Course Enrolment Guide
2008

Associate Degree in Social Science (Aged Care)

School of Arts and Sciences
Brisbane Campus – Queensland

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1. How to use this Guide

This Course Enrolment Guide 2008 provides you with information on the units you will require to complete your course; and when and where the units will be offered in 2008.

Steps to enrol in units for 2008

<table>
<thead>
<tr>
<th>Step</th>
<th>Instruction</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Read Section 2. ‘Program Information’ for information on course structure and unit sequence. Take note of any prerequisite or co-requisite requirements before selecting particular units.</td>
</tr>
<tr>
<td>2</td>
<td>Refer to the unit listings in Section 3. ‘Units Offered in 2008’ to select your units. Take note of the study period in which units are offered.</td>
</tr>
<tr>
<td>3</td>
<td>You must refer to ‘Enrolment Information 2008’ on the ACU intranet for information on how to complete your enrolment via Student Connect*. ‘Enrolment Information 2008’ also provides information on study period definitions, modes of study, campus locations, dates for each study period and census dates.</td>
</tr>
<tr>
<td>4</td>
<td>Log on to Student Connect – Managing Your Studies* and enrol.</td>
</tr>
<tr>
<td>5</td>
<td>After you have completed your enrolment, go to <a href="http://my.acu.edu.au/student/managing_your_studies/timetables_and_tutorial_direct/tutorial_direct">http://my.acu.edu.au/student/managing_your_studies/timetables_and_tutorial_direct/tutorial_direct</a> to register your preferences for tutorials, laboratories or practicals via the online tutorial registration using Tutorial Direct. (NB: There may be a delay of up to two hours before your unit enrolment information is updated in Tutorial Direct).</td>
</tr>
</tbody>
</table>

Contacting your Adviser

Your Course Co-ordinator will be available to assist you with re-enrolment. You may ring or email.

* Student Connect is a web interface allowing students to complete their ACU National enrolment online.
2. Program Information

Course Structure

COURSE TITLE: ASSOCIATE DEGREE IN SOCIAL SCIENCE (Aged Care)

<table>
<thead>
<tr>
<th>Associate Degree</th>
<th>3x10 credit point Core units</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>13x10 credit point Elective units</td>
</tr>
<tr>
<td></td>
<td>4 Practical units*</td>
</tr>
<tr>
<td></td>
<td>(each of 50 hours workplace experience)</td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td>160 credit points plus 200 hours Practical</td>
</tr>
</tbody>
</table>

* The 4 Practical workplace requirement units have no credit point value.

PRACTICAL UNITS

1. Each Practical Unit is of 50 hours workplace experience.
2. A Practical Unit has no credit point value.
3. Practical Units do not attract fees of any kind.
4. Practical Units are given Pass/Fail result.
5. To achieve a Pass result for each Practical Unit, a pro-forma result sheet has to be completed by a person who has a supervisory role in the student’s workplace situation.
6. A student may complete more than one Practical Unit in a Semester.
7. Practical Units are offered in Semester 1 only of each year. ENROL IN PRACTICAL UNITS as you proceed through the course.
8. Generally, students complete one Practical Unit for each 4 Introductory/Advanced units.

<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Title</th>
<th>Delivery Mode</th>
<th>Campus</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOCG211</td>
<td>Practical 1</td>
<td>Distance</td>
<td>Brisbane</td>
</tr>
<tr>
<td>SOCG212</td>
<td>Practical 2</td>
<td>Distance</td>
<td>Brisbane</td>
</tr>
<tr>
<td>SOCG213</td>
<td>Practical 3</td>
<td>Distance</td>
<td>Brisbane</td>
</tr>
<tr>
<td>SOCG214</td>
<td>Practical 4</td>
<td>Distance</td>
<td>Brisbane</td>
</tr>
</tbody>
</table>
Unit Descriptors – ASSOCIATE DEGREE IN SOCIAL SCIENCES (AGED CARE)

BEHV108  HUMAN DEVELOPMENT

DESCRIPTION:
This unit explores the commonality and differences in human development from conception to later adulthood and provides students with an opportunity to reflect on the physical, intellectual, social and moral development of the people they support through their work. The perspective adopted is that human development is complex and determined by numerous factors. An understanding of the different developmental stages and the issues related to each stage enables the students to empathise with the people they support and to relate to them appropriately. Consideration will be given to issues of spiritual development.

