

Graduate Certificate in Exercise Rehabilitation for Sport Injuries

(Information last updated on 13 January 2026)

Course Map

Students who commenced in 2022-2023

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator

YEAR 1				
ACU Term 1	Specified Unit EXSC510 (10cp) Strength and Conditioning for Performance and Rehabilitation <i>(Pre: Nil)</i> Online unscheduled This unit is also available in ACU Term 3	Specified Unit EXSC515 (10cp) Exercise Prescription for Sports Injury Management across the Lifespan <i>(Pre: Nil)</i> Online unscheduled This unit is also available in ACU Term 3		
ACU Term 2	Specified Unit EXSC651 (10cp) Sports Injury Prevention <i>(Pre: Nil)</i> Online unscheduled This unit is also available in ACU Term 4	Specified Unit EXSC669 (10cp) Exercise Rehabilitation for Return to Sports Performance <i>(Pre: Nil)</i> Online unscheduled This unit is also available in ACU Term 4		

Scheduled Unit Availability over four Study Periods:

Select the units outlined above from the following Study Periods:

ACU Term 1 Mon 2 Feb 2026 to Sun 12 Apr 2026

CODE	TITLE	Mode	Prereq
EXSC510	Strength and Conditioning for Performance and Rehabilitation (10cp)	OU	NIL
EXSC515	Exercise Prescription for Sports Injury Management across the Lifespan (10cp)	OU	NIL

ACU Term 2 Mon 27 Apr 2026 to Sun 5 Jul 2026

CODE	TITLE	Mode	Prereq
EXSC651	Sports Injury Prevention (10cp)	OU	Nil
EXSC669	Exercise Rehabilitation for Return to Sports Performance (10cp)	OU	Nil

ACU Term 3 Mon 20 Jul 2026 to Sun 27 Sep 2026

CODE	TITLE	Mode	Prereq
EXSC510	Strength and Conditioning for Performance and Rehabilitation (10cp)	OU	NIL
EXSC515	Exercise Prescription for Sports Injury Management across the Lifespan (10cp)	OU	NIL

ACU Term 4 Mon 12 Oct 2026 to Sun 20 Dec 2026

CODE	TITLE	Mode	Prereq
EXSC651	Sports Injury Prevention (10cp)	OU	Nil
EXSC669	Exercise Rehabilitation for Return to Sports Performance (10cp)	OU	Nil

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PLEASE NOTE FOR THE MAP ABOVE

Prerequisites ('Pre:') and Incompatibles ('Inc:') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

UNIT STUDY MODES

The study mode describes the way that a unit is taught.

OU - Online unscheduled

Fully online with learning activities held at scheduled times.

OS - Online scheduled

Learning activities are accessible at anytime, anywhere. These units are normally delivered fully online and will not appear in a student's timetable.

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science - Administration	Email: ExerciseScience.Admin@acu.edu.au
National Course Coordinator	Dr Adam Hewitt Email: Adam.Hewitt@acu.edu.au