

Course Map

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Electives – See Unit Offerings 2022 tab

**Bachelor of Exercise Science /
Bachelor of Applied Public Health**

(Information last updated on 20 January 2022)

Course Map Melbourne

For students who are commencing in February 2022

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 1 2022	PUBH100 (10cp) Foundations of Public Health	PUBH101 (10cp) Foundations of Public Health Communication	EXSC199 (10cp) Psychology of Sport	ANAT100 (10cp) Anatomical Foundations of Exercise Science
SEM 2 2022	BIOL121 (10cp) Human Biological Science 1	PUBH102 (10cp) Foundations of Health Promotion	PUBH103 (10cp) Epidemiology	CoreCurriculum (10cp) Unit 1 See here for unit details
YEAR 2				
SEM 1 2023	PUBH202 (10cp) Public Health Research Methods (Pre: PUBH103)	EXSC187 (10cp) Growth, Motor Development and Ageing	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120)	PUBH204 (10cp) Public Health Economics (Pre: PUBH100 or PUBH102)
SEM 2 2023	EXSC122 (10cp) Research and Ethics in Exercise Science (Inc: EXSC217)	NUTR101 (10cp) Nutrition and Exercise (Inc: EXSC118)	Exercise Science (10CP) Elective 1 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 2 See Unit Offerings 2022 Tab
YEAR 3				
SEM 1 2024	PUBH304 (10cp) Public Health Advocacy (Pre: PUBH100 or PUBH102)	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 OR BIOL124 OR BIOL121, Inc: EXSC198)	Exercise Science (10CP) Elective 3 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 4 See Unit Offerings 2022 Tab
SEM 2 2024	PUBH303 (10cp) Applied Public Health Communication (Pre: PUBH100 or PUBH102)	EXSC216 (10cp) Resistance Training: Science and Application (Pre Either EXSC225 or EXSC222)	EXSC204 (10cp) Exercise Testing, Prescription and Delivery (Pre: EXSC225)	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242)
YEAR 4				
SEM 1 2025	PUBH302 (10cp) Applied Public Health 1 (Pre: PUBH100 or PUBH102)	PUBH306 (10cp) Public Health Policy and Law (Pre: PUBH100 or PUBH102)	Exercise Science (10CP) Elective 5 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 6 See Unit Offerings 2022 Tab
SEM 2 2025	PUBH305 (10cp) Applied Public Health 2 (Pre: PUBH302)	PUBH312 (10cp) Applied Health Promotion (Pre: PUBH102)	CoreCurriculum (10cp) Unit 2 See here for unit and pre-requisite details	Exercise Science (10CP) Elective 7 See Unit Offerings 2022 Tab

Bachelor of Exercise Science / Bachelor of Applied Public Health

(Information last updated on 20 January 2022)

Course Map Melbourne

For students who are commencing in February 2021

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 1 2021	PUBH100 (10cp) Foundations of Public Health	PUBH101 (10cp) Foundations of Public Health Communication	EXSC199 (10cp) Psychology of Sport	ANAT100 (10cp) Anatomical Foundations of Exercise Science
SEM 2 2021	BIOL121 (10cp) Human Biological Science 1	PUBH102 (10cp) Foundations of Health Promotion	PUBH103 (10cp) Epidemiology	CoreCurriculum (10cp) Unit 1 See here for unit details
YEAR 2				
SEM 1 2022	PUBH202 (10cp) Public Health Research Methods (Pre: PUBH103)	EXSC187 (10cp) Growth, Motor Development and Ageing	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120)	PUBH204 (10cp) Public Health Economics (Pre: PUBH100 or PUBH102)
SEM 2 2022	EXSC122 (10cp) Research and Ethics in Exercise Science (Inc: EXSC217)	NUTR101 (10cp) Nutrition and Exercise (Inc: EXSC118)	Exercise Science (10CP) Elective 1 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 2 See Unit Offerings 2022 Tab
YEAR 3				
SEM 1 2023	PUBH304 (10cp) Public Health Advocacy (Pre: PUBH100 or PUBH102)	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 OR BIOL124 OR BIOL121, Inc: EXSC198)	Exercise Science (10CP) Elective 3 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 4 See Unit Offerings 2022 Tab
SEM 2 2023	PUBH303 (10cp) Applied Public Health Communication (Pre: PUBH100 or PUBH102)	EXSC216 (10cp) Resistance Training: Science and Application (Pre Either EXSC225 or EXSC222)	EXSC204 (10cp) Exercise Testing, Prescription and Delivery (Pre: EXSC225)	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242)
YEAR 4				
SEM 1 2024	PUBH302 (10cp) Applied Public Health 1 (Pre: PUBH100 or PUBH102)	PUBH306 (10cp) Public Health Policy and Law (Pre: PUBH100 or PUBH102)	Exercise Science (10CP) Elective 5 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 6 See Unit Offerings 2022 Tab
SEM 2 2024	PUBH305 (10cp) Applied Public Health 2 (Pre: PUBH302)	PUBH312 (10cp) Applied Health Promotion (Pre: PUBH102)	CoreCurriculum (10cp) Unit 2 See here for unit and pre-requisite details	Exercise Science (10CP) Elective 7 See Unit Offerings 2022 Tab

Bachelor of Exercise Science / Bachelor of Applied Public Health

(Information last updated on 20 January 2022)