COUN102  HUMAN SERVICES

DESCRIPTION:
This unit acknowledges that we live in an inter-dependent society and that we need relationships to grow. This unit introduces students to the workings of society and the process by which people are classified as different according to characteristics which are valued in that society. Students are asked to reflect upon how human services have provided for people and have changed over the last century, moving from a custodial or charity model to a model based on people’s rights to a quality lifestyle of their choosing and a valued social role. This unit examines current beliefs about people who require assistance in some form, and identifies ways these beliefs are reflected in the style of assistance they receive within human services.

SOCG232  RECREATION AND LEISURE

DESCRIPTION:
This unit is designed to develop a knowledge and awareness of the nature and significance of leisure and recreation in Australia. Attitudes to work and leisure are addressed, together with aspects of personal leisure activities. Through study in this unit, students are encouraged to access personal leisure and recreation activities as a component of a healthy lifestyle. Students are also able to consider the present status of leisure and recreation programs being offered in the workplace with a view to investigating any areas for improvement of these services. The concepts of stress management are also addressed.

HUMA213  LIVING IN THE RESIDENTIAL FACILITY

DESCRIPTION:
There are a range of options for the older people to live in residential environments according to their levels of care needs: these include retirement villages, independent living units, and aged care facilities which offer high and low care accommodation. The aged care facilities are mostly government funded but there are also some private agencies that are independent of government funding.

This unit examines the issues and concerns that the older person and the family have to deal with in making the initial decision. It will provide students with knowledge of the legislation that affects the structures and practices of residential service delivery. Students will also have opportunities to appreciate the importance of human values such as dignity, respect, individuality and opportunities for making choices and decisions when living in a community environment. All of these impact on self worth and quality of life.
HUMA242  WORKPLACE ADMINISTRATION SKILLS

DESCRIPTION:
This unit allows students to develop administrative skills required for the Human Service environment, whether it be a school, community organisation or residential facility. It allows students to communicate and liaise with the adults and children they support, workplace management and the wider community. This unit also focuses on the role of the individual as part of the professional team. Practical applications of programming and policy procedures are also addressed.

HUMA309  AGED CARE IN THE COMMUNITY

DESCRIPTION
The majority of older persons in Australia do not move into supported residential care but remain living in their own homes. As people get older their lifestyle changes. Their care needs tend to increase due to an increase in health problems, possible reduction of mobility and decreased social networks.

This unit will provide students with an understanding of the home based support options, the potential for the development of more flexible services and the legislation in place to ensure quality service delivery to meet the ongoing changing needs of the older person.

BEHV327  THE BEHAVIOUR CHALLENGE

DESCRIPTION:
Understanding of the complexities of challenging behaviours has been obtained by research, observation and reflection. This unit explores contemporary practice in the recognition of challenging behaviours, together with assessment and development of effective interventions and management plans. The students will develop an awareness of the individuals’ needs, why challenging behaviours can occur and what influences their expression. An overview of behaviour and behaviour management and their application is explored with an emphasis on the well-being of the individual being maintained.

SOCG234  DEVELOPMENT OF COMMUNITY

DESCRIPTION
This unit examines the need for community leisure and recreation programs to enhance the lifestyle of the older person. In developing effective community programs it is necessary to consider community issues and concerns relating to the culture, beliefs and aspirations of any particular community. Students will be provided with the opportunity to gain skills and knowledge in developing program parameters, as well as designing, implementing and evaluating programs to meet the changing needs of the older person in the community.

THEO128  GOD, FAITH AND THE SEARCH FOR MEANING

DESCRIPTION:
In this unit, students will explore questions connected to the search for ultimate meaning, value and human identity in the context of the major religious and philosophical questions affecting the contemporary postmodern world. By developing a critical self-awareness in approaching religious and secular worldviews, students will be enabled to examine a number of core elements of Christian faith and Catholic tradition by employing the critical methods and resources of theology.
HUMA238  LIFESTYLE FACILITATION 1

DESCRIPTION:
This is a practical unit where students apply their understanding of the concept of a quality lifestyle and of issues affecting people who require support due to age or disability. Historically, professionals have worked within a deficit framework of needs assessment, with an emphasis on what a person could not do. This unit presents alternate ways that lifestyle can be examined, emphasising the strengths of the person with a view to the person’s future development as an individual. This unit provides students with opportunity to assist people concerning goals and lifestyles. This unit also examines the variety of roles the person assisting another may take on (expert, helper, carer and teacher) while facilitating a person’s lifestyle in a positive and holistic way.

