cp)</b> Data and Information Management (Inc: DATA200, ITED200)	<b>EXSC224 (10cp)</b> Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	<b>EXSC222 (10cp)</b> Functional Anatomy (Pre: ANAT100) Multi-mode
<b>SEM 2 2026</b>	<b>MKTG210 (10cp)</b> <b>Product Marketing and Innovation</b> <b>Previously MKTG207 (10cp)</b> Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	<b>NUTR101 (10cp)</b> Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101)	<b>CoreCurriculum (10cp)</b> Unit 1 <a href="#">See here for unit and pre-requisite details</a>	<b>Exercise Science Elective (10cp)</b> <a href="#">See Unit Offerings 2026 Tab</a>
YEAR 3				
<b>SEM 1 2027</b>	<b>BAFN200 (10cp)</b> Principles of Finance Multi-mode	<b>HRMG204 (10cp)</b> Organisational Behaviour (Inc: HRMD204) Multi-mode	<b>EXSC225 (10cp)</b> Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	<b>CoreCurriculum (10cp)</b> Unit 2 <a href="#">See here for unit and pre-requisite details</a>
<b>SEM 2 2027</b>	<b>ITEC201 (10cp)</b> Fundamentals of Information Technology (Inc: ISYS201, ITED201)	<b>BIPX202 (10cp)</b> Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201) Multi-mode	<b>EXSC204 (10cp)</b> Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	<b>EXSC216 (10cp)</b> Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) or EXSC222) Multi-mode
	<b>EXSC205* (0cp)</b> Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multi-mode			

\*EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

# Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)

## YEAR 4

<b>SEM 1 2028</b>	<b>ENTR301 (10cp)</b> Managing Entrepreneurship and Innovation (Inc: MGMT311)	<b>Exercise Science Elective (10cp)</b> <i>See Unit Offerings 2026 Tab</i>	<b>EXSC399 (20 cp)</b> Industry Experience (Pre: ANAT100, EXSC205, EXSC225) Multi-mode	
<b>SEM 2 2028</b>	<b>MGMT304 (10cp)</b> Strategic Management (Pre:MGMT213 or HRMG204)	<b>BIPX301 (10cp)</b> Professional Experience (Pre: BIPX202) Online Scheduled	<b>EXSC230 (10cp)</b> Motor Control and Learning (Pre: EXSC187) Multi-mode	<b>EXSC322 (10cp)</b> Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242) Multi-mode

# Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)



## Course Map Brisbane, Melbourne, and Strathfield

### For Students who are commencing in February 2024

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
<b>SEM 1 2024</b>	<b>BUSN114 (10cp)</b> Marketing Essentials <b>Previously BUSN112 (10cp)</b> Managing Markets (Inc: MKTG100, BUSD112)	<b>EXSC187 (10cp)</b> Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187)	<b>EXSC199 (10cp)</b> Psychology of Sport (Inc: EXSD199)	<b>ANAT100 (10cp)</b> Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100)
<b>SEM 2 2024</b>	<b>BUSN113 (10cp)</b> Managing People and Organisations (Inc: MGMT100, BUSD113)	<b>BUSN105 (10cp)</b> <b>Financial Literacy</b> <b>Previously BUSN104 (10cp)</b> Money Matters (Inc: ACCT100, BUSD104)	<b>BIOL125 (10cp)</b> Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204)	<b>ITEC100 (10cp)</b> Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111)
YEAR 2				
<b>SEM 1 2025</b>	<b>ECON200 (10cp)</b> Economics: Policy Frameworks and Markets (Inc: ECON105, ECON104 ECOD200)	<b>ITEC200 (10cp)</b> Data and Information Management (Inc: DATA200, ITED200)	<b>EXSC224 (10cp)</b> Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	<b>EXSC222 (10cp)</b> Functional Anatomy (Pre: ANAT100) Multi-mode
<b>SEM 2 2025</b>	<b>MKTG210 (10cp)</b> <b>Product Marketing and Innovation</b> <b>Previously MKTG207 (10cp)</b> Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	<b>NUTR101 (10cp)</b> Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101)	<b>CoreCurriculum (10cp)</b> Unit 1 <a href="#">See here for unit and pre- requisite details</a>	<b>Exercise Science Elective (10cp)</b> <a href="#">See Unit Offerings 2026 Tab</a>
YEAR 3				
<b>SEM 1 2026</b>	<b>BAFN200 (10cp)</b> Principles of Finance Multi-mode	<b>HRMG204 (10cp)</b> Organisational Behaviour (Inc: HRMD204) Multi-mode	<b>EXSC225 (10cp)</b> Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	<b>CoreCurriculum (10cp)</b> <b>Unit 2</b> <a href="#">See here for unit and pre- requisite details</a>
<b>SEM 2 2026</b>	<b>ITEC201 (10cp)</b> Fundamentals of Information Technology (Inc: ISYS201, ITED201)	<b>BIPX202 (10cp)</b> Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201) Multi-mode	<b>EXSC204 (10cp)</b> Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	<b>ITEC201 (10cp)</b> Fundamentals of Information Technology (Inc: ISYS201, ITED201)
	<b>EXSC205* (0cp)</b> Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multi-mode			

