

## Course Maps

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## Course Maps

### Brisbane and Melbourne only

#### Students who commenced in February 2019

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
<b>SEM 1 2019</b>	<b>EXSC187 (10cp)</b> Growth, Motor Development and Ageing	<b>EXSC115 (10cp)</b> Foundations of the Outdoor Experience	<b>EXSC118 (10cp)</b> Nutrition and Exercise (Inc: NUTR101)	<b>BIOL125 (10cp)</b> Human Biology 1
<b>SEM 2 2019</b>	<b>ANAT100 (10cp)</b> Anatomical Foundations of Exercise Science	<b>EXSC116 (10cp)</b> Journeying in the Natural World	<b>EXSC117 (10cp)</b> Leadership Development in Team Games	<b>Core Curriculum (10cp) 100 level unit:</b> Either UNCC100 or PHCC102 or PHCC104 <a href="#">See here for details</a>
YEAR 2				
<b>SEM 1 2020</b>	<b>EXSC199 (10cp)</b> Psychology of Sport	<b>EXSC290 (10cp)</b> The Aquatic Environment and the Outdoor Experience	<b>EXSC392 (10cp)</b> Leadership Development in Physical Activities	<b>Elective or Minor Unit (10cp)</b> <a href="#">See elective list</a>
<b>SEM 2 2020</b>	<b>EXSC217 (10cp)</b> Research and Ethics in Exercise Science 10cp	<b>EXSC390 (10cp)</b> Leadership Practices and the Outdoor Experience 10cp (Pre: EXSC116)	<b>EXSC230 (10cp)</b> Motor Control and Learning 10cp (Pre: EXSC187)	<b>Elective or Minor Unit (10cp)</b> <a href="#">See elective list</a>
	<b>EXSC205<sup>1</sup> (0cp)</b> Industry Experience Preparation (Pre: EXSC118, EXSC187, EXSC199, BIOL125)			
YEAR 3				
<b>SEM 1 2021</b>	<b>EXSC225 (10cp)</b> Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121)	<b>EXSC312 (10cp)</b> River Journeys and Connections to Place (Pre: EXSC116)	<b>EXSC399 (20cp)</b> Industry Experience (Pre: EXSC205, ANAT100, and either EXSC198 or EXSC225)	
<b>SEM 2 2021</b>	<b>Core Curriculum (10cp) 300 level unit:</b> Either UNCC300 or PHCC320 <a href="#">See here for details</a>	<b>EXSC391 (10cp)</b> Evaluation of the Outdoor Experience (Pre: EXSC390)	<b>Elective or Minor Unit (10cp)</b> <a href="#">See elective list</a>	<b>Elective or Minor Unit (10cp)</b> <a href="#">See elective list</a>

<sup>1</sup> EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

## Brisbane and Melbourne only

### Students who commenced in Mid-Year 2019

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
<b>SEM 2 2019</b>	<b>ANAT100 (10cp)</b> Anatomical Foundations of Exercise Science	<b>EXSC116 (10cp)</b> Journeying in the Natural World	<b>EXSC117 (10cp)</b> Leadership Development in Team Games	<b>Core Curriculum (10cp) 100 level unit:</b> Either UNCC100 or PHCC102 or PHCC104 <a href="#">See here for details</a>
<b>SEM 1 2020</b>	<b>EXSC187 (10cp)</b> Growth, Motor Development and Ageing	<b>EXSC115 (10cp)</b> Foundations of the Outdoor Experience	<b>EXSC118 (10cp)</b> Nutrition and Exercise ( <i>Inc: NUTR101</i> )	<b>BIOL125 (10cp)</b> Human Biology 1
YEAR 2				
<b>SEM 2 2020</b>	<b>EXSC217 (10cp)</b> Research and Ethics in Exercise Science	<b>EXSC390 (10cp)</b> Leadership Practices and the Outdoor Experience ( <i>Pre: EXSC116</i> )	<b>Elective or Minor Unit (10cp)</b> <a href="#">See elective list</a>	<b>Elective or Minor Unit (10cp)</b> <a href="#">See elective list</a>
<b>SEM 1 2021</b>	<b>EXSC199 (10cp)</b> Psychology of Sport	<b>EXSC290 (10cp)</b> The Aquatic Environment and the Outdoor Experience	<b>EXSC225 (10cp)</b> Physiological Bases of Exercise ( <i>Pre: BIOL125 or BIOL124 or BIOL121</i> )	<b>EXSC230 (10cp)</b> Motor Control and Learning ( <i>Pre: EXSC187</i> )
<b>Winter 2021</b>	<b>EXSC205<sup>2</sup> (0cp)</b> Industry Experience Preparation ( <i>Pre: EXSC118, EXSC187, EXSC199, BIOL125</i> )			
YEAR 3				
<b>SEM 2 2021</b>	<b>EXSC391 (10cp)</b> Evaluation of the Outdoor Experience ( <i>Pre: EXSC390</i> )	<b>Core Curriculum (10cp) 300 level unit:</b> Either UNCC300 or PHCC320 <a href="#">See here for details</a>	<b>EXSC399 (20cp)</b> Industry Experience ( <i>Pre: EXSC205, ANAT100, and either EXSC198 or EXSC225</i> )	
<b>SEM 1 2022</b>	<b>EXSC312 (10cp)</b> River Journeys and Connections to Place ( <i>Pre: EXSC116</i> )	<b>EXSC392 (10cp)</b> Leadership Development in Physical Activities	<b>Elective or Minor Unit (10cp)</b> <a href="#">See elective list</a>	<b>Elective or Minor Unit (10cp)</b> <a href="#">See elective list</a>

<sup>2</sup> EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

## Bachelor of Sport and Outdoor Education

(Information last updated on 1 October 2020)



### PLEASE NOTE FOR ALL MAPS ABOVE

Pre-requisites ('Pre:') are added in italics. Pre-requisites are other units that you must have passed *before* enrolling in the unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

### STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

**Attendance:** Unit delivered primarily via face-to-face or video conference attendance, at an ACU campus or another location.

**Multi-mode:** Unit delivered via a combination of online content and a compulsory attendance component (including examinations, practicums, residentials, etc.)

**Online:** Unit delivered fully online (including assessments).

### Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Please email your enquiry or request to make an appointment.

<b>School of Behavioural and Health Science</b>	Exercise Science Administration Email: <a href="mailto:ExerciseScience.Admin@acu.edu.au">ExerciseScience.Admin@acu.edu.au</a>
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### Prerequisites

From 2021, you will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This will help stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).