FAML200  HEALTH, FITNESS AND NUTRITION

DESCRIPTION:
This unit will provide opportunities to understand the essential components of good health and to develop skills associated with maintaining healthy clients. Health issues in a modern society, together with topics on nutrition and fitness will help students to address personal health and lifestyle concerns.

HUMA232  THE AGEING PROCESS 1

DESCRIPTION:
Ageing is a lifelong process which involves physical changes. As people grow older they may experience physical impairments which have significant effects on their lifestyle. Understanding the causes and manifestations of these conditions is essential in providing services that respond effectively to assist people to maintain quality lifestyles. This unit examines changes that occur in older people which impact on both physical and cognitive abilities.

HUMA233  DIVERSIONAL THERAPY PRACTICE 1

DESCRIPTION:
This unit is designed to provide students with an understanding of the value and importance of leisure and recreational activities for the older person. Leisure and recreation programs can play an integral role in assisting the older person retain and maintain feelings of identity and self worth. It is essential that older people have the opportunity to pursue areas of interest both past and present.

This unit will provide students with knowledge and skills to plan, develop and implement diversional therapy programs through assessment, evaluation and activity analysis for the older person in the community and in residential settings.

HUMA234  THE AGEING PROCESS 2

DESCRIPTION:
Cultural and social elements have a major impact on an ageing person that significantly impacts on lifestyle. This unit explores these issues as well as changes that have occurred through government and societal perspectives. Demographics of Australian society today, Government policy and societal attitudes continues to shape our present day culture in relation to older persons and their quality of life.
HUMA235  DIVERSIONAL THERAPY PRACTICE  2

DESCRIPTION:

This unit aims to develop students’ knowledge and skills specific to Diversional Therapy and to provide programs for people with complex needs. The unit will also prepare students to develop training programs for the purpose of education and volunteer management for people working with older persons. The student will have the opportunity to gain skills in ways to help people who are experiencing loss and grief.

BEHV326  INDEPENDENT RESEARCH PROJECT

DESCRIPTION:

In this unit, students apply basic skills of research to a topic relevant to the workplace and of particular concern / interest. Research in the area of human service delivery has contributed to changes in approaches and service characteristics. Effective research is often used to support the promotion and funding of particular programs and services models.

In this unit students are required to choose a topic, read available literature on the topic, write an hypothesis, design a simple tool to gather data, analyse the data collected and form conclusions.
3. Units Offered in 2008

OFFERED SEMESTER 1

<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Title</th>
<th>Location - Delivery Mode</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEHV108</td>
<td>Human Development (Core unit)</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>COUN102</td>
<td>Human Services (Core unit)</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>SOCG232</td>
<td>Recreation and Leisure</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA213</td>
<td>Living In Residential Facility</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA242</td>
<td>Workplace Administration Skills</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA309</td>
<td>Aged Care in the Community</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>BEHV327</td>
<td>The Behaviour Challenge</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>SOCG234</td>
<td>Development of Community</td>
<td>Brisbane – Distance</td>
</tr>
</tbody>
</table>

Note: COUN100: Interpersonal Skills (Core unit) not offered 2008

OFFERED SEMESTER 2

<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Title</th>
<th>Location - Delivery Mode</th>
</tr>
</thead>
<tbody>
<tr>
<td>THEO128</td>
<td>God Faith &amp; Search for Meaning</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA238</td>
<td>Lifestyle Facilitation 1</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>FAML200</td>
<td>Health Fitness &amp; Nutrition</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA232</td>
<td>The Ageing Process 1</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA233</td>
<td>Diversional Therapy Practice 1</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA234</td>
<td>The Ageing Process 2</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>HUMA235</td>
<td>Diversional Therapy Practice 2</td>
<td>Brisbane – Distance</td>
</tr>
<tr>
<td>BEHV326</td>
<td>Independent Research Project</td>
<td>Brisbane – Distance</td>
</tr>
</tbody>
</table>

Note: COUN100: Interpersonal Skills (Core unit) not offered 2008

Delivery Modes:
- **On Campus** - Offered face-to-face or with a WebCT component at any one of the six ACU National campuses.
- **On Site** - The unit is offered face-to-face at any location other than one of the six ACU National campuses.
- **Distance** - The unit is offered wholly through the provision of printed material to the student. These units may include a WebCT component but the printed material is the primary source of teaching.
- **Online** - The unit is offered wholly through ACU National Online.
- **Mixed mode** - The unit is offered as a combination of distance and either on campus or on site delivery modes.