\*EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

# Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)

## YEAR 4

<b>SEM 1 2027</b>	<b>ENTR301 (10cp)</b> Managing Entrepreneurship and Innovation (Inc: MGMT311) Multi-mode	<b>Exercise Science Elective (10cp)</b> <i>See Unit Offerings 2026 Tab</i>	<b>EXSC399 (20 cp)</b> Industry Experience (Pre: ANAT100, EXSC205, EXSC225)	
<b>SEM 2 2027</b>	<b>MGMT304 (10cp)</b> Strategic Management (Pre: MGMT213 or HRMG204) Multi-mode	<b>BUSN304 Working with Diversity and Conflict OR BIPX301 (10cp)</b> Professional Experience (Pre: BIPX202) Multi-mode	<b>EXSC230 (10cp)</b> Motor Control and Learning (Pre: EXSC187) Multi-mode	<b>EXSC322 (10cp)</b> Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242) Multi-mode

# Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)



## Course Map Brisbane, Melbourne, and Strathfield

### For Students who are commencing in February 2023

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
<b>SEM 1 2023</b>	<b>BUSN114 (10cp)</b> Marketing Essentials <b>Previously BUSN112 (10cp)</b> Managing Markets (Inc: MKTG100, BUSD112)	<b>EXSC187 (10cp)</b> Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187)	<b>EXSC199 (10cp)</b> Psychology of Sport (Inc: EXSD199)	<b>ANAT100 (10cp)</b> Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100)
<b>SEM 2 2023</b>	<b>BUSN113 (10cp)</b> Managing People and Organisations (Inc: MGMT100, BUSD113)	<b>BUSN105 (10cp)</b> <b>Financial Literacy</b> <b>Previously BUSN104 (10cp)</b> Money Matters (Inc: ACCT100, BUSD104)	<b>BIOL125 (10cp)</b> Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204)	<b>ITEC100 (10cp)</b> Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111)
YEAR 2				
<b>SEM 1 2024</b>	<b>ECON200 (10cp)</b> Economics: Policy Frameworks and Markets (Inc: ECON105, ECON104 ECOD200) Multi-mode	<b>ITEC200 (10cp)</b> Data and Information Management (Inc: DATA200, ITED200)	<b>EXSC224 (10cp)</b> Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	<b>EXSC222 (10cp)</b> Functional Anatomy (Pre: ANAT100) Multi-mode
<b>SEM 2 2024</b>	<b>MKTG210 (10cp)</b> <b>Product Marketing and Innovation</b> <b>Previously MKTG207 (10cp)</b> Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	<b>NUTR101 (10cp)</b> Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101)	<b>CoreCurriculum (10cp)</b> Unit 1 <a href="#">See here for unit and pre- requisite details</a>	<b>Exercise Science Elective (10cp)</b> <a href="#">See Unit Offerings 2026 Tab</a>
YEAR 3				
<b>SEM 1 2025</b>	<b>BAFN200 (10cp)</b> Principles of Finance Multi-mode	<b>HRMG204 (10cp)</b> Organisational Behaviour (Inc: HRMD204) Multi-mode	<b>EXSC225 (10cp)</b> Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	<b>CoreCurriculum (10cp)</b> Unit 2 <a href="#">See here for unit and pre- requisite details</a>
<b>SEM 2 2025</b>	<b>ITEC201 (10cp)</b> Fundamentals of Information Technology (Inc: ISYS201, ITED201)	<b>BIPX202 (10cp)</b> Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201) Multi-mode	<b>EXSC204 (10cp)</b> Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	<b>EXSC216 (10cp)</b> Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) or EXSC222) Multi-mode
	<b>EXSC205* (0cp)</b> Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multi-mode			

\*EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

# Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)

## YEAR 4

<b>SEM 1 2026</b>	<b>ENTR301 (10cp)</b> Managing Entrepreneurship and Innovation (Inc: MGMT311)	<b>Exercise Science Elective (10cp)</b> <i>See Unit Offerings 2026 Tab</i>	<b>EXSC399 (20 cp)</b> Industry Experience (Pre: ANAT100, EXSC205, EXSC225) Multi-mode	
<b>SEM 2 2026</b>	<b>MGMT304 (10cp)</b> Strategic Management (Pre:MGMT213 or HRMG204) Attendance	<b>BIPX301 (10cp)</b> Professional Experience (Pre: BIPX202) Online Scheduled	<b>EXSC230 (10cp)</b> Motor Control and Learning (Pre: EXSC187) Multi-mode	<b>EXSC322 (10cp)</b> Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242) Multi-mode

# Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)



