Contextualise: Scenario - Sarah Davies

Handover: Sarah Davies is a 28 yr old woman married to Bill. They are delighted to find that they are pregnant. Sarah was born on the 20th March 1979. This is her first pregnancy. Her first day of her last menstrual period was 15th January, 2007. Her booking in visit was the 5th April, 2007 making her 12 weeks pregnant. The pregnancy progresses normally and now Sarah is 28 weeks pregnant.

Establishing the environment:
What competencies do I need to have?
- Professional practice
- Critical thinking and analysis
- Provision and coordination of care
- Collaborative and therapeutic practice

Patient intervention:
Activities:
(i) Complete the antenatal card
(ii) Identify blood tests that will be ordered
(iii) Attend a urinalysis & pregnancy test
(iv) Perform set of observations, wt and ht
(v) Perform a palpation on the models
(vi) Listen to the fetal heart rate
(vii) Wear the empathy belly t
(viii) Complete your nursing documentation

Debriefing:
Reflect on performance:
(i) Required knowledge
(ii) Skill acquisition
(iii) Behaviour & Attitudes

Skill development:
Practice sessions

Tutorial - Antenatal
Pregnancy - normal

Workshop - self directed
Attend a maternity class at The Mater Hospital - times allocated in week 1 tutorial

Reflect on group discussion.