

Master of Clinical Exercise Physiology

2026 Elective Units

Last updated 14 September 2025

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Please refer to the [2026 ACU Handbook](#) for descriptions of listed Elective units.

Electives 2026

- Units should be taken in sequence as listed in the program map.
- Elective units to be selected in consultation with the Course Coordinator

ACU Term 1 Mon 2 Feb 2026 to Sun 12 Apr 2026 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment) Census: Mon 23 Feb 2026

CODE	TITLE	Mode	Prereq
EXSC510 [#]	Strength and Conditioning for Performance and Rehabilitation (10cp)	Online OU	Nil
EXSC515 [#]	Exercise Prescription for Sports Injury Management Across the Lifespan (10cp)	Online OU	Nil
HLSC650 [#]	Recovery Oriented Mental Health (10cp)	Online OU	Nil
HLSC651 [#]	Holistic Individual Centred Mental Health Practice (10cp)	Online OU	Nil

select Study Period "ACU Term 1" in Student Connect)

Semester 1 Mon 2 Mar 2026 to Sun 28 Jun 2026 (NOTE: 12 weeks of study / 15 weeks for overall delivery and assessment) Census: Mon 30 Mar 2026

CODE	TITLE	Mode	Prereq
HLSC641	Introduction to Health Sciences Research (10cp)	Multi-mode MEL	Nil

select Study Period "Semester 1" in Student Connect)

ACU Term 2 Mon 27 Apr 2026 to Sun 5 Jul 2026 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment) Census: Mon 18 May 2026

CODE	TITLE	Mode	Prereq
HLSC641 [#]	Introduction to Health Sciences Research (10cp)	Online OU	Nil
EXSC650 [#]	Fatigue, Recovery, Adaptation and Performance (10cp)	Online OU	Nil
EXSC651 [#]	Sports Injury Prevention (10cp)	Online OU	Nil
EXSC669 [#]	Exercise Rehabilitation for Return to Sports Performance (10cp)	Online OU	Nil

select Study Period "ACU Term 2" in Student Connect)

ACU Term 3 Mon 20 Jul 2026 to Sun 27 Sep 2026 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment) Census: Mon 10 Aug 2026

CODE	TITLE	Mode	Prereq
EXSC510 [#]	Strength and Conditioning for Performance and Rehabilitation (10cp)	Online OU	Nil
EXSC515 [#]	Exercise Prescription for Sports Injury Management Across the Lifespan (10cp)	Online OU	Nil
HLSC650 [#]	Recovery Oriented Mental Health (10cp)	Online OU	Nil
HLSC651 [#]	Holistic Individual Centred Mental Health Practice (10cp)	Online OU	Nil

select Study Period "ACU Term 3" in Student Connect)

ACU Term 4 Mon 12 Oct 2026 to Sun 20 Dec 2026 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment) Census: Mon 2 Nov 2026

CODE	TITLE	Mode	Prereq
EXSC650 [#]	Fatigue, Recovery, Adaptation and Performance (10cp)	Online OU	Nil
EXSC651 [#]	Sports Injury Prevention (10cp)	Online OU	Nil
EXSC669 [#]	Exercise Rehabilitation for Return to Sports Performance (10cp)	Online OU	Nil

select Study Period "ACU Term 4" in Student Connect)

[#] Units offered via **ACU Terms**:

PLEASE NOTE FOR THE MAP ABOVE

Prerequisites ('*Pre:*') and Incompatibles ('*Inc:*') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that are extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

UNIT STUDY MODES

The study mode describes the way that a unit is taught.

A - Attendance

Most learning activities or classes are delivered at a scheduled time, on campus, or approved ACU delivery site, to enable in-person interactions. Activities will appear in a student's timetable.

M - Multi-mode

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

OS - Online scheduled

Fully online with learning activities held at scheduled times.

OU - Online unscheduled

Learning activities are accessible at anytime, anywhere. These units are normally delivered fully online and will not appear in a student's timetable.

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School Behavioural and Health Science - Administration	Email: ExerciseScience.Admin@acu.edu.au
National Course Coordinator	Dr Angelica Thompson-Butel Email: Angelica.Thompsonbutel@acu.edu.au