

Graduate Certificate in Exercise Rehabilitation for Sport Injuries

(Information last updated on 4 August 2023)



Course Map 2023

To successfully complete the Graduate Certificate in Exercise Rehabilitation for Sport Injuries students must complete all of the following units:

COURSE RULES				
Units:	Specified Unit EXSC510# (10cp) Strength and Conditioning for Performance and Rehabilitation (Pre: Nil) Online unscheduled	Specified Unit EXSC515# (10cp) Exercise Prescription for Sports Injury Management across the Lifespan (Pre: Nil) Online unscheduled	Specified Unit EXSC651 (10cp) Sports Injury Prevention (Pre: Nil) Online unscheduled	Specified Unit EXSC669 (10cp) Exercise Rehabilitation for Return to Sports Performance (Pre: Nil) Online unscheduled

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator

These units are offered via **ACU Online**:

ENROLLING IN ACU ONLINE UNITS

For information on enrolling into or withdrawing from *ACU Online* units, refer to the *ACU Online MY ENROLMENT INSTRUCTIONS* in the Unit Offerings 2023 tab on your Course Enrolment Guide page .

Scheduled Unit Availability over four Study Periods:

Select the units outlined above from the following Study Periods:

Specified Units

ACU Online Term 1 Mon 30 Jan 2023 to Sun 9 Apr 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC510#	Strength and Conditioning for Performance and Rehabilitation (10cp)	OU	NIL
EXSC515#	Exercise Prescription for Sports Injury Management across the Lifespan (10cp)	OU	NIL

(select Study Period "ACU Online Term 1" in Student Connect)

ACU Semester 2 Mon 31 Jul 2023 to Sun 26 Nov 2023 (NOTE: 12 weeks of study / 15 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC651	Sports Injury Prevention (10cp)	OU	NIL
EXSC669	Exercise Rehabilitation for Return to Sports Performance (10cp)	OU	NIL

(select Study Period "Semester 2" in Student Connect)

ACU Online Term 3 Mon 17 Jul 2023 to Sun 24 Sep 2023 (NOTE: 8 weeks of study / 10 weeks for delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC510#	Strength and Conditioning for Performance and Rehabilitation (10cp)	OU	NIL
EXSC515#	Exercise Prescription for Sports Injury Management across the Lifespan (10cp)	OU	NIL

(select Study Period "ACU Online Term 3" in Student Connect)

ACU Online Term 4 Mon 9 Oct 2023 to Sun 17 Dec 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Mode	Prereq
EXSC651#	Sports Injury Prevention (10cp)	OU	Nil
EXSC669#	Exercise Rehabilitation for Return to Sports Performance (10cp)	OU	Nil

(select Study Period "ACU Online Term 4" in Student Connect)

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PLEASE NOTE FOR THE MAP ABOVE

Pre-requisites ('Pre:') are added in italics. Pre-requisites are other units that you must have passed *before* enrolling in the unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

Online: Unit delivered fully online (including assessments).

OU - Online unscheduled

Learning activities are accessible anytime, anywhere. These units are normally delivered fully online and **will not** appear in a student's timetable.

OS – Online scheduled

All learning activities are held online, at scheduled times, and will require some attendance to enable online interaction. Activities will appear in a student's timetable

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Please email your enquiry or request to make an appointment.

School Behavioural and Health Science - Administration	Email: ExerciseScience.Admin@acu.edu.au
National Course Coordinator	Dr Paul Tofari Email: Paul.Tofari@acu.edu.au

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).

Enrolling in ACU Online Units

For information on enrolling into or withdrawing from *ACU Online* units, refer to the *ACU Online* MY ENROLMENT INSTRUCTIONS in the Unit Offerings 2023 tab on your Course Enrolment Guide page.

For assistance with enrolling into *ACU Online* units, please contact *AskACUO*:

Call: 132286 (13ACUO)

SMS: 0488 857 228

Email: online@acu.edu.au