

## Australian studies

### Discover Australia

*Choose from a variety of cultural themes and explore the Australian leisure, lifestyle, popular culture, history, environment and indigenous peoples.*

*Customise a 2-6 week Short Term Program and choose a variety of extension activities and learning areas to compliment the program*



# Short Term Program

## “Australian Studies”

### Sample Units:

#### **HUMA105 – Australian Leisure and Lifestyle**

This subject involves practical workshops, wilderness experience and group discussions. It is designed to develop a knowledge and awareness of the nature and significance of leisure as an essential component of a healthy lifestyle. Aspects of personal development, self-concept and stress management are investigated. Attitudes to work and leisure are addressed, together with work changes which affect leisure in Australia. The unit also clarifies conceptual relationships between leisure, recreation, play, games and sport.

#### **HUMA216 – Australian Outdoor Recreation**

With the increasing complexity of contemporary society, problems such as stress, alienation and lack of autonomy are becoming more prominent issues of health and lifestyle. Traditionally, primary use of the outdoor environment was for recreational purposes with services and facilities orientated towards this end. Current political and commercial interests generally still maintain this view. However, there is growing interest and attention being given to the use of outdoor environments for other purposes, such as personal development, stress management, leadership training, and issues of health and lifestyle. This unit addresses these concepts and issues by investigating the nature and significance of the outdoor environment for recreation, education and general health concerns. This unit involved a range of lectures, practical workshops, group discussions and wilderness experience.

#### **HIST228 – Australian Popular Culture**

This subject involves lectures, films, visits and videos. It raises fundamental questions and analysing aspects of popular culture in Australia, examining such matters as sport, leisure, “popular” arts, media and entertainment, humour and social rituals. It is designed to examine how general principles of popular cultural formation are manifested within Australia and analyses the production and maintenance of such cultures. The focus is on the ‘ordinary’, the sum of practices as well as the ideas constituting a people’s way of life.

#### **EDAB111 – Indigenous Cultures and Peoples**

This unit is designed to offer students a greater understanding of Aboriginal and Torres Strait Islander cultures and histories and the role of Indigenous studies within the Australian educational context. The unit will focus on the diversity of Indigenous Australia with particular emphasis on the cultures and history of the region in which it is being taught. The development and implementation of the unit will involve Indigenous community members and make reference to relevant local resources. Major themes will include: Contemporary Cultures and Issues; the Contributions of Indigenous People in the Making of Australia; Traditional Cultures and Histories and Contemporary Indigenous perspectives in Education.

#### **ETHN106 – Discovering Australia**

This unit will encourage students to respond with sensitivity, flexibility and responsibility to their changing environment. Issues include the evolution of the Australian continent, Aboriginal relationship to the land, European exploration and exploitation of resources, pests, the environmental impact of urbanisation and industrialisation, literary and artistic portrayals of the landscape, ecotourism, the spirit of place and Australian cultural and social identities.

#### **HIST107 – Modern Australia**

This is a general survey of Australian history from around the 1880s to the present. It includes study of the challenges of the 1890s, federation, White Australia and “the Australian Settlement”, the World Wars, depressions, political developments, social change and changing national identity, immigration and race issues, changes in international relations as well as cultural, religious and educational developments.

**Alternative: customise a study program** A customised study program can be coordinated to meet your individual request.