Course Enrolment Guide 2008

Associate Degree in Social Science (Disability Care)

School of Arts and Sciences

Brisbane Campus – Queensland

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1. How to use this Guide

This Course Enrolment Guide 2008 provides you with information on the units you will require to complete your course; and when and where the units will be offered in 2008.

Steps to enrol in units for 2008

1. Read Section 2. ‘Program Information’ for information on course structure and unit sequence. Take note of any prerequisite or co-requisite requirements before selecting particular units.

2. Refer to the unit listings in Section 3. ‘Units Offered in 2008’ to select your units. Take note of the study period in which units are offered.

3. You must refer to ‘Enrolment Information 2008’ on the ACU intranet for information on how to complete your enrolment via Student Connect*. ‘Enrolment Information 2008’ also provides information on study period definitions, modes of study, campus locations, dates for each study period and census dates.

4. Log on to Student Connect – Managing Your Studies* and enrol.

5. After you have completed your enrolment, go to http://my.acu.edu.au/student/managing_your_studies/timetables_and_tutorial_direct/tutorial_direct to register your preferences for tutorials, laboratories or practicals via the online tutorial registration using Tutorial Direct. (NB: There may be a delay of up to two hours before your unit enrolment information is updated in Tutorial Direct).

Contacting your Adviser

Your Course Co-ordinator will be available to assist you with re-enrolment. You may ring or email.

* Student Connect is a web interface allowing students to complete their ACU National enrolment online.
2. Program Information

Course Structure

**COURSE TITLE:** ASSOCIATE DEGREE IN SOCIAL SCIENCE (Disability Care)

<table>
<thead>
<tr>
<th>Associate Degree</th>
<th>3x10 credit point Core units</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>13x10 credit point Elective units</td>
</tr>
<tr>
<td></td>
<td>4 Practical units*</td>
</tr>
<tr>
<td></td>
<td>(each of 50 hours workplace experience)</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td>160 credit points plus 200 hours Practical</td>
</tr>
</tbody>
</table>

* The 4 Practical workplace requirement units have no credit point value.

**PRACTICAL UNITS**

1. Each Practical Unit is of 50 hours workplace experience.
2. A Practical Unit has no credit point value.
3. Practical Units do not attract fees of any kind.
4. Practical Units are given Pass/Fail result.
5. To achieve a Pass result for each Practical Unit, a pro-forma result sheet has to be completed by a person who has a supervisory role in the student's workplace situation.
6. A student may complete more than one Practical Unit in a Semester.
7. **Practical Units are offered in Semester 1 only of each year.** ENROL IN PRACTICAL UNITS as you proceed through the course.
8. Generally, students complete one Practical Unit for each 4 Introductory/Advanced units.

### SEMESTER ONE 2008

<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Title</th>
<th>Delivery Mode</th>
<th>Campus</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOCG211</td>
<td>Practical 1</td>
<td>Distance</td>
<td>Brisbane</td>
</tr>
<tr>
<td>SOCG212</td>
<td>Practical 2</td>
<td>Distance</td>
<td>Brisbane</td>
</tr>
<tr>
<td>SOCG213</td>
<td>Practical 3</td>
<td>Distance</td>
<td>Brisbane</td>
</tr>
<tr>
<td>SOCG214</td>
<td>Practical 4</td>
<td>Distance</td>
<td>Brisbane</td>
</tr>
</tbody>
</table>
Unit Descriptors – Associate Degree in Social Science (Disability Care)

BEHV108 HUMAN DEVELOPMENT

DESCRIPTION:
This unit explores the commonality and differences in human development from conception to later adulthood and provides students with an opportunity to reflect on the physical, intellectual, social and moral development of the people they support through their work. The perspective adopted is that human development is complex and determined by numerous factors. An understanding of the different developmental stages and the issues related to each stage, enables the students to empathise with the people they support and to relate to them appropriately. Consideration will be given to issues of spiritual development.

COUN102 HUMAN SERVICES

DESCRIPTION:
This unit acknowledges that we live in an inter-dependent society and that we need relationships to grow. This unit introduces students to the workings of society and the process by which people are classified as different according to characteristics which are valued in that society. Students are asked to reflect upon how human services have provided for people and have changed over the last century, moving from a custodial or charity model to a model based on people’s rights to a quality lifestyle of their choosing and a valued social role. This unit examines current beliefs about people who require assistance in some form, and identifies ways these beliefs are reflected in the style of assistance they receive within human services.