Melbourne

For students who commenced in February 2020

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 1 2020	PUBH100 (10cp) Foundations of Public Health	PUBH101 (10cp) Foundations of Public Health Communication	EXSC199 (10cp) Psychology of Sport	BIOL121 (10cp) Human Biological Science 1
SEM 2 2020	ANAT100 (10cp) Anatomical Foundations of Exercise Science	PUBH102 (10cp) Foundations of Health Promotion	PUBH103 (10cp) Epidemiology	CoreCurriculum (10cp) Unit 1 See here for unit details
YEAR 2				
SEM 1 2021	PUBH202 (10cp) Public Health Research Methods (Pre: PUBH103)	EXSC187 (10cp) Growth, Motor Development and Ageing	EXSC225 (10cp) Physiological Bases of Exercise (Pre BIOL125 or BIOL124 or BIO121; Inc: EXSC198)	PUBH204 (10cp) Public Health Economics (Pre: PUBH100 or PUBH102)
SEM 2 2021	NUTR101 (10cp) Nutrition and Exercise (Inc: EXSC118)	EXSC122 (10cp) Research and Ethics in Exercise Science (Inc: EXSC217)	EXSC216 (10cp) Resistance Training: Science and Application (Pre Either EXSC225 or EXSC222)	EXSC204 (10cp) Exercise Testing, Prescription and Delivery (Pre: EXSC225)
YEAR 3				
SEM 1 2022	PUBH304 (10cp) Public Health Advocacy (Pre: PUBH100 or PUBH102)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120)	CoreCurriculum (10cp) Unit 2 See here for unit and pre-requisite details	Exercise Science (10CP) Elective 1 See Unit Offerings 2022 Tab
SEM 2 2022	PUBH303 (10cp) Applied Public Health Communication (Pre: PUBH100 or PUBH102)	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242)	Exercise Science (10CP) Elective 2 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 3 See Unit Offerings 2022 Tab
YEAR 4				
SEM 1 2023	PUBH302 (10cp) Applied Public Health 1 (Pre: PUBH100 or PUBH102)	PUBH306 (10cp) Public Health Policy and Law (Pre: PUBH100 or PUBH102)	Exercise Science (10CP) Elective 4 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 5 See Unit Offerings 2022 Tab
SEM 2 2023	PUBH305 (10cp) Applied Public Health 2 (Pre: PUBH302)	PUBH312 (10cp) Applied Health Promotion (Pre: PUBH102)	Exercise Science (10CP) Elective 6 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 7 See Unit Offerings 2022 Tab

**Bachelor of Exercise Science /
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(Information last updated on 20 January 2022)

Course Map Melbourne

For students who commenced in 2019

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
SEM 1 2019	PUBH100 (10cp) Foundations of Public Health	PUBH101 (10cp) Foundations of Public Health Communication	EXSC199 (10cp) Psychology of Sport	BIOL121 (10cp) Human Biological Science 1
SEM 2 2019	ANAT100 (10cp) Anatomical Foundations of Exercise Science	PUBH102 (10cp) Foundations of Health Promotion	PUBH103 (10cp) Epidemiology	CoreCurriculum (10cp) Unit 1 See here for unit details
YEAR 2				
SEM 1 2020	PUBH202 (10cp) Public Health Research Methods (Pre: PUBH103)	EXSC187 (10cp) Growth, Motor Development and Ageing	EXSC118 (10cp) Nutrition and Exercise (Inc: NUTR101)	Exercise Science (10CP) Elective 1 See Unit Offerings 2022 Tab
SEM 2 2020	PUBH204 (10cp) Public Health Economics (Pre: PUBH100 or PUBH102)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120)	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL121 or BIOL124 or, BIOL125, Inc: EXSC198)	Exercise Science (10CP) Elective 2 See Unit Offerings 2022 Tab
YEAR 3				
SEM 1 2021	PUBH304 (10cp) Public Health Advocacy (Pre: PUBH100 or PUBH102)	CoreCurriculum (10cp) Unit 2 See here for unit and pre-requisite details	Exercise Science (10CP) Elective 3 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 4 See Unit Offerings 2022 Tab
SEM 2 2021	PUBH303 (10cp) Applied Public Health Communication (Pre: PUBH100 or PUBH102)	EXSC216 (10cp) Resistance Training: Science and Application (Pre Either EXSC225 or EXSC222)	EXSC204 (10cp) Exercise Testing, Prescription and Delivery (Pre: EXSC225)	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242)
YEAR 4				
SEM 1 2022	PUBH302 (10cp) Applied Public Health 1 (Pre: PUBH100 or PUBH102)	PUBH306 (10cp) Public Health Policy and Law (Pre: PUBH100 or PUBH102)	Exercise Science (10CP) Elective 5 See Unit Offerings 2022 Tab	Exercise Science (10CP) Elective 6 See Unit Offerings 2022 Tab
SEM 2 2022	PUBH305 (10cp) Applied Public Health 2 (Pre: PUBH302)	PUBH312 (10cp) Applied Health Promotion (Pre: PUBH102)	EXSC122 (10cp) Research and Ethics in Exercise Science (Inc: EXSC217)	Exercise Science (10CP) Elective 7 See Unit Offerings 2022 Tab

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PLEASE NOTE FOR THE MAP ABOVE

Pre-requisites ('Pre:') are added in italics. Pre-requisites are other units that you must have passed *before* enrolling in the unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

Attendance: Unit delivered primarily via face-to-face or video conference attendance, at an ACU campus or another location.

Multi-mode: Unit delivered via a combination of online content and a compulsory attendance component (including examinations, practicums, residentials, etc.)

Online: Unit delivered fully online (including assessments).

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Exercise Science Administration Email: ExerciseScience.Admin@acu.edu.au Applied Public Health Administration Email: PH.Admin@acu.edu.au
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Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).