## Course Map Brisbane, Melbourne, and Strathfield

### For Students who are commencing in February 2022

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
<b>SEM 1 2022</b>	<b>BUSN114 (10cp)</b> Marketing Essentials <b>Previously BUSN112 (10cp)</b> Managing Markets (Inc: MKTG100, BUSD112)	<b>EXSC187 (10cp)</b> Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187)	<b>EXSC199 (10cp)</b> Psychology of Sport (Inc: EXSD199)	<b>ANAT100 (10cp)</b> Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100)
<b>SEM 2 2022</b>	<b>BUSN113 (10cp)</b> Managing People and Organisations (Inc: MGMT100, BUSD113)	<b>BUSN105 (10cp)</b> <b>Financial Literacy</b> <b>Previously BUSN104 (10cp)</b> Money Matters (Inc: ACCT100, BUSD104)	<b>BIOL125 (10cp)</b> Human Biology 1 (Inc: BIOL124, BIOL122, BIOL124, BIOL204)	<b>ITEC100 (10cp)</b> Information Technology in Action (Inc: BUSN111, BUSD111, ITED100, ISYS111)
YEAR 2				
<b>SEM 1 2023</b>	<b>ECON200 (10cp)</b> Economics: Policy Frameworks and Markets (Inc: ECON105, ECON104 ECOD200)	<b>ITEC200 (10cp)</b> Data and Information Management (Inc: DATA200, ITED200)	<b>EXSC224 (10cp)</b> Mechanical Bases of Exercise (Inc: EXSC120) Multi-mode	<b>EXSC222 (10cp)</b> Functional Anatomy (Pre: ANAT100) Multi-mode
<b>SEM 2 2023</b>	<b>MKTG210 (10cp)</b> <b>Product Marketing and Innovation</b> <b>Previously MKTG207 (10cp)</b> Marketing Toolkit (Inc: MKTG100, MKTD207) Multi-mode	<b>NUTR101 (10cp)</b> Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101)	<b>CoreCurriculum (10cp)</b> Unit 1 <a href="#">See here for unit and pre-requisite details</a>	<b>Exercise Science Elective (10cp)</b> <a href="#">See Unit Offerings 2026 Tab</a>
YEAR 3				
<b>SEM 1 2024</b>	<b>BAFN200 (10cp)</b> Principles of Finance Multi-mode	<b>HRMG204 (10cp)</b> Organisational Behaviour (Inc: HRMD204 Multi-mode	<b>EXSC225 (10cp)</b> Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multi-mode	<b>CoreCurriculum (10cp)</b> Unit 2 <a href="#">See here for unit and pre-requisite details</a>
<b>SEM 2 2024</b>	<b>ITEC201 (10cp)</b> Fundamentals of Information Technology (Inc: ISYS201, ITED201)	<b>BIPX202 (10cp)</b> Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201) Multi-mode	<b>EXSC204 (10cp)</b> Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multi-mode	<b>ITEC201 (10cp)</b> Fundamentals of Information Technology (Inc: ISYS201, ITED201)
	<b>EXSC205* (0cp)</b> Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multi-mode			

\*EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.



# Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)

## YEAR 4

<b>SEM 1 2025</b>	<b>ENTR301 (10cp)</b> Managing Entrepreneurship and Innovation (Inc: MGMT311) Multi-mode	<b>Exercise Science Elective (10cp)</b> <i>See Unit Offerings 2026 Tab</i>	<b>EXSC399 (20 cp)</b> Industry Experience (Pre: ANAT100, EXSC205, EXSC225)	
<b>SEM 2 2025</b>	<b>MGMT304 (10cp)</b> Strategic Management (Pre: MGMT213 or HRMG204) Multi-mode	<b>BUSN304 Working with Diversity and Conflict OR BIPX301 (10cp)</b> Professional Experience (Pre: BIPX202) Multi-mode	<b>EXSC230 (10cp)</b> Motor Control and Learning (Pre: EXSC187) Multi-mode	<b>EXSC322 (10cp)</b> Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242) Multi-mode

## Bachelor of Exercise Science / Bachelor of Business Administration

(Information last updated on 14 September 2025)



### PLEASE NOTE FOR THE MAP ABOVE

Prerequisites ('Pre:') and Incompatibles ('Inc:') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that are extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

### UNIT STUDY MODES

The study mode describes the way that a unit is taught.

#### A - Attendance

Most learning activities or classes are delivered at a scheduled time, , or approved ACU delivery site, to enable in-person interactions. Activities will appear in a student's timetable.

#### M - Multi-mode

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

#### OS - Online scheduled

Fully online with learning activities held at scheduled times.

#### OU - Online unscheduled

Learning activities are accessible at anytime, anywhere. These units are normally delivered fully online and will not appear in a student's timetable.

### Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

<b>School of Behavioural and Health Science</b>	Exercise Science Administration Email: <a href="mailto:ExerciseScience.Admin@acu.edu.au">ExerciseScience.Admin@acu.edu.au</a>
<b>School of Business</b>	Undergraduate Business Administration Email: <a href="mailto:Business.Admin@acu.edu.au">Business.Admin@acu.edu.au</a>