Nursing Simulation Laboratory Session

**Contextualize:**
Scenario: 55 year old Mr. Jonathon Symes.
Handover:
Patient discharged, returns to clinic, requires medication and treatment for an anxiety attack.

**Client intervention:**
Activities:
- Relaxation Techniques to reduce anxiety
- Medication administration.

Documentation:
- Medication charting.
- What other documentation is required?

**Establishing the environment:**
What competencies do I need to have?
Administration of medications to a patient with schizophrenia following discharge from hospital who has returned for a clinic visit.

**Debriefing:**
Reflect on performance:
(i) Required knowledge
(ii) Skill acquisition
(iii) Attitude to clients

**Workbook activities (VHE preparation)**
Review information
- Anxiety
- Panic attacks.
- SCI & IMIs
- Charting medications.
- Medication administration

**Review:**
Lecture and tutorial information on anxiety, depression and somatoform symptoms.

**Skill development:**
Practice sessions - arrange practice times ~ IMI & SCI

Recall article: Hamilton & Manias on a critical analysis of psychiatric nurses' oral & written language.