How to Find Us
Level 2, School of Psychology,
Australian Catholic University,
115 Victoria Parade,
Fitzroy, 3065
(between Smith St & Brunswick St)

Melways reference 2C B12

Parking: Victoria Parade and neighbouring streets. St. Vincent’s, Freemason’s and Eye & Ear Hospitals have commercial parking.

Train: Parliament Station

Trams: 23, 24, 34, 42 & 109 travel along Victoria Parade. Trams on Brunswick St, Smith St and Nicholson St.


Clinic Hours:
Monday thru Friday
9.00 am - 5.00 pm

Contact Details
Tel: (03) 9953 3006
(if clinic is unattended leave a message)
Fax: (03) 9953 3195
Email: psychology.clinic@acu.edu.au

Address
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About ACU Psychology Clinic

The ACU Psychology Clinic provides a high standard of service to the community at a low cost, meeting the need for affordable mental health care.

The Clinic is staffed by Masters and Doctoral students who are undertaking an APS accredited post-graduate qualification in psychology.

All clinic services are overseen by qualified registered clinical, educational and developmental psychologists who are skilled clinicians and trainers in a wide variety of counselling approaches.

Therapeutic procedures are chosen based on clinical judgment and expertise as well as current research evidence.

Overall we offer a service with a high standard of professional practice and concern for a cost within your means.

Who can attend

Our clinic welcomes people from all walks of life and of all cultural, ethnic and religious backgrounds. We see infants, toddlers, young children and their parent, adolescents, adults, couples and families.

Costs

Counselling fees are on a sliding scale based on client income and currently range $20 - $70 per 50 minute session.

Referrals

A referral to our service is not required. Clients are encouraged to call us direct on 99533006.

Free first appointment

The first intake appointment is free. Clients discuss their needs and are provided with a treatment plan to suit their individual circumstances.

Clinic hours:

Monday thru Friday 9.00 am - 5.00 pm

Clinic services include

- individual counselling
- family therapy
- adolescent counselling
- career counselling
- children’s behavior management
- anxiety, anger and depression management
- stress management
- trauma counselling
- assertiveness skills training
- grief and loss counselling
- relaxation training
- self-esteem enhancement
- eating behaviour management
- sleep management
- vocational assessment

Formal Assessments

We offer a variety of assessments including a special formal assessment package for primary and secondary school students which incorporate the commonly required assessments for application for special funding and remediation. It comprises the evaluation of

- Behavioural functioning
- Intellectual functioning
- Learning styles and academic achievement
- Communication and social skills

Our services include problem identification, report writing and planned remediation.