

Course Maps

Brisbane and Melbourne commenced February 2019 or February 2020 2

Brisbane and Melbourne commenced Mid-Year 2019 or Mid-Year 2020 3

Electives – See Unit Offerings 2022 tab

Course Maps

Brisbane and Melbourne only

Students who commenced in February 2019-2020

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 1 2019	EXSC187 (10cp) Growth, Motor Development and Ageing	EXSC115 (10cp) Foundations of the Outdoor Experience	EXSC118 (10cp) Nutrition and Exercise (Inc: NUTR101) Current EXSC101	BIOL125 (10cp) Human Biology 1
SEM 2 2019	ANAT100 (10cp) Anatomical Foundations of Exercise Science	EXSC116 (10cp) Journeying in the Natural World	EXSC117 (10cp) Leadership Development in Team Games	CoreCurriculum (10cp) Unit 1 See here for unit details
YEAR 2				
SEM 1 2020	EXSC199 (10cp) Psychology of Sport	EXSC290 (10cp) The Aquatic Environment and the Outdoor Experience	EXSC392 (10cp) Leadership Development in Physical Activities	Elective or Minor Unit (10cp) See Unit Offerings 2022 Tab
SEM 2 2020	EXSC217 (10cp) Research and Ethics in Exercise Science 10cp	EXSC390 (10cp) Leadership Practices and the Outdoor Experience 10cp (Pre: EXSC116)	EXSC230 (10cp) Motor Control and Learning 10cp (Pre: EXSC187)	Elective or Minor Unit (10cp) See Unit Offerings 2022 Tab
	EXSC205¹ (0cp) Industry Experience Preparation (Pre: EXSC118, EXSC187, EXSC199, BIOL125)			
YEAR 3				
SEM 1 2021	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121)	EXSC312 (10cp) River Journeys and Connections to Place (Pre: EXSC116)	EXSC399 (20cp) Industry Experience (Pre: EXSC205, ANAT100, and either EXSC198 or EXSC225)	
SEM 2 2021	CoreCurriculum (10cp) Unit 2 See here for unit and pre-requisite details	EXSC391 (10cp) Evaluation of the Outdoor Experience (Pre: EXSC390)	Elective or Minor Unit (10cp) See Unit Offerings 2022 Tab	Elective or Minor Unit (10cp) See Unit Offerings 2022 Tab

¹ EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

Brisbane and Melbourne only

Students who commenced in Mid-Year 2019-2020

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 2 2019	ANAT100 (10cp) Anatomical Foundations of Exercise Science	EXSC116 (10cp) Journeying in the Natural World	EXSC117 (10cp) Leadership Development in Team Games	CoreCurriculum (10cp) Unit 1 See here for unit details
SEM 1 2020	EXSC187 (10cp) Growth, Motor Development and Ageing	EXSC115 (10cp) Foundations of the Outdoor Experience	EXSC118 (10cp) Nutrition and Exercise (Inc: NUTR101) Current EXSC101	BIOL125 (10cp) Human Biology 1
YEAR 2				
SEM 2 2020	EXSC217 (10cp) Research and Ethics in Exercise Science	EXSC390 (10cp) Leadership Practices and the Outdoor Experience (Pre: EXSC116)	Elective or Minor Unit (10cp) See Unit Offerings 2022 Tab	Elective or Minor Unit (10cp) See Unit Offerings 2022 Tab
SEM 1 2021	EXSC199 (10cp) Psychology of Sport	EXSC290 (10cp) The Aquatic Environment and the Outdoor Experience	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL 125 or BIOL 124 or BIOL121)	EXSC230 (10cp) Motor Control and Learning (Pre: EXSC187)
Winter 2021	EXSC205² (0cp) Industry Experience Preparation (Pre: EXSC118, EXSC187, EXSC199, BIOL125)			
YEAR 3				
SEM 2 2021	EXSC391 (10cp) Evaluation of the Outdoor Experience (Pre: EXSC390)	CoreCurriculum (10cp) Unit 2 See here for unit and pre-requisite details	EXSC399 (20cp) Industry Experience (Pre: EXSC205, ANAT100, and either EXSC198 or EXSC225)	
SEM 1 2022	EXSC312 (10cp) River Journeys and Connections to Place (Pre: EXSC116) Contact Course Coordinator	EXSC392 (10cp) Leadership Development in Physical Activities	Elective or Minor Unit (10cp) See Unit Offerings 2022 Tab	Elective or Minor Unit (10cp) See Unit Offerings 2022 Tab

² EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

Bachelor of Sport and Outdoor Education

(Information last updated on 15 September 2021)



PLEASE NOTE FOR THE MAP ABOVE

Pre-requisites ('Pre:') are added in italics. Pre-requisites are other units that you must have passed *before* enrolling in the unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

Attendance: Unit delivered primarily via face-to-face or video conference attendance, at an ACU campus or another location.

Multi-mode: Unit delivered via a combination of online content and a compulsory attendance component (including examinations, practicums, residentials, etc.)

Online: Unit delivered fully online (including assessments).

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Exercise Science Administration Email: ExerciseScience.Admin@acu.edu.au
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Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).