

Emma Tonegato (Rugby 7's) - Bachelor of Occupational Therapy (North Sydney)

Twitter - [@emmatonegato](#)

Instagram – [emmatonegato](#)

Group A;

Aus V Colombia – Sun 7 Aug, 2.30am

SF

Aus V Fiji – Sun 7 Aug, 7.30am

Tue 9 Aug, 3.30am or 4.00am

Aus V USA – Mon 8 Aug, 2.30am

Finals

QF

Gold medal – Tue 9 Aug, 8.00am

Mon 8 Aug, 6.00am or 6.30am

Bronze medal – Tue 9 Aug, 7.30am

Ellie Cole (Swimming) - Bachelor of Health and Exercise Science (Strathfield)

Twitter - [@EllieVCole](#)

Instagram – [elliecoleswim](#)

Paralympics Sep 8 – 17

Disciplines: 400m freestyle

Classification: S9

Disciplines: 50m freestyle

Classification: S9

Disciplines: 100m backstroke

Classification: S9

Disciplines: 100m freestyle

Classification: S9

Disciplines: 100m butterfly

Classification: S9

Mack Horton (Swimming) - Bachelor of Commerce (Melbourne)

Twitter - [@_mackhorton](#)

Instagram - [mackhorton](#)

Men's 400m freestyle – Sun 7 Aug,

Heat 1, 2.48am

Heat 2, 2.54am

Heat 3, 3.00am

Heat 4, 3.06am

Heat 5, 3.12am

Heat 6, 3.18am

Heat 7, 3.24am

Final 11.30am

Men's 1500 freestyle – Sat 13 Aug

Heat 1, 2.40am

Heat 2, 2.58am

Heat 3, 3.16am

Heat 4, 3.34am

Heat 5, 3.52am

Heat 6, 4.10am

Final 11.11am

Men's 4 x 200m freestyle – Wed 10 Aug

Heats, 3.17am

Final, 12.38pm

Anabelle Smith (Diving) - Bachelor of Exercise and Sport Science (Melbourne)

Twitter - [@AnabelleSmith93](#)

Instagram – [anabellesmith](#)

Women's synchronized 3m springboard – Mon 8 Aug, 5.00am