SOCG232 RECREATION AND LEISURE

DESCRIPTION:
This unit is designed to develop a knowledge and awareness of the nature and significance of leisure and recreation in Australia. Attitudes to work and leisure are addressed, together with aspects of personal leisure activities. Through study in this unit, students are encouraged to access personal leisure and recreation activities as a component of a healthy lifestyle. Students are also able to consider the present status of leisure and recreation programs being offered in the workplace with a view to investigating any areas for improvement of these services. The concepts of stress management are also addressed.

HUMA205 ATTITUDES AND VALUES

DESCRIPTION:
This unit explores the connections between the attitudes and values we hold and the way we relate to the people around us. Human service is provided within a relationship between two individuals, and within an organisational context. The attitudes and values of the person being assisted, the person providing the service and the organisation involved need to be identified and considered. This unit assists students to examine personal values and attitudes towards people who are devalued in our community. It examines a number of areas where an awareness of attitudes and values is paramount to providing appropriate assistance including lifestyle choices, decision making, relationships and sexuality, and behaviour management. The invitation is present to ground these human values in the values of the Christian tradition.
HUMA242  WORKPLACE ADMINISTRATION SKILLS

DESCRIPTION:

This unit allows students to develop administrative skills required for the Human Service environment, whether it be a school, community organisation or residential facility. It allows students to communicate and liaise with the adults and children they support, workplace management and the wider community. This unit also focuses on the role of the individual as part of the professional team. Practical applications of programming and policy procedures are also addressed.

HUMA230  PRACTICE IN PERSONAL CARE

DESCRIPTION:

For those people in our community who have a physical or multiple disability, an independent lifestyle may depend upon receiving appropriate support to complete the many daily duties common to us all. These duties may include getting out of bed, toileting, showering, dressing and eating. When completed efficiently and skillfully, support in these areas become secondary to what an individual plans to achieve in a day, whether it be work, leisure, recreation or community involvement. This unit provides students with information on how best to provide personal care assistance and an opportunity to demonstrate their skill in assisting the people they support.

HUMA231  SOCIO-LEGAL ISSUES

DESCRIPTION:

Since the mid 1970’s, the focus for people with a disability in the western world has been on participation within the wider community. Within the context of an individual’s citizenship, many issues have been confronted and many positive developments and reforms have occurred although barriers still exist to equality and inclusion. In this unit students will examine the current social and legal issues relevant to the lives of people with a disability, and apply this information to their own approach in providing support in the workplace.

HUMA237  PHYSICAL DISABILITY ISSUES

DESCRIPTION:

This unit examines the aetiology and lifestyle implication of physical disability. The unit will provide students with the opportunity to examine the basic physiology of the body and the impact that levels of impairment may have on the functions of the body. Historical and current community perceptions of physical disability and the impact that these perceptions have on the lifestyle options available for people with physical disabilities will be studied as well as some of the practical supports and aids that are available for people with a physical disability. It will also examine barriers for people with physical disabilities including community attitudes, access, transport, restrictions of support systems and the cost implications of having a physical disability.
THEO128  GOD, FAITH AND THE SEARCH FOR MEANING

DESCRIPTION:
In this unit, students will explore questions connected to the search for ultimate meaning, value and human identity in the context of the major religious and philosophical questions affecting the contemporary postmodern world. By developing a critical self-awareness in approaching religious and secular worldviews, students will be enabled to examine a number of core elements of Christian faith and Catholic tradition by employing the critical methods and resources of theology.

HUMA238  LIFESTYLE FACILITATION 1

DESCRIPTION:
This is a practical unit where students apply their understanding of the concept of a quality lifestyle and of issues affecting people who require support due to age or disability. Historically, professionals have worked within a deficit framework of needs assessment, with an emphasis on what a person could not do. This unit presents alternate ways that lifestyle can be examined, emphasising the strengths of the person with a view to the person’s future development as an individual. This unit provides students with opportunity to assist people concerning goals and lifestyles. This unit also examines the variety of roles the person assisting another may take on (expert, helper, carer and teacher) while facilitating a person’s lifestyle in a positive and holistic way.

FAML200  HEALTH, FITNESS AND NUTRITION

DESCRIPTION:
This unit will provide opportunities to understand the essential components of good health and to develop skills associated with maintaining healthy clients. Health issues in a modern society, together with topics on nutrition and fitness will help students to address personal health and lifestyle concerns.

HUMA210  LIFESTYLE FACILITATION 2

DESCRIPTION:
This practical unit provides students with additional opportunities to examine appropriate and life giving ways that people can be assisted in their lifestyle. The appropriate choice of service provider and the type of service they can provide may have a significant effect on a person’s lifestyle. People who assist people with a disability or people who are older may be called on in their work to suggest or recommend services to individuals or their families. In this unit students learn to gather and critique information about services available. This unit enables students to develop concepts concerning friendships and relationships, which in turn enable more effective lifestyle facilitation. One of the blocks to relationship development may be the behaviour of the person. This unit also provides students with an opportunity to look at the area of Positive Behaviour Strategies in more depth and to apply the strategy outline to workplace situations.
HUMA315 INTELLECTUAL DISABILITY ISSUES

DESCRIPTION:

This unit examines the varying types of intellectual disability and how these forms of disability impact upon the lifestyle of a person. It provides students with the opportunity to explore how and why intellectual disability occurs and the therapeutic responses available to lessen the effect of this disability and enhance the skills of an individual. This unit will provide discussion on the lifestyle issues and current legislation that particularly affect people with intellectual disability and the types of support services available.

HUMA313 LIFESTYLE FACILITATION 3

DESCRIPTION:

The main approach of lifestyle facilitation is an individual one: meeting needs on a “one to one” basis. On occasions however, the individual’s needs may be met within a group setting. Workers employed to assist people may be responsible for the organising and functioning of the group process. With inclusion in the community as a principle of practice, workers who assist people with a disability have a role to play in encouraging inclusion by assisting the organisation of group activities. This unit focuses on the development of a group program in accordance with the needs of the individuals. Program implementation and evaluation are also integral components of the development process.

HUMA236 PSYCHIATRIC DISABILITY ISSUES

DESCRIPTION:

This unit introduces students to the concepts of mental health and illness as they affect both the client and the carer. It examines chronic mental illness as a cause of ongoing psychiatric disability that reduces a person's ability to function meaningfully. Students will gain an understanding of the main types of psychiatric disability and the lifestyle implication of these disabilities both on the person and the support network. The manner in which legislation impacts upon people with psychiatric disability will also be explored. Students will examine historical perspectives of support services for people with psychiatric disability through to current styles of support services including accommodation options, medical treatment and support, allied health support and current community responses.

BEHV326 INDEPENDENT RESEARCH PROJECT

DESCRIPTION:

In this unit, students apply basic skills of research to a topic relevant to the workplace and of particular concern / interest. Research in the area of human service delivery has contributed to changes in approaches and service characteristics. Effective research is often used to support the promotion and funding of particular programs and services models.

In this unit students are required to choose a topic, read available literature on the topic, write a hypothesis, design a simple tool to gather data, analyse the data collected and form conclusions.
3. Units Offered in 2008

OFFERED SEMESTER 1

<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Title</th>
<th>Location - Delivery Mode</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEHV108</td>
<td>Human Development (Core unit)</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>COUN102</td>
<td>Human Services (Core unit)</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>SOCG232</td>
<td>Recreation &amp; Leisure</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA205</td>
<td>Attitudes and Values</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA242</td>
<td>Workplace Administration Skill</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA230</td>
<td>Practice in Personal Care</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA231</td>
<td>Socio-Legal Issues in Disability</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA237</td>
<td>Physical Disability Issues</td>
<td>Brisbane – Distance</td>
</tr>
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</table>

OFFERED SEMESTER 2

<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Title</th>
<th>Location - Delivery Mode</th>
</tr>
</thead>
<tbody>
<tr>
<td>THEO128</td>
<td>God Faith &amp; Search for Meaning</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA238</td>
<td>Lifestyle Facilitation 1</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>FAML200</td>
<td>Health, Fitness &amp; Nutrition</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA210</td>
<td>Lifestyle Facilitation 2</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA315</td>
<td>Intellectual Disability Issues</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA313</td>
<td>Lifestyle Facilitation 3</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA236</td>
<td>Psychiatric Disability Issues</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>BEHV326</td>
<td>Independent Research Project</td>
<td>Brisbane – Distance</td>
</tr>
</tbody>
</table>

Note:  COUN100: Interpersonal Skills (Core unit) not offered 2008

Delivery Modes:
- **On Campus** - Offered face-to-face or with a WebCT component at any one of the six ACU National campuses.
- **On Site** - The unit is offered face-to-face at any location other than one of the six ACU National campuses.
- **Distance** - The unit is offered wholly through the provision of printed material to the student. These units may include a WebCT component but the printed material is the primary source of teaching.
- **Online** - The unit is offered wholly through ACU National Online.
- **Mixed mode** - The unit is offered as a combination of distance and either on campus or on site delivery modes.